



Sipna Shikshan Prasarak Mandal, Amravati's  
**ARTS, SCIENCE AND COMMERCE COLLEGE,  
CHIKHALDARA, DISTT. AMRAVATI (MS)**  
4<sup>th</sup> Cycle Re-accredited by NAAC with Grade 'A' (CGPA 3.22)



## Cyber Security

2023-24

### Internal Complaint Committee

- **Date** : 1 April 2024
- **Venue** : Seminar Hall, Art's, Sci. & Commerce College Chikhaldara
- **Objectives** :1. To increase the students' knowledge.  
2. To make students aware about cyber-crime.  
3. To promote online safety habit's
- **Brief Report** :

**Internal Complaint Committee** arranges Guest lecture on Cyber Security on 1 April 2024. Cyber security is the practice of defending computers, servers, mobile devices, electronic systems, networks, and data from malicious attacks. It's essential to aware the students from cyber-attack. Guest speaker for the cyber security is **Dr. U.S.Wasnik**, member of Internal complaint committee.

**Dr.Ujwala Kokate**, Coordinator, Internal complaint committee gave introductory speech, in her speech she gave introduction about Internal complaint committee and aims of internal complaint committee.

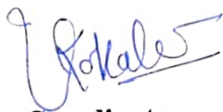
**Dr. U.S.Wasnik**, aware the students about cyber security, as well as help to Understand the Importance of cybersecurity. she said today's highly connected world, cybersecurity has become more crucial than ever. As we depend more on digital devices and the internet for both personal and professional activities, securing our information and systems from malicious attacks is essential. Cyberattacks can lead to identity theft, financial loss, data breaches, and reputational damage. Therefore, every student and person must be vigilant and proactive in their cybersecurity practices.

She also suggested to students to reduce cyber threats by the **develop Strong Passwords and Use Multi-Factor Authentication**. These referred to the security offered through online services to protect

the online information. It may be impossible to prevent computer hacking, however effective security without the owner's knowledge or permission.

**Dr. U.S.Wasnik**, gave information how we prevent the cyber-attack, and concluded the program.

- **Beneficiaries : 47 students participated**



**Coordinator**

Dr. Ujwala Ramesh Kokate  
Professor & Head  
Department of Botany  
Arts, Science & Commerce College,  
Chikhaldara



**Principal**  
**PRINCIPAL**  
Art, Science & Commerce  
College, Chikhaldara




Dr. U. S. Wasnik Guiding students about Cyber Security

**Sipna Shikshan Prasarak Mandal, Amravati**  
**Arts, Science and Commerce College, Chikhaldara, Distt.: Amravati**  
**Gender Sensitization Action Plan by IQAC (2024-2025)**


Sr no	Name Of The Program	Duration//Month	In-Charge
1	Anti-Raging Awareness Program	3 <sup>rd</sup> Week Of September 2024	Dr. S P Chavan
2	Health Awareness Programme	1 <sup>st</sup> Week Of October 2024	Dr. N. Y. Bhoge & Dr. Dr. S P Chavan
3	A Meet About Awareness On Women's Grievances And Redressal	1 <sup>st</sup> Week Of December 2024 & 1 <sup>st</sup> Week Of April 2025	Dr. U. R. Kokate & Dr. P. G. Gawande
4	Counseling For College Girl Students	2024-2025	Dr. U. R. Kokate
5	Celebration Of International Women Day	8 <sup>th</sup> March 2025	Dr. U. R. Kokate
6	Guest Lecture On "Safety And Security Of Women Through ICT Tools And Technique"	1 <sup>st</sup> Week Of March 2025	Dr. U. R. Kokate
7	Workshop On "Entrepreneurship Development For Women"	3 <sup>rd</sup> Week Of March 2025	Dr. U. R. Kokate
8	A Certificate Course In Advanced Kho- Kho For Girls	2 <sup>nd</sup> Week Of April 2025	Dr. P. G. Gawande
9	Debate/Elocution/Essay Competition On "Gender Equality" For Students	3 <sup>rd</sup> Week Of January 2025	Dr. U. R. Kokate
10	Street Play For Gender Equality Awakening	2 <sup>nd</sup> Week Of February 2025	Mr. V. M. Morey

**Notes:**

1. Prepare and maintain the record of notice/brochure, list of registered participants, screen shots and attendance report of the participants, screenshots/geo-tagged photos of the event, video recording, feedback, analysis of the collected feedback, brief report in the prescribed format, newspaper cutting (if any), etc.
2. Apart from this plan of action of IQAC, all the teaching departments/ committees of the college shall arrange the activities/programmes as per the aims, objectives and necessity of the concerned department/committee.
- 3 These programs are directional and they may be modulated as per need and convenience provided that they do comply with NAAC metrics & guidelines.
4. in-charge teaching and non-teaching staff member(s) shall do the needful. For any kind of query, feel free to contact IQAC coordinator.

  
 (Dr. A. V. Dudul)  
**IQAC Coordinator**



  
 (Dr. R. S. Jaipurkar)  
**Principal**  
**PRINCIPAL**  
**Art, Science & Commerce**  
**Collr Chikhaldara**



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**Gender Audit 2023-2024**

**Prepared by  
Women Development Cell**

**PREFACE**

Gender equality is a very significant term so far as the rights, opportunities, responsibilities, and treatment of individuals are concerned, irrespective of their gender. It is the concept that people of all genders should have equal access to resources, opportunities, responsibilities, and decision-making processes, and should not be discriminated against based on their respective gender whether they were born male or female. Gender equality is not just about benefiting women; it benefits society as a whole by fostering social and economic development, promoting peace, and creating a more just and equitable world. Achieving gender equality requires efforts at multiple levels, including policy changes, legal reforms, social awareness campaigns, and changes in cultural norms and attitudes. It's an ongoing process that requires commitment from individuals, communities, governments, and international organizations.

Gender equality addresses the historical and societal imbalances that have led to disparities between genders in various areas, like, school, college, Workplace, society, etc. This means equal treatment in terms of rights, opportunities, responsibilities, benefits, and obligations.

Though Gender equality has become a global issue, the liberation and emancipation of women are at the forefront of many worldwide campaigns. With the increasing awareness of gender issues, women are rapidly moving towards their upliftment in society. They are vigorously taking action against social discrimination, oppression of women at home and workplace, and exploitation. Therefore the gender audit was conducted to know whether the college campus is safe for girls and women. This audit comprises the respective sites, selection of participants, preparation of checklist, and the orientation of participants, thus the findings and sharing the results with the principal for the execution of further recommendations.

**Dr. U. S. Wasnik**  
Co-ordinator/Convener  
Women Development Cell



**Principal**  
**Art, Science & Commerce**  
**College, Chikhaldara**

## Objectives of Gender Audit

- To assess and check gender equality in the institute.
- To understand and identify gender patterns to design and deliver policies accordingly.
- To maintain gender balance in all areas of institutional activities like the decision-making process, etc.
- To measure progress in identifying critical gender gaps and challenges.
- To prevent sexual harassment in the institute.

## Key Step in Gender Audit

- Appropriate Planning
- Implementation
- Drafting of a report
- Final Report

## Introduction

Sipna Shikshan Prasarak Mandal, Amravati is established with specific goals and mission for overall development of people in Melghat, a tribal, remote and backward region in Amravati district of Maharashtra state. Melghat comprising of two tehsil places (Chikhaldara and Dharni) is hilly terrain at the northern extreme of the Amravati district of Maharashtra. The college is **permanently affiliated** to Sant Gadge Baba Amravati University, Amravati and is approved under section **2(f) and 12(b)** of the University Grants Commission (UGC) Act 1956. With the help of dedicated, enthusiastic and experienced faculty members and with modern teaching and research facilities, the college offers programmes like **B.A., B.Sc., B.Com.** with traditional & advanced subjects and **M.Sc. (Environmental Science)**. Whereas in UG science stream there are innovative subjects like **Petrochemical Science, Food Science, Apiculture, Industrial Chemistry and Environmental Science. Certificate, Value-added and Add-on Courses** are undertaken to impart employable and life skill education to the students. The gender audit is an initiative to study whether there is any gender discrimination in the college. It is an attempt to measure the implementation of government rules, regulations, and policies framed specially for the upliftment of girls and women in society. The Gender Audit has an insight into the problems of students and women working in the institute based on gender. This Audit helps to penetrate the impact of its present and proposed policies on gender equality.

Women Development Cell of Arts, Science and Commerce College, Chikhaldara reviews and analyses the operating environment. With the help of this analysis, Women Development Cell understands whether the institute is able to provide a full range of opportunities to everyone or not which come from participating in physical activities, sports, and competitions carried out by the

college or institution. The prime aim of Gender equality is to provide a wide range of activities and programmes to girls and women as per their needs, their interests, their choices, their experiences, and inclinations.

The college always emphasizes on the overall development of the students. Sensing the importance of Gender equality the girls and women are provided special attention. Women Development Cell not only concentrates on the problems encountered by the girls but also concentrates on their outstanding achievements in various sports and activities. Yoga and Meditation training are also organized. One day workshops are conducted on “Master in Tailoring: Designing Shararas and Jackets” and inspire the students about empowerment and aware them of their rights and responsibilities. Guest lectures of eminent personalities like judges, lawyers, police inspectors, tehsildar, social workers, and journalists are also organized to spread awareness about laws and by-laws among the girls. Internal Complaint Committee, and Anti-ragging Committee formed in the college. NSS and the Sports Department of the college play a very vital role in providing equal opportunities to girl students and achieving grand success therein. Similarly, the Cultural Committee of the college motivates girl students to participate in university-level Youth Festival and various competitions.

#### 2023-24

#### Gender Wise Admission

Class	Total	Male	Female	Male%	Female%
B.A(I,II,III)	172	115	57	66.86	33.13
B.Sc(I,II & III)	207	118	89	57.00	42.99
B.Com (I,II& III)	119	93	26	78.15	21.84
M.Sc(I & II)	22	07	15	31.81	68.18

#### Gender wise Staff Members

Class	Total	Male	Female	Male%	Female%
Teaching	33	29	04	87.87	12.12
Non-Teaching	11	10	01	90.90	0.10

#### Participation in NSS

Total	Male	Female	Male%	Female%
100	49	51	49	51

#### Participation in Sports

Total	Male	Female	Male%	Female%
306	186	120	60.78	39.21

### University level Participation in Yuva Mahotsav

Total	Male	Female	Male%	Female%
30	15	15	50	50

### Meritorious Subject wise Toppers Scholarship

Total	Male	Female	Male%	Female%
45	21	24	46.66	53.33

### Best Student Award

Sr. No.	Name of the student
01	Ms. Sakshi Raju Jog

One student of college Ms. Sakshi Raju Jog of B.A. I awarded by Best student in the academic year 2022-23

#### Conclusion:

Thus, the analysis table given above indicates that the expected objectives of gender equality in the college have been achieved greatly. In spite of tribal region enrolment of girl students is increasing and there are no gender issues complaints. College is working with a strong determination to give justice to all genders and will certainly make a mark in the development of this tribal region and the country.



  
PRINCIPAL  
Art, Science & Commerce  
College, Chikhaldara

To,  
**The principal,**  
Arts, Science and commerce College,  
Chikhaldara

**Subject: Request for permission to organize program under women development cell**

Dear Sir,

I hope this letter finds you well. I am writing to seek your permission to organize a program for students of college on the occasion of International Women's day.

The purpose of this program is to celebrate International Women's day by organizing one day workshop on cutting and stitching of shararas and jackets on dated 06<sup>th</sup> March 2024 and to inculcates the skill among the students. We believe it will contribute significantly to the development of skill.

We assure you that all necessary arrangements and precautions will be taken to ensure the smooth conduct of the event.

We kindly request your approval for this initiative and would be grateful for any guidance or conditions you may have.

Thank you for considering our request. We look forward to your positive response.

  
**Dr. U. S. Wasnik**

Coordinator

Women Development Cell

महिला विकास केन्द्र  
कला, विज्ञान व श्रम महाविद्यालय,  
चिखलदरा, ज. अमरावती

permission granted  
ML



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## Report of the Activity

Celebration of International Women's Day  
Academic Year 2023-2024  
Women Development Cell

- Date /Period : 06<sup>th</sup> March 2024
- Venue : Seminar Hall
- Objectives : To celebrate women's achievements.  
To organize guest lecture for students.  
Awareness about women's empowerment and gender equality.

**Brief Report :** *International Women's Day (IWD) (8 March)*, also known as World Women's Day, is the day when the world comes together to celebrate the achievements of women across various fields. With the *theme* of "*Inspire Inclusion*", the world is celebrating IWD 2024 on *8th March 2024*. As the world honors the contributions of women on this special day, Women Development Cell of college organized one day workshop on *Master in Tailoring: Designing shararas and Jackets*, on the occasion of International Women's Day, dated 06<sup>th</sup> March 2024 on 10.30 am to 5.30 pm.

The event held in Seminar hall and was a grand success and aimed to empower and inspire women. The day is important because it not only gives an opportunity to reflect on how far we have come as women in society, but also to acknowledge how much more we need to do to achieve true gender equality as well as women empowerment.

Prof. Dr. Swaruparani N. Gupta, department of Chemistry, Brijlal Biyani Science college, Amravati was trainer for one day workshop and madam practically explained cutting and stitching of jackets and shararas to all student participants.

The event took place in the presence of Principal, Dr. R. S. Jaipurkar and sir addressed that girls should know their right to defend themselves and be careful against crimes against women.

Dr. U.S. Wasnik, Coordinator of Women Development cell welcome all and said that to focus greater attention on women's rights and gender equality and also addressed that there should be a balance between career and family and without a family support a woman can't achieve success.

Dr. U.R. Kokate, HOD, Department of Botany anchored the program and Ku. Sandhya Bilve student of B.Sc. II ended it by vote of thanks.

- No. of participants : 55

ML  
PRINCIPAL  
Art, Science & Commerce  
College, Chikhaldara



ER. U. S. WASNIK  
Astt. Professor & H.O.D. (Chemistry)  
Arts, Science & Comm. College  
Chikhaldara





**Inaugural program and training of cutting and stitching of sharara and jackets**



**Prof. Dr. S. N. Gupta, Brijlal Biyani science college, Amravati and Students**



*U. S. Wasnik*  
**DR. U. S. WASNIK**  
 Astt. Professor & H.O.D. (Chemistry)  
 Arts, Science & Comm. College  
 Chikhaldara



Group photo



*Wasnik*  
DR. U. S. WASNIK  
Astt. Professor & H.O.D. (Chemistry)  
Arts, Science & Comm. College  
Chikhaldara

‘दैनिक हिंदुस्थान’

दि. १४/०३/२०२४

कला विज्ञान व वाणिज्य महाविद्यालय  
चिखलदरा येथे जागतिक महिला दिन साजरा



अमरावती दि. १३ : कला विज्ञान व वाणिज्य महाविद्यालय चिखलदरा येथील महिला विकास कक्षा तर्फे जागतिक महिला दिनाचे औचित्य साधून महाविद्यालयातील विद्यार्थ्यांसाठी मास्टर इन टेलरिंग: कटिंग अँड स्टिचिंग जॅकेट आणि शरारा या कौशल्यावर आधारित एक दिवसीय कार्यशाळेच्या आयोजन केल्या गेले. या कार्यशाळेमध्ये विद्यार्थिनींना चार कल्टी, आठ कल्टी शरारा तसेच जॅकेट कसे तयार करावे याचे प्रात्यक्षिक स्वरूपात प्रशिक्षण देण्यात आले. यामध्ये विद्यार्थ्यांनी उत्स्फूर्तपणे सहभाग घेतला व पेपर वापरून तसेच कपड्यांपासून शरारा व जॅकेट तयार केलेत. या कार्यक्रमाला ट्रेनर म्हणून ब्रिजलाल बियाणी सायन्स

कॉलेज अमरावती येथील प्राध्यापिका प्रो. डॉ. स्वरूपारानी गुप्ता ह्या होत्या. आपल्या प्रगतीसाठी कोणतेही काम शंभर टक्के योगदान देऊन जर पूर्ण केले तर नक्कीच यशाची शिखरे आपण गाठू शकतो असे प्रतिपादन प्राचार्य डॉ. राजेश जयपूरकर यांनी अध्यक्ष म्हणून केले. कार्यक्रमाचे प्रास्ताविक डॉ. यु. एस. वासनिक, संयोजिका, महिला विकास कक्ष यांनी तर संचालन प्रो. डॉ. यू. आर. कोकाटे व आभार प्रदर्शन कु. संध्या बिलवे यांनी केले. कार्यक्रमाला महिला विकास कक्ष सदस्य डॉ. एस एन जगताप तसेच श्री. आर. एच. पानूरकर व महाविद्यालयातील विद्यार्थी विद्यार्थिनी मोठ्या संख्येने उपस्थित होते.

दैनिक हिंदुस्थान  
१४/०३/२४





Sipna Shikshan Prasarak Mandal, Amravati's  
**ARTS, SCIENCE AND COMMERCE COLLEGE,**  
**CHIKHALDARA, Distt. Amravati**



**Women Development Cell & IQAC**  
**One Day Workshop on**  
**“ Master in Tailoring: Designing Jackets & Shararas ”**

This is to certify that \_\_\_\_\_ Class \_\_\_\_\_ has successfully  
participated in one day workshop on “ **Master in Tailoring: Designing Jackets & Shararas** ”  
organized on the occasion of International Women's day, on date 06<sup>th</sup> March 2024 .

**Dr. Usha S. Wasnik**  
Coordinator, (WDC)

**Dr. Anand V. Dudul**  
Coordinator, IQAC

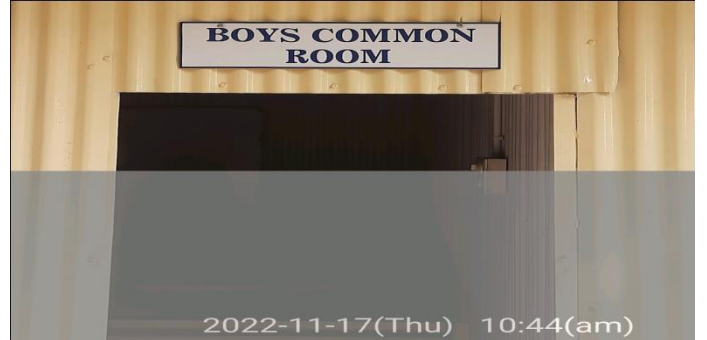
**Dr. Rajesh S. Jaipurkar**  
Principal

Sipna Shikshan Prasarak mandal, Amravati's  
Arts, Science and commerce College Chikhaldara  
Physical facilities

Girls Common Room



Boy's Common Room



Girls Washroom



Boy's Washroom Room



Chain-Link Fencing



Chain-Link Fencing



CCTV With Campus



CCTV With Campus



## Girls room and vending machine



Latitude: 21.406089  
Longitude: 77.31964  
Elevation: 1129.62±3 m  
Accuracy: 27.3 m  
Time: 17-03-2024 04:06 pm  
Note: Vending Machine



## Students' Grievance Redressal Committee (SGRC)

### Anti-Ragging Awareness Program Report -2023-24

**Title of the Program – Anti ragging Awareness Program**

**Date of the Program – 28 /08 2023**

**No. of beneficiaries- 75**

#### Objective of the Program

- 1) Maintain discipline and decorum among students
- 2) Redress the various grievances of the students
- 3) Provide fear free and liberal academic atmosphere in the campus
- 4) Keep the campus ragging free
- 5) Protect the students from possible dangers in the campus
- 6) Promptly deal with the incident of ragging brought to notice

#### Brief Summary of the Program:-

Anti-ragging awareness program was organized on 28/8/2023 in the guidance of Principal (In- charge) Dr. U.G. Tayde. Anti-ragging committee of the college organized this awareness program for the students of the college to create awareness about ragging. The chairman of the SGR committee Dr. S.P. Chavan explained the concept of ragging and pros and cons through PPT. The chairman of the program also provided his guidance in this regard. All first year students are properly oriented regarding ragging and how the SGRC can help them in this regard.

  
Chairman  
Student Grievance Redressal Committee (SGRC)  
Arts, Science & Commerce College  
Chikhaldara



  
PRINCIPAL  
Art, Science & Commerce  
College, Chikhaldara



The SGR committee chairmen Dr. S.P. Chavan explaining through PPT. Principal Dr. U.G. Tayde and committee member Dr. S.L. Kottewar are on the dais.

To

The Principal  
Arts, Science and Commerce College,  
Chikhaldara

Subject: Request for permission to organize "Add-On course's in

(01) Yoga & Meditation for Good Health  
(02) Martial Arts for Self Defense

R/Sir,

I hope this letter finds you well. I am waiting to seek your permission to organize **Add-On course in Yoga & Meditation for Good Health & Martial Arts For Self Defense**, At Adiwasi Mulinche Shaskiya, Vastigruha, Chikhaldara premises 14<sup>th</sup> to 23 March 2024 at 7.00 to 10.00 am.

The purpose of this event is providing Yoga & Martial Arts knowledge and to motivate local as well as college students to take part in the Add-on courses for their good health. We believe it will contribute significantly to the overall development and engagement of our college community.

We assure you that necessary arrangements and precautions will be taken to ensure the smooth conduct of the events without causing any disturbance to regular college activities.

We kindly request your approval for this initiative and would be grateful for any guidance or conditions you may have.

Thank you for considering our request. We look forward to your positive response.

Date: 12/03/2024

Chikhaldara

Sincerely



Dr. P. G. Gawande

Director of Physical Education and Sports

**P. G. GAWANDE**

Director of Physical Education  
Arts, Sci. & Commerce College, Chikhaldara

Permission granted, follow  
rules  

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MYL

**Arts, Science & Commerce College, Chikhaldara**

**Department Of Physical Education and Sports**

**Name of Committee** : Sports  
**Year** : 2023-24  
**Title of program conducted** : Yoga & Meditation for Good Health  
**Date of program** : 14 / 03 /2024 to 23 / 03/ 2024  
**Objective of program** :

(01)Enable the students to have good health

(02)Practice mental hygiene

(03)Integrate moral values

(04)Possess emotional stability

**Reference:** As per IQAC Plan of Action Letter (2022-2023)

**Number of beneficiaries** : 50

**Brief summary of the program** :

The inauguration function of Add-On course in "Yoga & Meditation for Good Health" for college students was held on 13<sup>th</sup> March 2024 at 7.00am at Adiwasi Mulinche Shaskiya Vastigruha, Chikhaldara. Add-on Course was conducted during 14<sup>th</sup> to 23<sup>rd</sup> March 2024. Over all 50 girls students were present in this add-on course. The objective of add-on course was to enable the students to have good health, Practice mental hygiene, Integrate moral values, possess emotional stability & to give detailed knowledge of yoga & meditation. Dr. H.U. Petkar & Dr. V. D. Kapse, former IQAC coordinator was present in the inauguration program. Dr. Dr. H.U. Petkar presided over the inauguration program. Dr. V.D. Kapse also guided the students at this occasion. Shri. Jangbahadur Varma was present as a Yoga expert for add-on course. Dr. U. S. Wasnik conducted one of the session on "importance of Mudra in Yoga".

Dr. P. G. Gawande, delivered introductory remarks, conducted the proceedings also proposed the vote of thanks; Sports committee strove hard for the success of the add-on course. Program was conducted under the guidance of Hon. Principal Dr. R. S. Jaipurkar, Former Pro-VC, Sant Gadge Baba Amravati University, Amravati.

Dr. P. G. Gawande

**P. G. GAWANDE**

Director of Physical Education  
Arts, Sci. & Commerce College, Chikhaldara

ML

Dr. R. S. Jaipurkar

**PRINCIPAL**  
Art, Science & Commerce  
College, Chikhaldara

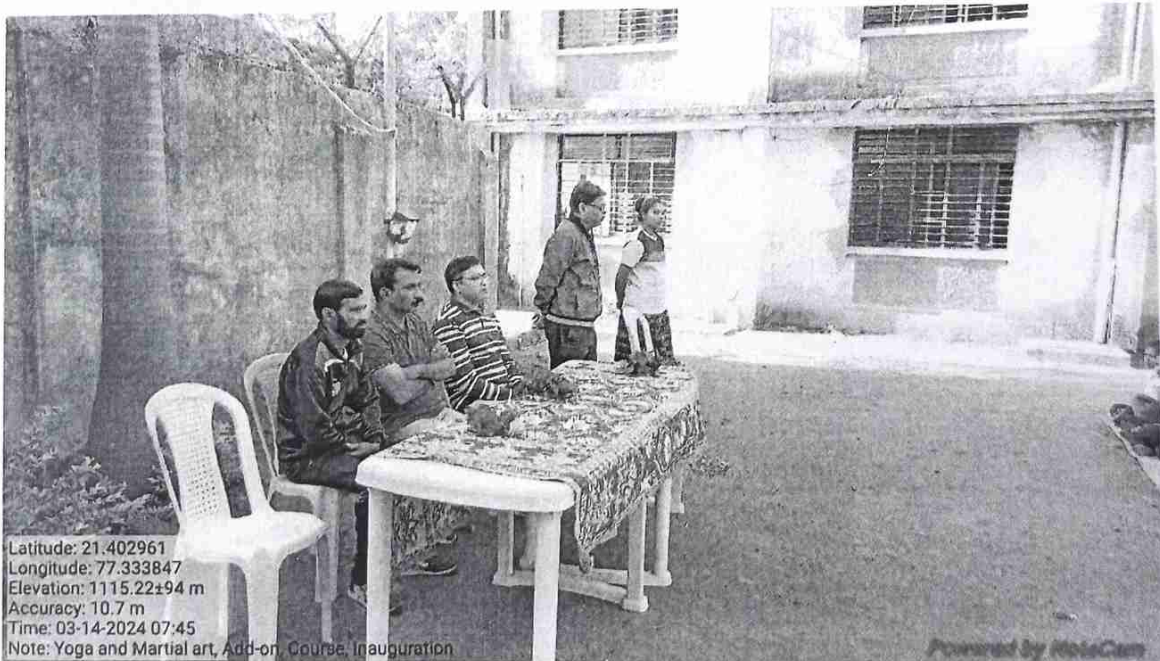
Sipna Shikshan Prasarak Mandal Amravati's,  
**Arts, Science & Commerce College, Chikhaldara, District Amravati**  
Department Of Physical Education and Sports and N.S.S.  
**ADD- ON COURSE IN YOGA & MEDITATION FOR GOOD HEALTH**

14 to 23 MARCH 2024



Latitude: 21.400045  
Longitude: 77.333677  
Elevation: 1115.22±94 m  
Accuracy: 16.8 m  
Time: 03-14-2024 07:43

Note: Yoga and Martial art, Add-on, Course, Inauguration



Latitude: 21.402961  
Longitude: 77.333847  
Elevation: 1115.22±94 m  
Accuracy: 10.7 m  
Time: 03-14-2024 07:45

Note: Yoga and Martial art, Add-on, Course, Inauguration

**P. G. GAWANDE**

Director of Physical Education

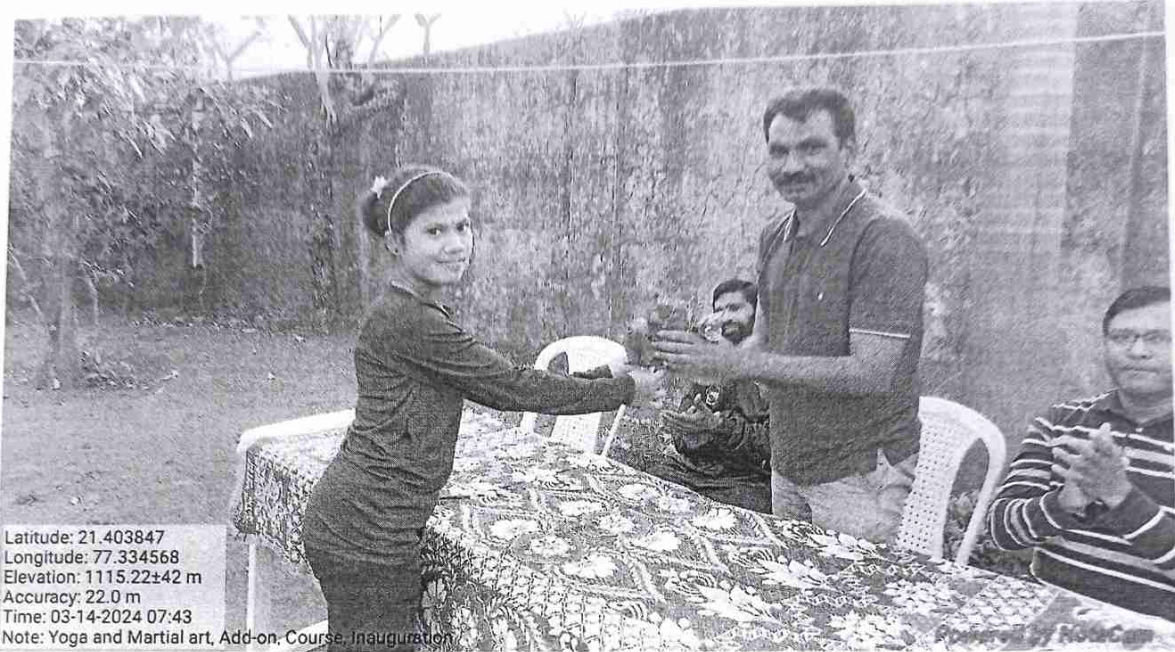
Arts, Sci. & Commerce College, Chikhaldara

**PRINCIPAL**

**Art, Science & Commerce  
College, Chikhaldara**

Sipna Shikshan Prasarak Mandal Amravati's,  
**Arts, Science & Commerce College, Chikhaldara, District Amravati**  
Department Of Physical Education and Sports and N.S.S.  
**ADD- ON COURSE IN YOGA & MEDITATION FOR GOOD HEALTH**

14 to 23 MARCH 2024



Latitude: 21.403847  
Longitude: 77.334568  
Elevation: 1115.22±42 m  
Accuracy: 22.0 m  
Time: 03-14-2024 07:43

Note: Yoga and Martial art, Add-on, Course, Inauguration



Latitude: 21.4016  
Longitude: 77.337121  
Elevation: 1115.22±94 m  
Accuracy: 21.4 m  
Time: 03-14-2024 07:44

Note: Yoga and Martial art, Add-on, Course, Inauguration

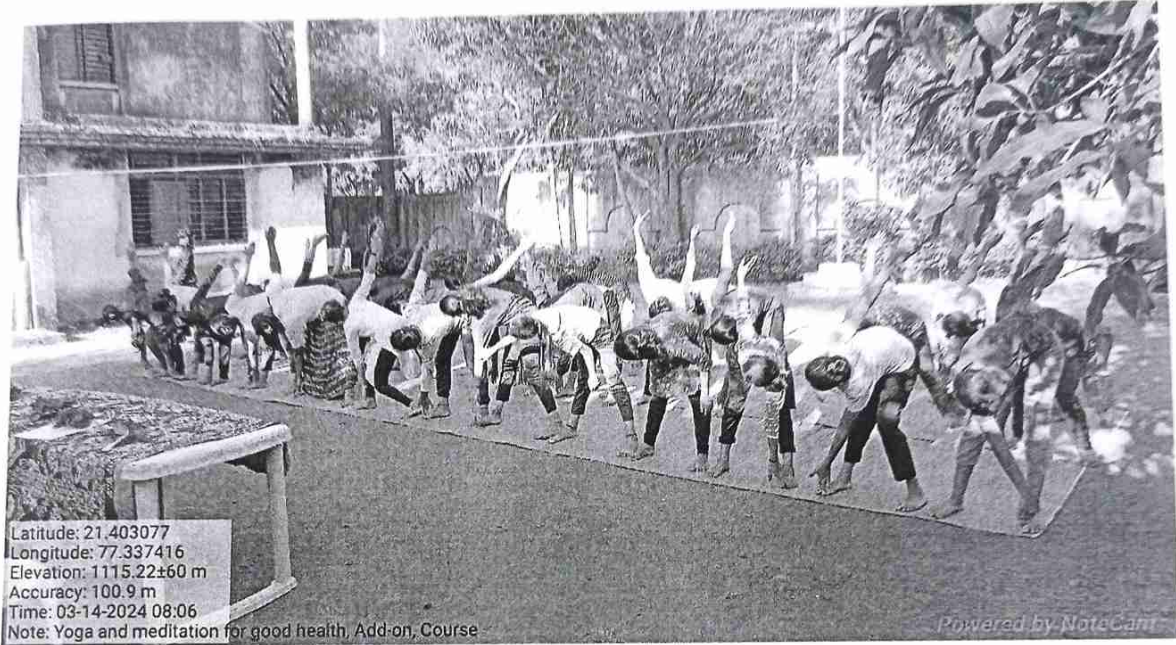
**P. G. GAWANDE**


Director of Physical Education  
Arts, Sci. & Commerce College, Chikhaldara


**PRINCIPAL**  
Art, Science & Commerce  
College, Chikhaldara

Sipna Shikshan Prasarak Mandal Amravati's,  
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Sipna Shikshan Prasarak Mandal, Amravati's  
Arts, Science And Commerce College, Chikhaldara  
**Tentative Plan of Proposed Action**


**Add-On Course in Yoga and Meditation for Good Health**  
14 to 23 March 2024

- ❖ **Title: Add-On Course in Yoga and Meditation for Good Health**
- ❖ **Objectives of the course**
  - (01) To enable the students to have good health
  - (02) To practice mental hygiene
  - (03) To integrate moral values
  - (04) To possess emotional stability
- ❖ **Syllabus/ Course Content/Theme**
  - Opening ceremony & Session: - Benefits of yoga, Asanas Demonstration
  - Hatha yoga, Raja yoga, Karma yoga,
  - Bhakti yoga, Jnana yoga, Tantra yoga
  - Types of yoga:- Ashtanga yoga, Hatha yoga and other
  - Types of Pranayama:- Kapalbhathi, ujjay
  - Breathing techniques in yoga
  - Importance of Jalneti, Sutra neti
  - Chakras: - Sahasrara, Ajna, Vishuddha, Anahata, Manipura, Svadhishtana, Muladhara
  - Yoga meditation for relaxation, mental balance
  - Various Mudra's and its benefits
- ❖ **Resource persons:**
  - Shri. Jangbahadur Varma
  - Dr. Usha Wasnik
- ❖ **Proposed Schedule:**
  - From 14 March 2024 to 23 March 2024
  - Daily 3 hours schedule, sessions in 10 Days ( Duration 30 Hours)
  - Expected no of beneficiaries: 50 Students
- ❖ **Expected Outcome;**

Upon successful completion of this course students would able to go for yoga daily without mistakes, would able to develop their health
- ❖ **Expected expenditure:**

Rs. 5000/- (Certificates printing , remuneration and miscellaneous expenses)
- ❖ **Name Of In-charge teacher: Dr. P. G. Gawande**

  
**P. G. GAWANDE**  
Director of Physical Education  
Arts, Sci. & Commerce College, Chikhaldara

  
**PRINCIPAL**  
Art, Science & Commerce  
College, Chikhaldara

Sipna Shikshan Prasarak Mandal, Amravati's  
Arts, Science and Commerce College, Chikhaldara, dist. Amravati

**ADD-ON COURSE IN YOGA & MEDITATION**

**Organized by Department of Physical Education and Sports**

Duration: 14<sup>th</sup> to 23<sup>rd</sup> March 2024, Time: 7.00am to 10.00am,

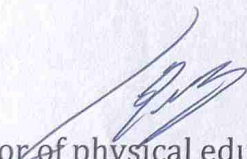
Place: Adiwasi Mulinche Shaskiya Vastigruha, Chikhaldara


**ATTENDANCE**

Sr. No.	Name of Students	14/03/2024	15/03/2024	16/03/2024	17/03/2024	18/03/2024	19/03/2024	20/03/2024	21/03/2024	22/03/2024	23/03/2024	Sign.
01	Ku. Sharada Bhilawekar	P	P	P	P	A	P	P	P	P	P	Sharada
02	Ku. Karishma Bhilawekar	P	P	P	P	P	P	P	A	P	P	Karishma
03	Ku. Poonam Jamunkar	P	P	P	P	P	P	A	P	P	P	Poonam
04	Ku. Nirmal Bhilawekar	P	P	P	P	P	P	P	P	P	P	Nirmal
05	Ku. Karina Jamunkar	P	P	P	P	P	P	P	P	P	P	Karina
06	Ku. Nisha Dhande	P	P	P	P	P	P	P	P	P	P	Nisha
07	Ku. Pooja Jamunkar	P	P	P	P	P	P	P	P	P	P	Pooja
08	Ku. Niokita Akhande	P	P	P	P	P	P	P	P	P	P	Nikita
09	Ku. Mamata Kasdekar	P	P	P	P	P	P	P	P	P	P	Mamata
10	Ku. Supriya Athote	P	P	P	P	P	P	P	P	P	P	Supriya
11	Ku. Sharmila Darsimbe	P	A	P	A	P	P	P	P	P	P	Sharmila
12	Ku. Aruna Zamarkar	P	P	P	P	A	A	P	A	A	P	Aruna
13	Ku. Ashwini Bhilawekar	P	P	P	P	P	P	P	P	P	A	Ashwini
14	Ku. Durga Bethekar	P	P	P	P	P	P	P	P	P	P	Durga
15	Ku. Nisha Jawarkar	P	A	P	P	P	P	A	P	P	P	Nisha

16	Ku. Manisha Sawalkar	P	P	A	P	A	A	P	P	P	P	Manisha
17	Ku. Sushila Belsare	P	P	P	P	A	P	P	P	P	P	Sushila
18	Ku. Karishma Kasdekar	P	P	P	P	P	P	P	P	P	P	Karishma
19	Ku. Roshani Sawalkar	P	P	A	P	P	P	P	P	P	P	Roshani
20	Ku. Saloni Chimote	P	P	P	P	A	A	P	P	P	P	Saloni
21	Ku. Shiwani Bhilawekar	P	P	P	P	P	P	P	P	P	P	Shiwani
22	Ku. Sunanda Kasdekar	P	P	A	P	P	P	P	P	P	P	
23	Ku. Vanita Selukar	P	P	P	P	P	P	P	A	A	P	Vanita
24	Ku. Mamata Sawalkar	P	P	P	P	A	A	P	P	P	P	Mamata
25	Ku. Sangita Dhande	P	P	A	P	P	P	P	P	P	P	
26	Ku. Ashwini Darsimbe	P	P	P	P	P	P	P	P	A	P	Ashwini
27	Ku. Payal Parve	P	P	P	P	P	P	P	P	P	P	Payal
28	Ku. Manisha Belsare	P	P	P	P	P	P	P	P	P	P	Manisha
29	Ku. Renuka Jambekar	P	P	P	P	P	P	P	P	P	P	Renuka
30	Ku. Tamasi Chaturkar	P	P	P	P	P	P	P	P	P	P	Tamasi
31	Ku. Sangita Thakare	P	P	P	P	P	P	P	P	P	P	Sangita
32	Ku. Uma Akhande	P	P	P	P	A	P	P	A	A	P	Uma
33	Rahul Kushwaha	P	P	P	P	P	P	P	A	A	P	
34	Prathmesh Likhitkar	P	P	P	P	P	P	P	P	P	P	
35	Yash Mahajan	P	P	P	P	P	P	P	P	P	P	
36	Roshan Mawaskar	P	P	P	P	A	A	P	P	P	P	
37	Raoji Mawaskar	P	P	P	P			P	P	P	P	
38	Mohammad Faraz Mohammad Nasir	P	P	A	P			P	P	P	P	

39	Ruth Sawalkar	P	A	P	P	P	P	P	P	P	P
40	Sayyed Musddiqmuhibbur Rahman	P	P	P	P	P	P	P	P	P	P
41	Akshay Selekar	P	P	P	P	P	P	P	P	P	A
42	Sachin Selukar	P	P	P	P	P	P	P	P	P	P
43	Girish Shahare	P	P	P	P	P	P	P	P	P	P
44	Shaikh Danish Shaikh Amad	P	P	P	P	P	P	P	P	P	P
45	Rushabh Somwanshi	P	P	P	P	P	P	P	P	P	P
46	Tanmay Sonar	P	A	P	P	P	P	P	P	P	P
47	Dhanesh Tarkar	P	P	P	P	P	P	P	P	P	P
48	Abhijit Uike	P	P	P	P	A	P	P	A	P	P
49	Umankar Nagesh	A	P	A	P	A	P	P	P	P	P
50	Deep Borkar	P	P	A	P	A	P	P	A	P	P

  
 Director of physical education & Sports  
**P. G. GAWANDE**  
 Director of Physical Education  
 Arts, Sci. & Commerce College, Chikhaldara

  
 Principal  
**PRINCIPAL**  
**Art, Science & Commerce**  
**College, Chikhaldara**



SIPNA SHIKSHAN PRASARAK MANDAL AMRAVATI'S

**ARTS, SCIENCE & COMMERCE COLLEGE,**  
CHIKHALDARA, DIST. AMRAVATI

(NAAC Accredited 'A' Grade with CGPA 3.22)

**DEPARTMENT OF PHYSICAL EDUCATION & SPORTS**

**"Add On Course in Yoga & Meditation for Good Health"**

*Certificate*

This is to certify that,

Class \_\_\_\_\_ has successfully completed

**"Add On Course in Yoga & Meditation for Good Health"**

organized during 14 -23 March 2024.



**Dr. P. G. Gawande**

Director, Department of Physical  
Education & Sports

**Principal, Dr. R. S. Jaipurkar**

(Former Pro-VC, Sant Gadge Baba  
Amravati University, Amravati)

# सिपना कला, विज्ञान व वाणिज्य महाविद्यालय चिखलदरा द्वारे योगा व सेल्फ डिफेन्स प्रमाणपत्र कोर्सचे आयोजन



चिखलदरा दि. १८ : दिनांक १४ पासून ते २३ मार्च २०२४ पर्यंत सिपना कला, विज्ञान व वाणिज्य महाविद्यालय चिखलदरा द्वारे १० दिवसीय अँड-ऑन प्रमाणपत्र कोर्स चे आयोजन आदिवासी मुलींचे वसतिगृह, चिखलदरा येथे सकाळी ७.०० ते १०.०० पर्यंत करण्यात आले आहे. योगा अँड मेडीटेशन फॉर गूड हेल्थ कोर्स मध्ये विद्यार्थ्यांना योगा मधील स्टँडिंग प्रकारामध्ये ताडासन, वृक्षासन, गरुडासन, चक्रासन, गीर्टींग प्रकारामध्ये मध्ये पद्मासन, बद्धपद्मासन, पश्चीमोत्तनासन, धनुरासन, वज्रासन आणि झोपून प्रकारच्या आसनांमध्ये सर्वांगासन, हलासन, पादवृत्तासन, नौकासन, आणि प्राणायाम मध्ये, भ्रामरि, अनुलोम-विलोम, कपालभाती, शितली शितकारी, उद्दगित अशी सर्व योगा प्रकार व आसने घेण्यात येत आहे तर मार्शल आर्ट फॉर सेल्फ डिफेन्स कोर्स मध्ये ज्युडो, कराटे व इतर स्व-संरक्षण कौशल्ये आणि स्व-बचावाचे ट्रिक्स घेण्यात येत आहे.

दिनांक १४ मार्च २०२४ ला या कार्यक्रमांचा उद्घाटन सोहळा पार पडला. कार्यक्रमाचे अध्यक्ष स्थानी डॉ. एच. यु. पेटकर, प्रमुख उपस्थिती डॉ. वि. डी. कापसे, योगा मार्गदर्शक जंगबहादुर वर्मा, मार्शल आर्ट प्रशिक्षक श्री. मंगेश गायकवाड, महाविद्यालयाचे शारीरिक शिक्षण संचालक डॉ. प्रशांत गावंडे उपस्थित होते.

सर्व प्रथम कार्यक्रम संयोजक डॉ. प्रशांत गावंडे यांनी आपल्या प्रास्थाविकातून कार्यक्रमाचा उद्देश व महत्व सांगितले ज्यामध्ये मार्शल आर्ट द्वारे मुलींनी कठीण प्रसंगी स्व-संरक्षण कसे करावे आणि स्वतःची सुटका कशी करायची या संदर्भात माहिती सराव करून दिली जाईल असे प्रतिपादन केले, तर योगा द्वारे मानवी जीवन कसे सुदृढ, तंदुरुस्त होईल आणि योगा चे जीवनात असलेले महत्व हे समजावून सांगितले. दहा दिवसात विद्यार्थ्यांना त्यांचे दैनंदिन जीवनात कामात येणारे सर्व कौशल्य शिकविण्यात येणार आहे ही माहिती दिली.

आपल्या अध्यक्षीय भाषणातून डॉ. एच. यु. पेटकर यांनी योगा व मार्शल आर्टचे महत्व सांगत असताना विद्यार्थ्यांनी ते त्यांचे जीवनात नियमित अंगिकारन्यास आणि योगा आणि मुलींनं करिता सेल्फ डिफेन्स प्रोग्राम कसा फायद्याचा ठरू शकतो हे सांगितले आणि सर्व सहभागी विद्यार्थ्यांचे अभिनंदन केले. प्रमुख अतिथी डॉ. विवेक कापसे, माजी कोऑर्डिनेटर, आय. क्यू. ए. सी. यांनी आपले मनोगत व्यक्त केले. दोनही कार्यक्रमास ५०-५० विद्यार्थ्यांची उपस्थिती होती. डॉ. यू. एस. वासनिक यांनी विविध योग मुद्रा व ब्रीदिंग विषयावर व्याख्यान दिले.

कार्यक्रम प्राचार्य डॉ. राजेश जयपुरकर (माजी प्र-कुलगुरू संत गाडगेबाबा अमरावती विद्यापीठ, अमरावती) यांचे मार्गदर्शनात संपन्न झाला. त्यांनी जास्तीत जास्त विद्यार्थ्यांनी या कार्यक्रमांचा लाभ घेण्याचे आवाहन सुद्धा केले आहे. कार्यक्रमाचे संचालन, प्रास्ताविक, आभार प्रदर्शन डॉ. प्रशांत गावंडे यांनी केले. कार्यक्रमाचे यशस्वितेसाठी, सौ. नाईक मॅडम, मुलींचे वसतिगृह इन्चार्ज, चिखलदरा आणि महाविद्यालय क्रीडा समिती सदस्य डॉ. यू. जी. तायडे, डॉ. एन. जे. सूर्यवंशी, डॉ. मुकेश सरदार, डॉ. आनंद बक्षी, प्रा. भारत देशमुख, श्री. गिरीश शाहू, व डॉ. उषा वासनिक, श्री. आनंद ढगे, यांनी सहकार्य केले.

ML

PRINCIPAL  
Art, Science & Commerce  
College, Chikhaldara



Sipna Shikshan Prasarak Mandal, Amravati's  
**ARTS, SCIENCE AND COMMERCE COLLEGE,**  
**CHIKHALDARA, DISTT. AMRAVATI (MS)**



**4<sup>th</sup> Cycle Re-accredited by NAAC with Grade 'A' (CGPA 3.22)**

## **Health and Hygiene**

**2023-24**

### **Internal Complaint Committee**

- **Date : 1 April 2024**
- **Venue : Seminar Hall, Art's, Sci. & Commerce College Chikhaldara**
- **Objectives : 1. Prevent the spread of infectious diseases.**  
**2. Avoiding illness.**

#### **3. To provide information about health and its value**

**4. To take precaution and preventive measures against communicable diseases.**

**5. To develop and promote mental and emotional health.**

**6. To provide safety, security and dignity for people.**

- **Brief Report :**

Internal Complaint Committee organized guest lecture on Health and Hygiene on **1<sup>st</sup> April 2024** for the girl students. Good health allows us to enjoy life, perform activities, and contribute positively to society. Good hygiene prevents the spread of diseases, controls harmful microbes, and provides a clean, healthy environment for everyone. Poor hygiene can lead to various diseases, hampering one's health and quality of life. So, it's necessary to evoke the students about health and hygiene.

**Dr. A.V.Dudul**, in charge Principal, Arts, Science and Commerce College was the chairman of the programme. During speech he gave valuable information about the health.


**Dr. Ujwala Kokate**, was a speaker of the guest lecture, she evoked students toward health and hygiene, how it is important to us. She gave some basic practices to students, which are to follow:

- 1. Washing hands before and after eating.**
- 2. Cleaning teeth.**
- 3. Bathing on regular basis.**
- 4. Wearing clean and comfortable clothes.**
- 5. Drinking clean water.**

**Dr. Sangita Jagtap**, member of Internal Complaint Committee was present, **Dr. Ujwala Kokate**, Coordinator and speaker of the programme gave a knowledge about health and hygiene. **Dr. U.R. Kokate** aware girls' students to take care during the menstrual cycle. She told to students to use sanitary napkins instead of cloth. Clean our clothes, hand regularly. Eat healthy and simple food of home during the menstrual cycle. Because poor health and hygiene causes skin diseases.

**Dr. U. R. Kokate** told that hygienes of four types personal hygiene, environmental hygiene domestic hygiene and food hygiene. When we use hygiene practices, naturally we get benefitted by better health, better self-esteem, prevents illness. And improves other people's perception of you. Total 35 student benefitted by this programme.

- **Beneficiaries: 35 students benefitted by this programme.**

  
Dr. Ujwala Kokate  
**Coordinator**  
Dept. of Botany  
Arts, Science & Commerce College,  
Chikhaldara

  
**Principal**  
PRINCIPAL  
Art, Science & Commerce  
College, Chikhaldara



Latitude: 21.406093  
Longitude: 77.319748  
Elevation: 1130.72±31 m  
Accuracy: 20.7 m  
Time: 01-04-2024 15:32  
Note: Internal Complaint Committee(2023-24)

Dr. U.R. Kokate guiding students about Health and Hygiene

**Sipna Shikshan Prasarak Mandal Amaravati.**  
**Arts, Science & Commerce College, Chikhaldara, Dist. Amravati**  
**Palak Yojana (Arts Faculty)**  
**Session: 2023 -24**

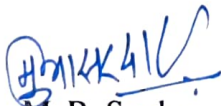
**Objectives:**


- 1) To provide individual attention to the student.
- 2) To develop a healthy relationship between students and teachers.
- 3) To provide academic and personal guidance.
- 4) Try to solve various problems of students.

**Number of Beneficiaries : 172**

**Brief Summary :**

In the session 2023-24 total 172 students admitted in the Arts faculty and 17 students were adopted by each teacher who is expected to provide academic and personal guidance to his wards and also keep in touch with the parents. The Student's progress is personally monitored by teachers through "Palak Yojna". We make it our concern that the students admitted to the institute must avail of the most and the best here. regular attendance, good academic performance can be ensured under Palak Yojana. We also try to address the personal problems of students through Palak Yojana. It is only after consistent and regular contacts with them the students open up and are willing to share their concerns. Most of the students are from outside requiring hostel facility. We can help a few students in accommodation to some extent.

  
Dr. M. B. Sardar  
Convener  
Palak Yojana (Arts Faculty)

  
Principal  
PRINCIPAL  
Art, Science & Commerce  
College, Chikhaldara

**Sipna Shikshan Prasarak Mandal, Amravati's**  
**ARTS, SCIENCE AND COMMERCE COLLEGE**  
CHIKHALDARA, DISTT. AMRAVATI (Maharashtra State)



**Policy Document**

**INTERNAL COMPLAINT COMMITTEE**

Sipna Shikshan Prasarak Mandal, Amravati's  
**Arts, Science and Commerce College**  
Chikhaldara, Distt. Amravati

**-POLICY DOCUMENT-**

**INTERNAL COMPLAINT COMMITTEE**

**Introduction**

“Sexual Harassment of Women at Workplace (Prevention, Prohibition, and Redressal) Act,” 2013, provides protection against sexual harassment of women at workplace and for the prevention and redressal of complaints of sexual harassment and for the matters connected there with or incidental thereto.

It shall be the duty of the employer or other responsible persons in workplaces or other institutions to prevent sexual harassment and to provide the procedures for the resolution, settlement, or prosecution of acts, of sexual harassment by taking all steps required.

Arts, Science and Commerce college, Chikhaldara is committed to maintain healthy environment which is free of all forms of gender violence, sexual harassment, and discrimination on the basis of gender. As directed by the act Institute has constituted a committee called “Internal Complaint Committee to Prevent Sexual Harassment of Women at the Workplace.” The Women Grievance Cell which was established initially in the college to create awareness of the Women’s rights and to empower women, has been now taken over by “Internal Complaint Committee”.

**Objectives of ICC**

1. To create awareness among all female students, employees and provide information to women teaching and nonteaching staff members and female students about the directions of the Internal Complaint Committee.
2. To prevent discrimination and sexual harassment by promoting gender equity among students and staff members.
3. To safeguard the rights of female students, faculty and staff members.
4. To provide platform for listening to complaints and redressed the grievances.
5. To maintain hygiene habits and ensure healthy atmosphere in and around the college campus.

**Constitution of ICC**

1. Presiding Office -who shall a women faculty member employed at senior level (Not below an Associate Professor in case of college)
2. Two faculty members and Non teaching employees – Nominated by executive authority
3. Three students enrolled at Under graduate and Post graduate and Research Scholar – Elected through transparent procedure
4. One Member from amongst Non government organization – Persona familiar with the issues relating to sexual harassment nominated by executive authorities



5. At least one half of the total members of the ICC shall be women and Persons in senior administrative positions shall not be the members of ICC and the term of office of the members of ICC shall be period of 3 years

### What is Sexual Harassment

Sexual harassment includes any one or more of the following unwelcome acts or behaviour, unwelcome sexually determined behaviour (whether directly or by implication) in any form, such as:

- Physical contacts and advances;
- A demand or a request for sexual favours;
- Sexually coloured remarks;
- Showing pornography;
- Any other unwelcome physical, verbal/non-verbal conduct of sexual nature.

### Complaint of sexual harassment

- Complaint any aggrieved woman may make, in writing, a complaint of sexual harassment at workplace to the Internal Complaint Committee within a period of three months from the date of incident and in case of a series of incidents, within a period of three months from the date of last incident: Provided that where such complaint cannot be made in writing, the Presiding Officer or any Member of the Internal Complaint Committee or the Chairperson or any Member of the Local Committee, as the case may be, shall render all reasonable assistance to the woman for making the complaint in writing: Provided further that the Internal Complaint Committee or, as the case may be, the Local Committee may, for the reasons to be recorded in writing, extend the time limit not exceeding three months, if it is satisfied that the circumstances were such which prevented the woman from filing a complaint within the said period.
- Where the aggrieved woman is unable to make a complaint on account of her physical or mental incapacity or death or otherwise, her legal heir or such other person as may be prescribed may make a complaint under this section.

### Definitions for reference:

**Complainant:** can be a Person who has been subject to Sexual Harassment and / or any Person reporting an incident of Sexual Harassment. A third party can also be a Complainant, however, a written Complaint from the Person who has been subject to Sexual Harassment is mandatory to be filed with the ICC as the case may be.

**Respondent:** The person who is alleged / reported to have committed an act of Sexual Harassment.



## **Duties of employer**

Every employer shall—

- Provide a safe working environment at the workplace, shall include safety from the persons coming into contact at the workplace,
- Display at any conspicuous place in the workplace, the penal consequences of sexual harassments; and the order constituting, the Internal Complaint Committee under sub-section (1) of section 4 of the Act.
- Organise workshops and awareness programmes at regular intervals for sensitising the students and employees with the provisions of the Act and orientation programmes for the members of the Internal Complaint Committee in the manner as may be prescribed;
- Provide necessary facilities to the Internal Complaint Committee as the case may be, for dealing with the complaint and conducting an inquiry;
- Assist in securing the attendance of respondent and witnesses before the Internal Complaint Committee as the case may be;
- Make available such information to the Internal Complaint Committee as the case be, as it may require having regard to the complaint made under sub-section (1) of section 9 of the Act.
- Provide assistance to the woman if she so chooses to file a complaint in relation to the offence under the Indian Penal Code (45 of 1860) or any other law for the time being in force;
- Cause to initiate action, under the Indian Penal Code (45 of 1860) or any other law for the time being in force, against the perpetrator, or if the aggrieved woman so desires, where the perpetrator is not an employee, in the workplace at which the incident of sexual harassment took place;
- Treat sexual harassment as a misconduct under the service rules and initiate action for such misconduct;
- Monitor the timely submission of reports by the Internal Complaint Committee.

## **Conclusion**

*This is hereby clarified that Arts, Science and Commerce College, Chikhaldara shall comply the guidelines and provisions of the Sexual harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act 2013 and rules made there under other laws of the land made in this regard. Also provide conducive and healthy work environment where the relationship amongst the employees/students as well as to provide them excellent, comfortable, safe and healthy work environment, so that they can come out with their best in all facets.*



ML  
**PRINCIPAL**  
**Arts, Science & Commerce**  
**College, Chikhaldara**



Sipna Shikshan Prasarak Mandal, Amravati's  
ARTS, SCIENCE AND COMMERCE COLLEGE,  
CHIKHALDARA, DISTT. AMRAVATI (MS)

4<sup>th</sup> Cycle Re-accredited by NAAC with Grade 'A' (CGPA 3.22)



## Gender Equality

2023-24

### Internal Complaint Committee

- **Date** : 2 April 2024
- **Venue** : Seminar Hall, Art's, Sci. & Commerce College Chikhaldara
- **Objectives** :
  1. Promote equal to access to opportunity and education.
  2. Empower Women for better futures
  3. Eliminate gender-based violence
  4. Increase women's participants in decision making.
  5. Promote Positive gender roles.
- **Brief Report** :

**Internal Complaint Committee** arranges Guest lecture for the students on Gender Equality on **2<sup>nd</sup> April 2024**. Gender equality is not only a fundamental human right, but a necessary foundation for a peaceful, prosperous and sustainable world. Gender equality prevents violence against women and girls. It's essential for economic prosperity. Societies that value women and men as equal are safer and healthier.

**Dr.U.R.Kokate**, Coordinator of Internal Complaint Committee introduced students about importance and work of committee. **Dr.S.N.Jagtap**, member and speaker gave valuable speech on gender equality.

**Dr.S.N.Jagtap**, guided such points: on 'Gender equality'

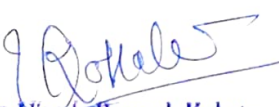
1. **Education and Awareness:** Education is the cornerstone of gender equality. We must educate ourselves and future generations about gender stereotypes and their harmful impacts. Schools and workplaces must encourage equal opportunities for all, breaking down barriers that limit individual potential.
2. **Promote Equal Pay:** Women still earn less than men for doing the same job. It is time to close the gender pay gap and ensure that wages are determined by skill and experience, not gender.

3. **End Gender-based Violence:** Gender-based violence affects millions around the world. Governments, communities, and individuals must work together to prevent violence, provide support for survivors, and hold perpetrators accountable.
4. **Support Women in Leadership:** Women must be given equal opportunities to lead, whether in business, politics, or other sectors. Diverse leadership results in better decision-making and progress for all.
5. **Encourage Men to Engage:** Gender equality is not just a women's issue; it's a human issue. Men and boys must be part of the conversation and the solution. They can be allies by challenging harmful gender norms and promoting a culture of equality.

In her speech she gave valuable information about gender equality and why it is important for society. Madam said that gender equality is a goal in itself and a prerequisite for sustainable and peaceful development. Gender equality is achieved when women, men, girls, and boys have equal rights, conditions and opportunities, and contribute to the development of society. Gender equality is essential to achieve peaceful society, with full human potential and sustainable development.

**Dr. U.S. Wasnik**, member of committee gave vote of thanks, and concluded the program.

- **Beneficiaries : 47 students participated**

  
Dr. Ujjwala Ramesh Kokate  
**Coordinator**  
Department of Botany  
Arts, Science & Commerce College,  
Chikhaldara

  
**Principal**  
**PRINCIPAL**  
Art, Science & Commerce  
College, Chikhaldara



Dr. S. N. Jagtap Introducing and aware students about Gender equality



Dr. U.R. Kokate guiding students about Gender equality

To

The Principal  
Arts, Science and Commerce College,  
Chikhaldara

Subject: Request for permission to organize "Add-on course on Balance Diet and Yoga" And  
International Yoga Day 21 June 2023.

R/Sir,

I hope this letter finds you well. I am waiting to seek your permission to organize Add-on course on Balance Diet and Yoga And International Yoga Day, 21 June, At police kawayat Maidan, Chikhaldara premises and Add-on course at college premises from 12 June to 21 June 2023 at 7.00 to 10.00 am. .

The purpose of this event is providing Balance diet, yoga knowledge, and to motivate local as well as college students to take part in the Add-on course for their good health. We believe it will contribute significantly to the overall development and engagement of our college community.

We assure you that necessary arrangements and precautions will be taken to ensure the smooth conduct of the event without causing any disturbance to regular college activities.

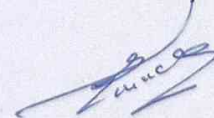
We kindly request your approval for this initiative and would be grateful for any guidance or conditions you may have.

Thank you for considering our request. We look forward to your positive response.

Date: 11/06/2023

Chikhaldara

Sincerely



Dr. P. G. Gawande

Director of Physical Education and Sports

**P. G. GAWANDE**  
Director of Physical Education  
Arts, Sci. & Commerce College, Chikhaldara

Sipna Shikshan Prasarak Mandal Amravati's,  
Arts, Science & Commerce College, Chikhaldara, District Amravati

Department Of Physical Education and Sports and N.S.S.

21 June 2023, International Yoga Day workshop on

"Yoga Protocol and Importance of Yoga in daily Life"

Jointly organized with

B. S. Patil Mahavidyalaya, Paratwada, Late C. M. Kadhi College, Paratwada,

Tahsil office, Nagar Parishad office, Police station, Chikhaldara and Girijan Sharirik  
Shikshan Mahavidyalaya, Chikhaldara, District Amravati

### Report

**Name of Committee's** : Sports and NSS

**Year** : ~~2023~~ 24

**Title of program conducted** : International Yoga Day, Workshop on "Yoga  
Protocol and Importance of Yoga in daily Life"

**Date of program** : 21 June 2023

**Objective of program** :

- Help to achieve holistic health of every individual.
- Enable the students to have good health and integrate moral values.
- Stay healthy through Yoga.

**Number of beneficiaries** : 294

**References** : (01) N.S.S. SGBAU Letter No. Dated: /06/2023  
(02) ASCC, Chikhaldara, ZOOM Meeting With Hon.  
Principal, dated: 17 June 2023

**Brief summary of the program** :

Department of Physical education & sports and National Service Scheme of Arts, Science And Commerce College, Chikhaldara, District Amravati, Jointly organized 21 June International Yoga Day workshop on the topic "Yoga Protocol and Importance of Yoga in

daily Life", with B. S. Patil Mahavidyalaya, Paratwada, Late C. M. Kadhi College, Paratwada, Tahsil office, Nagar Parishad office, Police station and Girijan Sharirik Shikshan Mahavidyalaya, Chikhaldara, District Amravati. This year's theme was "Yoga for Vasudhaiv Kutumbkam", (One Earth, One Family, One Future).

At the outset dignitaries present on the dais Principal Dr. R.S. Jaipurkar, Ku. Maya Mane, Tahsildar, Chikhaldara, Mrs. Nimaje madam, Shri. Mandar Puri, Thanedar, Police Station, Chikhaldara, Social worker Ashrafbhai, Principal Prof. Anil Nimbekar, Girijan Sharirik Shikshan Mahavidyalaya, Chikhaldara, were welcomed by offering bouquet.


Principal Dr. R.S. Jaipurkar, former Pro-Vice chancellor of Sant Gadge Baba Amravati University Amravati, in his presidential address guided the gathering saying, International Yoga Day is observed globally, to highlight the importance of yoga day in the contemporary era, Yoga should become an integral part of every one's life to make India fit and healthy. Smt. Maya Mane Tahsildar, Chikhaldara, Thanedar Shri. Mandar Puri Police station, Chikhaldara were prominently present on this occasion.

Dr. Ravindra Sawarkar and Shri. Jangbahadur Varma were present as Yoga experts to deliver lectures on Yoga Protocol and Importance of Yoga in daily Life". They delivered the lectures with demonstration of various asanas, Pranayama and meditation. Total 294 participants attended the programme. Participants from both the organizing colleges from Paratwada were online present in the program through "Zoom". Both the speakers simplified yoga postures sharing several tips, dietary tips also shared by them.


Introductory remarks, conduct of Programme and vote of thanks were proposed by Dr. P. G. Gawande, Director Of Physical Education and Sports. N.S.S. Coordinator Prof. Vivek Morey, Dr. P. G. Gawande, Shri. Hemant Bakshi, Shri. Jangbahadur Varma, non teaching staff of ASCC and GSSM, Chikhaldara took efforts for the success of programme. The event was celebrated with warmth and enthusiasm with large participation from locals.



Prof. Vivek More

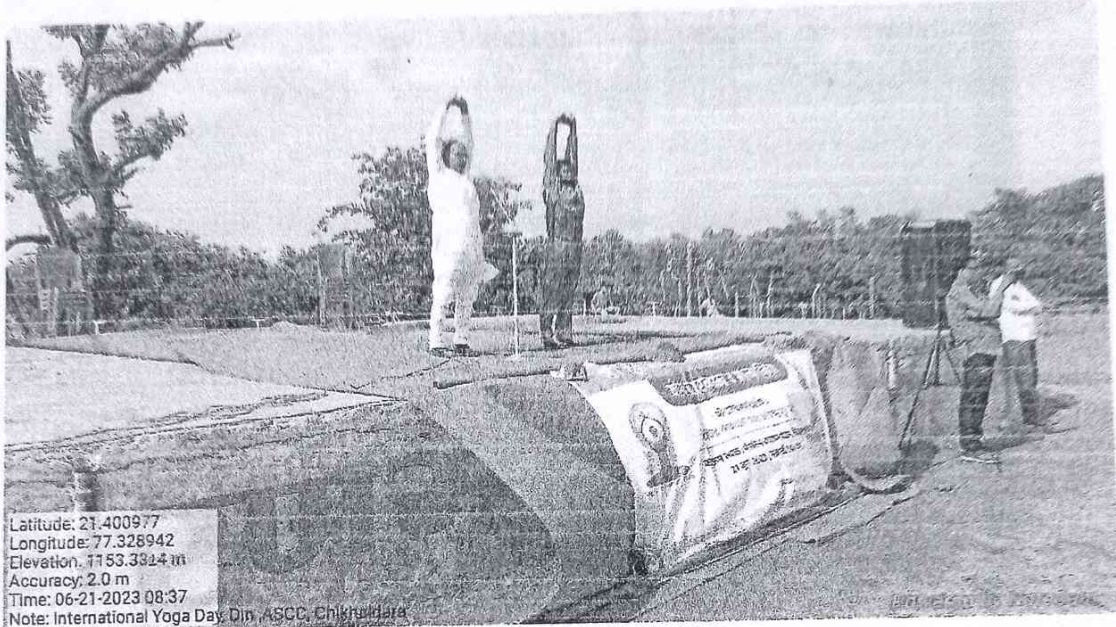


Dr. P.G. Gawande  
**P. G. GAWANDE**  
Director of Physical Education  
Arts, Sci. & Commerce College, Chikhaldara

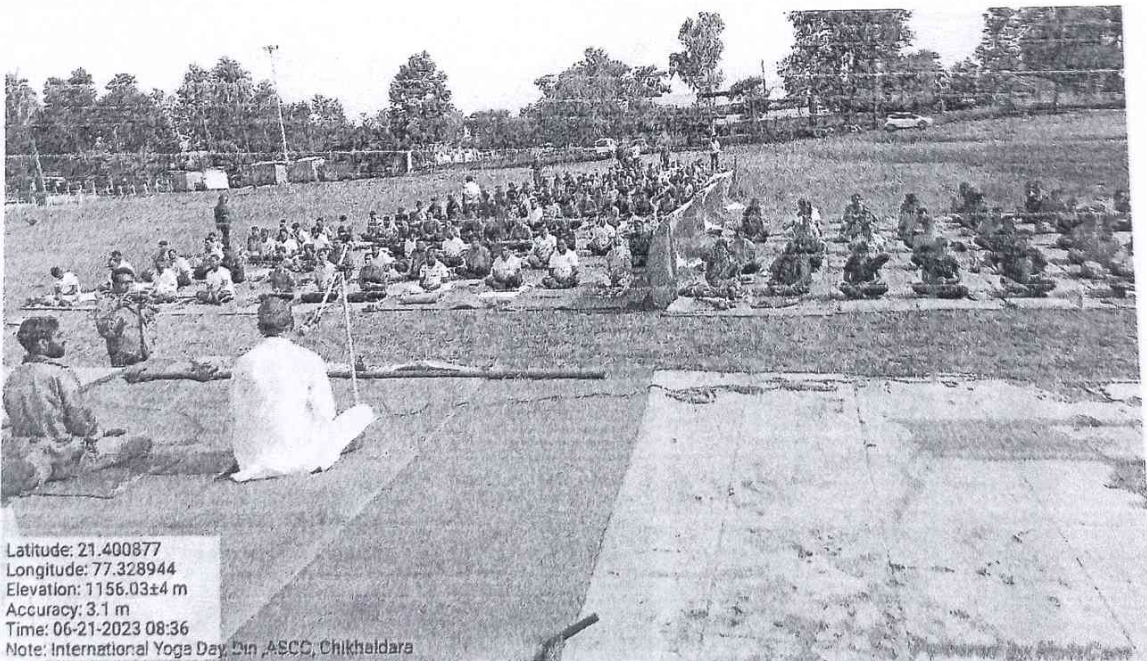


Dr. R. S. Jaipurkar  
**PRINCIPAL**  
Art, Science & Commerce  
College, Chikhaldara

Sipna Shikshan Prasarak Mandal Amravati's,  
Arts, Science & Commerce College, Chikhaldara, District Amravati  
Department Of Physical Education and Sports and N.S.S.  
2023, 21 June International Yoga Day workshop  
"Yoga Protocol and Importance of Yoga in daily Life",



Experts are performing yoga in workshop.

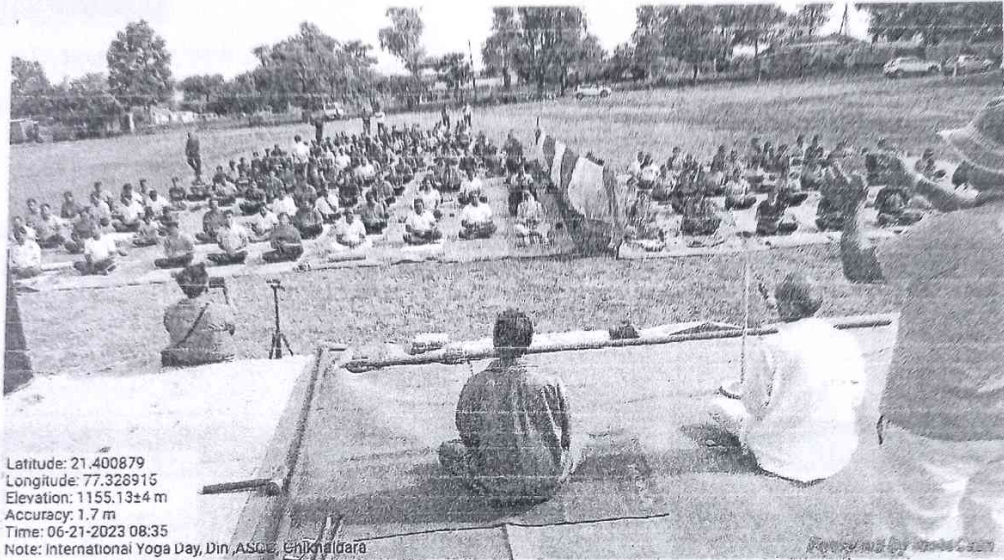


Experts and participants performing yoga in workshop.

**G. GAWANDE**  
Director of Physical Education,  
Arts, Sci. & Commerce College, Chikhaldara

**PRINCIPAL**  
Art, Science & Commerce  
College, Chikhaldara

Sipna Shikshan Prasarak Mandal Amravati's,  
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 Department Of Physical Education and Sports and N.S.S.  
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Participants are seen in Yoga workshop



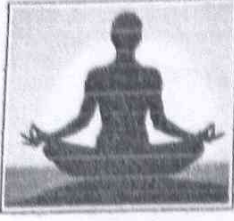
Yoga experts are seen in Yoga workshop.

**T. G. GAWANDE**  
 Director of Physical Education

Art, Science & Commerce College, Chikhaldara

**PRINCIPAL**  
 Art, Science & Commerce  
 College, Chikhaldara

२१ जून आंतरराष्ट्रीय योग दिवस २०२३



## योग व्याख्यान व प्रात्यक्षिक (वसुधैव कुटुंबकमसाठी योग)



योग म्हणजे केवळ काही आसने नव्हे योग हा जीवन जगण्याचा एक मार्ग आहे. सगळ्या विश्वाशी एकत्र होऊ पाहणे जे जे अस्तीत्वात आहे त्या सर्वांचा स्वीकार करू पाहणे म्हणजे योग. यथे आपल्या काही आयुष्य, प्राणायाम यंत्रणे अर्पित आहे हे जरी आपण निव्विना पणे केले तर एक स्वस्थ, आनंदी, समृद्ध आणि निरोगी जीवन आपण जगू शकतो.

चिखलदरा नगरी आणि लगतच्या ग्रामिण परिसरातील सर्व विद्यार्थी, नागरिक, बंधू, भगिनी यांना नम्र निवेदन करण्यात येते की, येणाऱ्या २१ जून 'योगदिनाच्या' निमित्ताने चिखलदरा येथील पोर्लाम कवायत मैदान येथे भव्य प्रात्यक्षिक आणि मार्गदर्शनचे आयोजन केले आहे. सर्वांनी या कार्यक्रमास मोठ्या संख्येने उपस्थित राहून या कार्यक्रमाचा लाभ घ्यावा.

आपल्या मित्र मंडळांना नात्यातल्या व परिचारातल्या लोकांना योग करायला सांगून त्यांचेही जीवन आनंदी निरोगी आणि प्रदिग्ध करू शकतो. चला योग करू या.

**योगतज्ञ मार्गदर्शक :- डॉ. रवींद्र सावरकर, श्री. जंगबहादूर वर्मा**

**कार्यक्रमा स्थळ :- पोर्लाम कवायत मैदान, चिखलदरा  
वेळ - सकाळी ७.४५ ते ९.०० पर्यंत**

### \* विनीत \*

कु.माया माने  
तहसिलदार, चिखलदरा

श्री.सुधाकर पानडडे  
मुख्याधिकारी, न.प. चिखलदरा

श्री. मंदार पुरी  
सहाय्यक पोर्लाम निरीक्षक, वाणेदार,  
पोर्लाम स्टेशन, चिखलदरा

डॉ. राजेश जयपूरकर  
प्राचार्य कला, विज्ञान व वाणिज्य महा. चिखलदरा  
(कडी ६-कुलगुरु संत गाडगे इ. असावने विद्यपीठ, जम्हाती)

डॉ. शोभा रोखडे  
प्राचार्य, र.व. सी. एम. कडी कला महाविद्यालय, परतवाडा

डॉ. अनिल निंबेकर  
प्राचार्य, गिरिजन शारीरिक शिक्षण महा. चिखलदरा

डॉ. एकनाथ तट्टे  
प्राचार्य, बी.एस. पाटील महाविद्यालय, परतवाडा

### \* आयोजक \*

शारीरिक शिक्षण व क्रीडा विभाग आणि राष्ट्रीय सेवा योजना  
कला, विज्ञान व वाणिज्य महाविद्यालय चिखलदरा, जि. अमरावती

- तहसिल कार्यालय चिखलदरा ● नगर परिषद चिखलदरा
  - पोर्लाम स्टेशन चिखलदरा ● गिरिजन शारीरिक शिक्षण महाविद्यालय चिखलदरा
  - स्व. मी. एम. कडी कला महाविद्यालय परतवाडा ● बी. एस. पाटील महाविद्यालय परतवाडा
- यांच्या संयुक्त विद्यमाने आयोजित

**\* टीप :-** कार्यक्रमाची वेळी जर पाऊस असला तर हा कार्यक्रम नगर परिषद चिखलदरा येथील हॉल मध्ये आयोजित केला जाईल. सर्वांनी आपआपली योग्य मंड सततची किंवा वटई आणवी. सल कपडे परिधान केल्यास उत्तम.

**F. G. GAWANDE**

Director of Physical Education  
Arts, Sci. & Commerce Collage, Chikhaldara

**PRINCIPAL**

Art, Science & Commerce  
College, Chikhaldara

Sipna Shikshan Prasarak Mandal Amravati's,  
Arts, Science & Commerce College, Chikhaldara, District Amravati  
21 June International Yoga Day 2023,  
Workshop on "Yoga Protocol and Importance of Yoga in daily Life",  
Published News in daily news paper

## चिखलदरा येथे योगा प्रात्यक्षिक

चिखलदरा : येथील कला, विज्ञान व वाणिज्य महाविद्यालय, तहसील कार्यालय, पोलिस ठाणे, नगरपरिषद, गिरिजन शारीरिक शिक्षण महाविद्यालय तसेच बी. एस. पी. कॉलेज, सी. एम. कट्टी महाविद्यालय, परतवाडा यांच्या संयुक्त विद्यमाने २१ जून २०२३ रोजी योगा प्रात्यक्षिक व सराव



कार्यक्रमाचे आयोजन करण्यात आले होते. प्राचार्य तथा माजी प्र-कुलगुरू डॉ. राजेश जयपूरकर यांच्या मार्गदर्शनात विद्यार्थी, शिक्षक, पालक व कर्मचाऱ्यांनी योगदिनानिमित्त प्राणायाम व योगप्रशिक्षण घेऊन प्रत्यक्ष सराव केला. याप्रसंगी तहसीलदार माया माने, ठाणेदार मंदार पुरी तथा सहायक पोलिस निरीक्षक श्रीमती निमजे, प्राचार्य अनिल निंबेकर यांनी उपस्थित राहून योग केला. प्राचार्य डॉ. एकनाथ तट्टे, प्राचार्य डॉ. शोभा शेकडे यांनी विशेष पाहुणे म्हणून ऑनलाइन हजेरी लावली. योगप्रात्यक्षिके डॉ. रवींद्र सावरकर तथा जंगबहादूर वर्मा यांनी केली. या कार्यक्रमाचे आयोजन चिखलदरा येथील पोलिस कवायत मैदानावर २१ जून रोजी करण्यात आले होते. संचालन डॉ. प्रशांत गावंडे यांनी केले. यशस्वीतेसाठी शिक्षण संचालक डॉ. प्रशांत, रासेयो कार्यक्रमाधिकारी प्रा. विवेक मोरे यांनी सहकार्य केले.

## देशोन्मत्ती

### चिखलदरा नगरीत आंतरराष्ट्रीय योग दिनानिमित्त योग प्रात्यक्षिक



देशोन्नती वृत्तसंकलन...

चिखलदरा : येथील कला, विज्ञान व वाणिज्य महाविद्यालयाच्या शारीरिक शिक्षण विभाग आणि राष्ट्रीय सेवा योजना आणि तहसील कार्यालय, योशिसा स्टेशन, नगर परिषद, गिरिजन शारीरिक शिक्षण महाविद्यालय तसेच बी. एस. पी. कॉलेज, परतवाडा, सी. एम. कट्टी

महाविद्यालय, परतवाडा यांच्या संयुक्त विद्यमाने २१ जून रोजी मध्य योगा प्रात्यक्षिक व सराव कार्यक्रमाचे यशस्वी आयोजन करण्यात आले.

आधुनिक काळात योग व प्राणायाम यांचे महत्त्व समाजास कदाचि अजिण वसुधैव

कुटुंबाच्या व परंपरा निभण्याच्या उद्देशाने वैयक्तिक व समाजात्मिक सर्व शिवाकांनी व कठी पुरुषांनी दर रोज योग व प्राणायाम करायला या विद्यमाने प्रेरित होऊन कला विभाग व वाणिज्य महाविद्यालय चिखलदराचे प्राचार्य तथा माजी प्र-कुलगुरू डॉ. राजेश जी जयपूरकर यांचे मार्गदर्शनात मोठ्या संख्येने उपस्थित विद्यार्थी, शिक्षक, पालक व कर्मचाऱ्या व अनेक नागरिकांनी योग दिनानिमित्त प्राणायाम व योग प्रशिक्षण घेऊन प्रत्यक्ष सराव केला. यशस्वी चिखलदराचे तहसीलदार कु. माया माने, ठाणेदार मंदार पुरी तथा सहायक पोलिस निरीक्षक निमजे शारीरिक शिक्षण महाविद्यालयाचे प्राचार्य अनिल निंबेकर हे

विशेष अतिथी म्हणून उपस्थित राहून योग केला. या कार्यक्रमाचे संवादन व आभार प्रदर्शन शारीरिक शिक्षण संचालक डॉ. प्रशांत गावंडे यांनी केले.

### प्लॉट उपलब्ध

अमरावती शहराच्या पय्यबागी स्थित राम लक्ष्मण संकुल मार्केटच्या मागे, KL कॉलेज रोडवर मोकेशिार प्लॉट विकते आहे. फक्त २ प्लॉट उपलब्ध.

संपर्क : मो. नं. ९५६९८३३३८२

Desonnnati Edition  
Jun 23, 2023 Page No. 7  
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**P. G. GAWANDE**  
Director of Physical Education  
Sci. & Commerce College, Chikhaldara

**PRINCIPAL**  
Art, Science & Commerce  
College, Chikhaldara

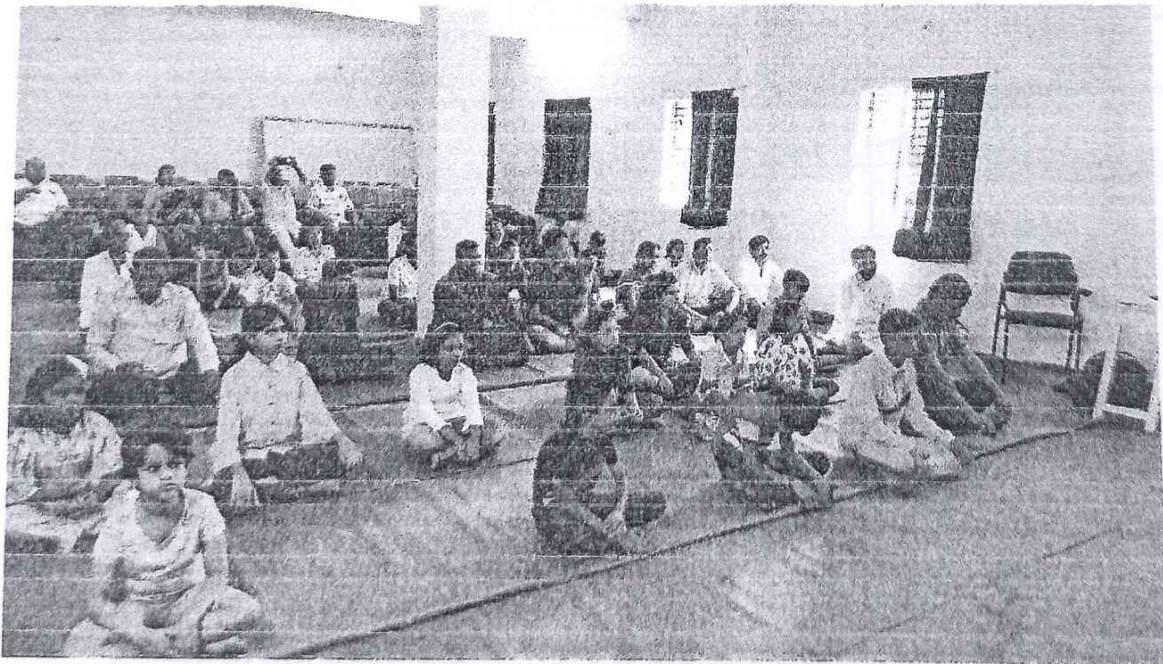


Sipna Shikshan Prasarak Mandal Amravati s,

Arts, Science & Commerce College, Chikhaldara, District Amravati

Workshop on "Yoga Protocol and Importance of Yoga in daily Life",

Online participants on Zoom Link



Participant's attendance online, at B.S. Patil Mahavidyalaya, Paratwada

**P. G. GAWANDE**

Director of Physical Education

Arts, Sci. & Commerce College, Chikhaldara

**PRINCIPAL**

Art, Science & Commerce  
College, Chikhaldara

अ.क्र.	नांव	मोबाईल क्रमांक	स्वाक्षरी
1	विजया वि. वाकोडे	7887950389	<u>Wakode</u>
2)	सौ पुजा वाठो	7057065513	<u>Watho</u>
3)	कु. वैशाली जेजोब टोळा	9325919734	<u>Jejow</u>
4)	भा. गणेश लुवार सुढाव	9763109042	<u>BSudhav</u>
5)	मंग. डी. मडावी	9420336885	<u>Mandavi</u>
6)	रुहा. आर. सडमेक	9404679294	<u>Sadme</u>
7)	लक्ष्मी जी. जाधव	9422182505	<u>Jadhav</u>
8)	माया उम नरोडे	8275932419	<u>Narode</u>
9)	कमळा उम. रामटेके	8975849653	<u>Ramteke</u>
10)	रंजू आर. मडावी	7588928896	<u>Mandavi</u>
11	निळा उम पुंगाडी	9403669780	<u>Pungadi</u>
12)	नेहा आर. गिरी	7218230363	<u>Giri</u>
13)	डु. सोनिया रं. वांदिरे	8411804694	<u>Vandire</u>
14)	कु. प्रियंका दादाजी जावहेकर	8605384883	<u>Javhekar</u>
15)	नंदा अशोक रामले	7774869618	<u>Ramale</u>
16)	शिवकन्या शंकर वरधर	7038049356	<u>Shankar</u>
17)	Maya Ashok Mame	8324732305	<u>Mame</u>
18)	सजना रमेश खोत्रसे	96999538984	<u>Khotrse</u>
19)	सुनिता हिराजी तोप	7620742480	<u>Tope</u>
20)	दिन्या अमरनिंग डुईके	7773914771	<u>Durik</u>
21)	पुनम सुरजनाथ मावळकर	7588158724	<u>Mavalkar</u>
22)	सुनिता शंकरनाथ कार्दकर	8788036939	<u>Kardkar</u>
23)	अंजु राहुबराव बेतारसे	7499203549	<u>Betarase</u>
24)	भारती रमेश डुईके	9894038876	<u>Durik</u>
25)	Rajaw' Durik	7769026894	<u>Durik</u>
26)	रिया नितेश वेडे	7620759865	<u>Wede</u>
27)	पुनम चण्डु काले	9022102683	<u>Kale</u>
28)	आरती सुरेश फाळंदे	9579386496	<u>Falande</u>
29)	Basantli R. Dvashimbe	7378546342	<u>Dvashimbe</u>

कला, विज्ञान व वाणिज्य महाविद्यालय, चिखलदरा, जि. अमरावती

२१ जून आंतरराष्ट्रीय योग दिवस २०२३

योग व्याख्यान व प्रात्याक्षिक  
( वसुधैव कुटुंबकमसाठी योग)

अ.क्र.	नांव	मोबाईल क्रमांक	स्वाक्षरी
२०	पुजा मदन डोंगरे	9359726462	
२१	कुविता सुभाष भावकर	8329378902	
२२	दिपाला रमेश बनकर	7038460132	
२३	API शिंतल प्रसन्न निमण	7030171964	
२४	आरवती मदन डोंगरे	9423978335	
२५	वैष्णवी रामसिंग पंढाराम	9809424311	
२६	शिवाजी पंढरी मुंडे	7588291204	
२७	Dr. S.N. Taggar	9423420825	
२८	पुजा आनिल भावकर	8830757486	
२९	प्रियंका रमेश धिकार	9529691328	
३०	Dr. Usha S. Masnik	9423648847	
३१	सविता सुभाष सुंदे	9168428137	
			ML
			PRINCIPAL Art, Science & Commerce College, Chikhaldara
	P. G. GAWANDE Director of Physical Education Arts, Sci. & Commerce College, Chikhaldara		

Arts, Science and Commerce College, Chikhaldara

Attendance Sheet

International Yoga Day

21 June 2023

Sr. No	Name of Participants	Signature
01	Sri P. M. Kule	
02	D. C. HEDAOD	
03	H. V. Patkar	
04	V. H. Mashram	
05	A. R. Kanhu	
06	S. L. Kattawar	
07	P. M. Bhasatiya	
08	G. M. Sahu	
09	Mashraji	
10	P. S. Yewalle	
11	Mr. Prakash Milind Dhole - forest guard.	
12	श्री. सत्य नारायण - Forest	
13	श्री. बी. वसु. कावरे FTI Chikhaldara	
14	डि. आर. वेलकी FTI चिखलदरा	
15	जी. वाम. कावरे FTI चिखलदरा	
16	दिगंबर देवरा गायक	
17	संजय राहुळ पं. इ. - चिखलदरा	
18	आशिष कावरे चे. इ. चिखलदरा	
19	रामचंद्रा भिकादेव पं. इ. चिखलदरा	
20	दिनेश नानासाहेब लाडके (पं. इ.) चिखलदरा	
21	सविताम बाबुसाहेब कावरे (मा. इ.)	
22		
23	पुंजाव शिवाजी कावरे	
24	राज. पं. कावरे FTI चिखलदरा	
25	की. ए. कावरे FTI चिखलदरा	
26	Ajay. D. Sander	
27	Abhaya Kumar. B. Vaichya	
28	Rupesh Choukhe	
29	Rajendra P. Charjan Principal. Deepshikha G	
30	चतनय साठुसाहेब कावरे	
31	रामराव धरियाजी शिंदे	
32	D. M. Bonwane - FIT. Chikhaldara	
33	SAMYEK MANIS WANKH	
34	S. B. Surjuse, Police station Chikhaldara	
35	A. B. Gikud. Police station Chikhaldara	

**P. G. GAWANDE**  
 Director of Physical Education  
 Arts, Sci. & Commerce College, Chikhaldara

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Arts, Science and Commerce College, Chikhaldara

Attendance Sheet

International Yoga Day

21 June 2023

Sr. No	Name of Participants	Signature
01	Anjun Shriram Kondekar Chikhaldara	Akondekar
02	Najuko Namdeo Khandare	Najuko
03	Deepak Desai Samalkar PS Chikhaldara	Deepak
04	Sanjay Lakman Marsetwa	Sanjay
05	Vinay N. Kokate P.S	Vinay
06	Shrikam M. Kote	Shrikam
07	Rajendra P. Akashe	Rajendra
08	Vinod yadar Hingane	Vinod
09	Sambhaji Shondiba wadje	Sambhaji
10	mangesh kumbhar Jyotibhar	Mangesh
11	vilas M. Kapale	Vilas
12	Prajwal S. Kaluse	Prajwal
13	Sudhir Shamrao Akekar (Forest Training Inst)	Sudhir
14	Shankarrao V. Patil RFO FTRE	Shankarrao
15	Sunil B. Helkani	Sunil
16	Rutik Tayade	Rutik
17	Ram Kande Kulkarni	Ram
18	Kailaspati Tukaram Suryawanshi	Kailaspati
19	Pratul Desai Humnani	Pratul
20	M. P. Akade	M. P.
21	Siddhant Kumbhar	Siddhant
22	Dilip Padhal	Dilip
23	Munjalbhai Rukhad Police Station	Munjalbhai
24	Keshav Laxmanrao Kadam Forest G.	Keshav
25	Deepak Dalu Savalkar	Deepak
26	Shivkumar Ramkeshna Patorkar	Shivkumar
27	Anul Babu Rao Hivale	Anul
28	Vijay Panjabrao Gawhane FTI	Vijay
29	Shamrao Sitaram Kumbhar MFG	Shamrao
30	R. D. Desai Jyotibhar F.G.	R. D.
31	Aditya Prasad Deshmukh वन विभाग FG	Aditya
32	Dipak J. Vinay वन विभाग FGT FTI	Dipak
33	Pradip Kisan Rathod वन विभाग	Pradip
34	Shreshankant Dipak Maske वन विभाग	S. D. Maske
35	Ashish Digambar Hambhale वन विभाग	Ashish

P. G. GAWANDE

Director of Physical Education

Arts, Sci. & Commerce College, Chikhaldara

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Arts, Science and Commerce College, Chikhaldara  
Attendance Sheet  
International Yoga Day  
21 June 2023

Sr. No	Name of Participants	Signature
01	सम. वि. कापडवास वन प्रशिक्षण	
02	जे. ए. किर्लोस्की वन प्रशिक्षण संस्था चिखलदारा	
03	साविक सुरज वन प्रशिक्षण संस्था चिखलदारा	
04	सचिन जोरकर	
05	हरिकेश बेलसर ITI College	
06	रोहित शंभरकर ITI College	
07	सुरज सुखुम ITI College	
08	गणेश धोडे ITI College	
09	विशाल मावळकर ITI College	
10	विकास वासिंबे ITI College	
11	सावित्र बिर्से ITI College	
12	विकेश सुखारकर ITI College	
13	रोहन शिंदे ITI College	
14	Rahul M. Taide F.T.I.	
15	D P Thakur FTI	
16	Rakesh R. Gunjapadgy F.T.I	
17	Shivaram Nalke FTI college FTI	
18	एन. ए. मुंडे वने प्रशिक्षण संस्था चिखलदारा	
19	एम. यू. वेध वने प्रशिक्षण संस्था चिखलदारा	
20	गो. प्रसाद लाल - देवापुर	
22	गणेशजी शिंदे वने प्रशिक्षण संस्था चिखलदारा	
23	Karmvir D. Chinchur FTI	
24	मन. मन. शेख f.T.I chikhadar	
25	A. B. Gaikwad Gawilgad range office	
26	AKASH PRAKASH पलमपडे ITI	
27	Shiva Kesdekar ITI college	
28	Anil Kumbale ITI college	
29	Vijay B. Dahikar ITI College	
30	Mande, Dharm ITI College	
31	Aditya Kumbhar FTI College	
32	Vishal B. Solanki ITI college	
33	KISHOR GANU	
34	ए. आर. बरोडे वने प्रशिक्षण संस्था चिखलदारा	
35	एस एन मंडवी वने प्रशिक्षण संस्था चिखलदारा	

P. G. GAWANDE  
Director of Physical Education  
Arts, Sci. & Commerce College, Chikhaldara

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Arts, Science and Commerce College, Chikhaldara

Attendance Sheet

International Yoga Day

21 June 2023

Sr. No	Name of Participants	Signature
01	दिवकर ड. गिळा लळोडे प.प्र.स्व.सं.अ.प्र.	
02	तुषार हविदास धिरावरकर	
03	संजय गुंबळे 9403310367	
04	प्रविण काठी 7745746846	
05	दिनेश वैठोरडे	
06	संजय युवनाते 9322412162	
07	अभिषेक मोरे ITI college	
08	गोपाल शिंदे ASCC COLLEGE	
09	तुषार धीकार ITI college	
10	रवींद्र कुडु ITI college	
11	हवेल पोडोकार ITI college	
12	यश संजय मोरे ITI collage	
13	ओम श. शवरकर ITI F.T	
14	अंकित अ. भावरकर ITI DUM	
15	विजय स. मंगळे - Sipna college	
16	चक्रान्त त्र. लाडडे Sipna College.	
17	दत्तु वेळुल शिंदे	
18	प्रा. डॉ. मुकेश भा. सरदार (ASCC)	
19	पंकज जामकर ITI W.D	
20	रोहित धुर्वे H.V.P.M.	
21	रमेश धोळे ITI	
22	Mukesh D. Kankhade, Municipal Council -	
23	राजीव हरिभाऊ यांगूरकर	
24	छोभा रामगोपाल जंभेकर ITI collage	
25	Om Venjay Balinge ITI collage	
26	Pankaj Jayant Kalle ITI College	
27	Kamvilas Shankar Bawskar ITI collage	
28	आनंद व. सुनार ASCC.	
29	वी. एम. म्हाजरे	
30	दीपक महाराज	
31	Copet R. Dhokane	
32	Anil F. Bobade	
33	Dhesh B. Mavaskar ITI College	
34	H. U. Petkar (ASCC)	
35	Rajendra Hiral Sethekar ITI college	

P. G. GAWANDE

Director of Physical Education

Arts, Sci. & Commerce College, Chikhaldara

PRINCIPAL

Art, Science & Commerce  
College, Chikhaldara

Arts, Science and Commerce College, Chikhaldara

Attendance Sheet

International Yoga Day

21 Jun 2023

Sr. No	Name of Participants	Signature
01	ASM - SUNIL BHIMTE	
02	R. P. GADPANE	
03	Dr. V. D. KAPSE	
04	Vivek Mang	
05	Dr. Dilip Patil	
06	Dr. Mahendra Sangole	
07	N. J. Suryawanshi	
08	Ravesh D. Choudhary	
09	Ravindra Yewle	
10	Baldev R. Yawle	
11	Hemant Bakshi	
12	Dr. K. N. Shah	
13	Dr. P. G. Gawande	
14		
15		
16		
17	Total = 194 Present.	
18		
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23	<b>P. G. GAWANDE</b>	
24	Director of Physical Education	
25	Arts, Sci. & Commerce College, Chikhaldara	
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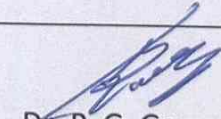
PRINCIPAL  
Art, Science & Commerce  
College, Chikhaldara

Sipna Shikshan Prasarak Mandal Amravati's,  
**Arts, Science & Commerce College, Chikhaldara**

Department Of Physical Education and Sports

**PROGRAMS UNDER MOU**

SR. NO.	NAME OF PROGRAMS UNDER MOU	Date Of Program	NAME OF PARTY WITH WHOM MOU IS ESTABLISHED AND DATE
01	"Workshop on Yoga Protocol and importance of yoga in daily Life". International Yoga Day ,	21 June 2023	(01) B. S. Patil Mahavidyalaya, Paratwada: 25/03/2020 (02) Late C.M. Kadhi College, Paratwada: 28/03/2020 (01) Hanuman Vyayam Prasarak Mandal, Amravati: 11/05/2022 (02) Degree college of Physical Education , Amravati: 11/05/2022
02	International Yoga Day, 21 June	21 June 2022	Late C.M. Kadhi College, Paratwada: 28/03/2020
03	Online "Yoga Workshop" (Count-Down of IDY)	28 May 2022	(01) B. S. Patil Mahavidyalaya, Paratwada: 25/03/2020 (02) Late C.M. Kadhi College, Paratwada: 28/03/2020
04	Online " Sports General Knowledge Test" on the occasion of National Sports Day	29 August 2021	(01) B. S. Patil Mahavidyalaya, Paratwada: 25/03/2020 (02) Late C.M. Kadhi College, Paratwada: 28/03/2020

  
Dr. P. G. Gawande

Director of Physical Education and Sports

**P. G. GAWANDE**  
Director of Physical Education  
Arts, Sci. & Commerce College, Chikhaldara



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**National Service Scheme**

**Report of NSS Special Camp**

**Academic Year: 2023-24**

**Title of the Activity :-** NSS Special Residential Camp (Shramsanskar Shibir)

**Date :-** 01/02/2024 to 08/02/2024

**Venue :-** Z. P. Primary School, Aladoh

**No. of Participants :-** 50

**Objectives :-**

- To create awareness among the students, about Labor, sanitation and environment protection.
- To enable students to spread awareness among society about Education, Superstition, sanitation and hygiene, environmental and various developmental issues.

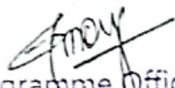
**Brief Report:-**

National Service Scheme's Special Residential Camp (Shram sanskar Shibir) was organized at Z.P. Primary School at adopted village Aladoh. during 01/02/2024 to 01/02/2024 Various Activities and Social awareness Programmes were conducted during the camp. A special project of Cleaning of Sludge (Gaal Upsa) was implemented by the students with the help of villagers through labor donation. The Camp was inaugurated by Hon'ble Dr. Nilesh Kadu, Director, National Service Scheme, Sant Gadge Baba Amravati University, Amravati, Mr. Babu Hekde, Upsarpanch of Gat Grampanchayat, Aladoh and Mr. Ramcharan Khadke, from Aladoh village were the chief guests of the function. They delivered speeches and emphasized the importance of this camp for the development of the village and the students also.

Dr. R. S. Jaipurkar, Principal presided over the inaugural function. Dr. S. N. Jagtap, Women programme officer was present on the occasion. Mr. Vivek M. Morey. Programme Officer made an introductory speech. Everyday Cleanliness Drive was taken in which All village premises and surrounding were cleaned by the Volunteers of National Service Scheme. In the afternoon intellectual session for volunteers were conducted by eminent expert speaker on various subject of social importance like Financial literacy, Sports and Yoga, Voters Rights, Personality Development, Water Conservation and management, Medicinal plants etc. At the evening a Cultural programme held every day for villagers. Volunteers, through Drama and Song made an attempt to

spread awareness on various social issues like Deaddiction, Dowery system, Superstition Literacy, women empowerment etc.

This camp was made successful under the able guidance of Dr. R.S. Jaipurkar, Ex Pro-Vice Chancellor, SGBAU, Amravati and Principal of the college. Programme officer Mr. Vivek Morey and Women Programme Officer Dr. S. N. Jagtap, Prof. P.M. Kute, Prof. A. R. Kanhu, Dr. S. L. Kottewar, Dr. A.R. Bakshi, Mr. Rajeev Panurkar and teachers and non-teaching staff with students took efforts to make the Special camp successful. Through this camp an attempt was made to spread awareness on Water Conservation and management, Sanitation, hygiene and environmental and social issues.

  
Programme Officer  
National Service Scheme  
Arts, Science & Commerce College  
Chikhaldara Pin-444807

  
PRINCIPAL  
Art, Science & Commerce  
College Chikhaldara



Students building the bund



Students participating in a street play Save girl child drive

ARTS, SCIENCE AND COMMERCE COLLEGE, CHIKHALDARA. DIST- AMRAVATI.

N.S.S SPECIAL CAMP ACADEMIC YEAR- 2023-2024

STUDENTS CAMP ATTENDANCE

Duration :01/02/2024 To 08/02/2024

Sr. No.	Students Name	Class	Category	02.02.24	03.02.24	04.02.24	05.02.24	06.02.24	07.02.24	08.02.24
1	Ku. Sakshi R. Jag	B-A I		Sakshi	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi
2	Ku. Maisha Sawarkar	B.Sc I	ST	Maisha	Maisha	Maisha	Maisha	Maisha	Maisha	Maisha
3	Ku. Ashwini Darsimbe	B.Sc II		Ashwini	Ashwini	Ashwini	Ashwini	Ashwini	Ashwini	Ashwini
4	Ku. Sunita Sawarkar	B.Sc II		Sunita	Sunita	Sunita	Sunita	Sunita	Sunita	Sunita
5	Ku. Kalyani Kasdekar	B.Com II		Kalyani	Kalyani	Kalyani	Kalyani	Kalyani	Kalyani	Kalyani
6	Ku. Renuka Tambekar	B.Com II	ST	Renuka	Renuka	Renuka	Renuka	Renuka	Renuka	Renuka
7	Ku. Sunanda Kasdekar	B.Sc II		Sunanda	Sunanda	Sunanda	Sunanda	Sunanda	Sunanda	Sunanda
8	Ku. Sharda Bhilavkar	B-A I		Sharda	Sharda	Sharda	Sharda	Sharda	Sharda	Sharda
9	Ku. Dhawantari Bharsakale	-II		Dhawantari	Dhawantari	Dhawantari	Dhawantari	Dhawantari	Dhawantari	Dhawantari
10	Ku. Tejnew R. Girhe	B.Sc III		Tejnew	Tejnew	Tejnew	Tejnew	Tejnew	Tejnew	Tejnew
11	Ku. Priya Lade	B-A I		Priya	Priya	Priya	Priya	Priya	Priya	Priya
12	Ku. Sandhya Bilve	B.Sc II		Sandhya	Sandhya	Sandhya	Sandhya	Sandhya	Sandhya	Sandhya
13	Ku. Sushila Belsane	-II		Sushila	Sushila	Sushila	Sushila	Sushila	Sushila	Sushila
14	Ku. Jiteshwari Dhaule	B-A II		Jiteshwari	Jiteshwari	Jiteshwari	Jiteshwari	Jiteshwari	Jiteshwari	Jiteshwari
15	Ku. Roshani Belsane	B.Com I		Roshani	Roshani	Roshani	Roshani	Roshani	Roshani	Roshani
16	Ku. Sonali Jawarkar	B.Sc I		Sonali	Sonali	Sonali	Sonali	Sonali	Sonali	Sonali
17	Ku. Ramkala Pimunkar	B-A I		Ramkala	Ramkala	Ramkala	Ramkala	Ramkala	Ramkala	Ramkala
18	Ku. Trupti Phobale	B.Sc I		Trupti	Trupti	Trupti	Trupti	Trupti	Trupti	Trupti
19	Ku. Nilima Jamale	B-A I		Nilima	Nilima	Nilima	Nilima	Nilima	Nilima	Nilima
20	Ku. Kavita Bhilavkar	-II		Kavita	Kavita	Kavita	Kavita	Kavita	Kavita	Kavita
21	Ku. Karishma Bhilavkar	B-A I		Karishma	Karishma	Karishma	Karishma	Karishma	Karishma	Karishma
22	Ku. Dipali Kale	B.Sc II		Dipali	Dipali	Dipali	Dipali	Dipali	Dipali	Dipali
23	Ku. Dipali Dhaule	B-A I		Dipali	Dipali	Dipali	Dipali	Dipali	Dipali	Dipali
24	Ku. Samiksha E. Kale	B.Com II		Samiksha	Samiksha	Samiksha	Samiksha	Samiksha	Samiksha	Samiksha
25	Ku. Anita S. Zamaskar	-II		Anita	Anita	Anita	Anita	Anita	Anita	Anita

26	Ku. Rupali Bethekar	B.com I	S.T	Rupali	Rupali	Rupali	Rupali	Rupali	Rupali	Rupali	Rupali
27	Umesh Ramesh Belsare	B.com II	S.T	Umesh	Umesh	Umesh	Umesh	Umesh	Umesh	Umesh	Umesh
28	Abhisek Manu. Darsimbe	B.Sc III	ST	Abhisek	Abhisek	Abhisek	Abhisek	Abhisek	Abhisek	Abhisek	Abhisek
29	Rajesh shivpal Belsare	B.A II	S.T.	Bhimbare	Bhimbare	Bhimbare	Bhimbare	Bhimbare	Bhimbare	Bhimbare	Bhimbare
30	Vaibhav Raju. Parsimbe	-II-	S.T.	Vaibhav	Vaibhav	Vaibhav	Vaibhav	Vaibhav	Vaibhav	Vaibhav	Vaibhav
31	Akash Ramesh Dhikar	-II-	S.T	Akash	Akash	Akash	Akash	Akash	Akash	Akash	Akash
32	Omprakash Naku Harsule	B.com II	S.C	Omprakash	Omprakash	Omprakash	Omprakash	Omprakash	Omprakash	Omprakash	Omprakash
33	Akshay Bhaivatal Kastekar	B.Sc II	ST	Akshay	Akshay	Akshay	Akshay	Akshay	Akshay	Akshay	Akshay
34	Rahul Ramesh Kastekar	-II-		Rahul	Rahul	Rahul	Rahul	Rahul	Rahul	Rahul	Rahul
35	Rishikesh Ramcharen Damate	B.Sc I	N.T.B	Rishikesh	Rishikesh	Rishikesh	Rishikesh	Rishikesh	Rishikesh	Rishikesh	Rishikesh
36	Vishvajit Rajkumar Hekade	-II-	N.T.B	Vishvajit	Vishvajit	Vishvajit	Vishvajit	Vishvajit	Vishvajit	Vishvajit	Vishvajit
37	Sivraj Ganwanjat.	B.Sc II		Sivraj	Sivraj	Sivraj	Sivraj	Sivraj	Sivraj	Sivraj	Sivraj
38	Kaustubh Rajiv Panurker	B.Sc II	OT	Kaustubh	Kaustubh	Kaustubh	Kaustubh	Kaustubh	Kaustubh	Kaustubh	Kaustubh
39	Ku. Durga Dhanade	B.A II	<del>ST</del>	Durga	Durga	Durga	Durga	Durga	Durga	Durga	Durga
40	Rakesh Vinay mawaskot	B.com III	S.T	Rakesh	Rakesh	Rakesh	Rakesh	Rakesh	Rakesh	Rakesh	Rakesh
41	Ankit Shaunkar Kastekar	-II-	S.T	Ankit	Ankit	Ankit	Ankit	Ankit	Ankit	Ankit	Ankit
42	Kailash Pannala Tambekar	-II-	S.T.	Kailash	Kailash	Kailash	Kailash	Kailash	Kailash	Kailash	Kailash
43	Vinit Sinvas	B.A II	Open	Vinit	Vinit	Vinit	Vinit	Vinit	Vinit	Vinit	Vinit
44	Ku. Rupa Bhilare Cor	B.Sc II	ST.	Rupa	Rupa	Rupa	Rupa	Rupa	Rupa	Rupa	Rupa
45	Ku. Ragini H. Punurker	B.com III	ST	Ragini	Ragini	Ragini	Ragini	Ragini	Ragini	Ragini	Ragini
46	Ku. Tashada Darsimbe	-II-	-II-	Tashada	Tashada	Tashada	Tashada	Tashada	Tashada	Tashada	Tashada
47	Senak Kastekar	B.com II	ST.	Senak	Senak	Senak	Senak	Senak	Senak	Senak	Senak
48	Ku. Kajal Narayan Pant	B.com III	N.T.B	Kajal	Kajal	Kajal	Kajal	Kajal	Kajal	Kajal	Kajal
49	Nitesh Bhatkar	B.Sc III	S.C	Nitesh	Nitesh	Nitesh	Nitesh	Nitesh	Nitesh	Nitesh	Nitesh
50	Dalwika Sharma	-II-	Open	Dalwika	Dalwika	Dalwika	Dalwika	Dalwika	Dalwika	Dalwika	Dalwika

NSS PROGRAMME OFFICER  
 Programme Officer  
 National Service Scheme  
 Arts, Science & Commerce College  
 Chikhaldara Pin-444807

PRINCIPAL  
 Art, Science & Commerce  
 College, Chikhaldara

**- शिबिरातील दनादन कार्यक्रम -**

प्रार्थना, प्राणायाम, योगा, व प्रभातफेरी	सकाळी ६.०० ते ७.००
ग्राम स्वच्छता, स्वच्छ भारत अभियान	सकाळी ७.०० ते ८.००
जल्पोपहार	सकाळी ८.०० ते ८.३०
श्रमदान (नियोजित प्रकल्पावर)	सकाळी ८.३० ते १२.००
भोजन व वैयक्तिक स्वच्छता	दुपारी १२.०० ते ३.००
बौद्धिक सत्र (व्याख्यान)	दुपारी ३.०० ते ५.३०
गावकन्यांशी चर्चा गट चर्चा	सायं. ५.३० ते ६.३०
प्रार्थना, स्फूर्तिगीते	सायं ६.३० ते ७.००
भोजन	रात्री ७.०० ते ८.००
सांस्कृतिक कार्यक्रम	रात्री ८.०० ते ९.००

**- शिबिरादरम्यान राबवण्याचे उपक्रम -**

- जल संचारण व जल व्यवस्थापन जनजागृती
- स्वच्छ भारत स्वस्थ भारत अभियान
- स्पर्धा परीक्षा मार्गदर्शन व व्यक्तिमत्त्व विकास
- पर्यावरण जनजागृती
- आरोग्य जनजागृती
- व्यसन मुक्ती जनजागृती
- मतादार जनजागृती
- अंधश्रद्धा निर्मुलन व जनजागृती
- युवा माहिती दूत मार्गदर्शन
- वित्तीय साक्षरता
- शासकीय योजनांची माहिती

**- शिबिरादरम्यान राबविण्यात येणारा प्रकल्प -**  
बंधारा दुरुस्ती व जलसंवर्धन - गाळ उपसा

**- उज्वल भविष्याकरिता राष्ट्रीय सेवा योजना -**  
माझ्यासाठी नव्हे तुमच्यासाठी - Not me but you

श्री/श्रीमती \_\_\_\_\_

**- खरा तो एकची धर्म जगाला प्रेम अर्पावे -**

टिप - आलाडोह हे गांव चिखलदरा येथून २.५ कि.मी. अंतरावर आहे.

\*\*\*

पल्लवी ग्राफिक्स, परतवाडा मो. 9834144580

शिबिरातील दनादन कार्यक्रम -  
शिपना शिक्षण प्रसारक मंडळ, अमरावती,  
द्वारा संचालित

कला, विज्ञान व वाणिज्य महाविद्यालय, चिखलदरा जि. अमरावती

**राष्ट्रीय सेवा योजना**  
**विशेष श्रमसंस्कार शिबीर**  
**॥ निमंत्रण पत्रिका ॥**

दिनांक - ०१/०२/२०२४ ते ०८/०२/२०२४  
स्थळ - जि.प.प्राथमिक मराठी शाळा, आलाडोह,  
ता.चिखलदरा, जि.अमरावती

श्री/श्रीमती \_\_\_\_\_

आमच्या महाविद्यालयाचे २०२३-२०२४ या सत्रातील राष्ट्रीय सेवा योजना विशेष श्रमसंस्कार शिबीर दि. ०१/०२/२०२४ ते ०८/०२/२०२४ या कालावधीत दत्तक ग्राम आलाडोह, ता.चिखलदरा, जि.अमरावती येथे आयोजित केले आहे. या शिबीरातील विविध कार्यक्रमांना आपली उपस्थिती प्रार्थनीय आहे.

- आपले विनीत -

डॉ.राजेश श. जयपूरकर

प्राचार्य कला, विज्ञान व वाणिज्य महाविद्यालय, चिखलदरा तथा माजी प्र.-कुलगुरु संत गाडगे बाबा अमरावती विद्यापीठ, अमरावती

कार्यक्रम अधिकारी  
प्रा.विवेक एम. मोरे

महिला कार्यक्रम अधिकारी  
प्रा.डॉ.एस.एन.जगत

रा.से.यो. विद्यार्थी गट प्रमुख  
रोशन रावजी मावस्कर

रा.से.यो. विद्यार्थीनी गट प्रमुख  
कु.त्रिवेणी गि

सरपंच  
मा.सां.मलाय धांडेकर

उपसरपंच  
मा.श्री.बाबु हेकडे

मुख्याध्यापक  
मा.श्री.रामचरण अंबुजी खड

पोलीस पाटील  
मा.श्री.नारायण येवले

ग्रा.प.सदस्य  
मा.श्री.गोपाल खडके

ग्राम पंचायत सति  
मा.श्री.एस.एस.रह

सर्व प्राध्यापक वृंद, शिक्षकेत्तर कर्मचारी व सन्माननीय गायकरी मंडळी

स्वच्छ भारत, स्वस्थ भारत - जिघंतपणी रक्तदान,  
जाता जाता नेत्रदान व अवयव दान

**- कार्यक्रम पत्रिका -**

**गुरुवार दिनांक 01/02/2028**

दुपारी १२.०० वा.  
सायंकाळी ५.०० वा.

शिविरार्थींचे आगमन, शिविराची पूर्व तयारी परिसर स्वच्छता व नोंदणी गावकऱ्यांशी चर्चा, प्रकल्प स्थळाची पाहणी, दुसऱ्या दिवशीच्या श्रमदान व कार्यक्रमाची तयारी

**शुक्रवार दिनांक 02/02/2028**

सकाळी ६.०० वा.  
दुपारी १२ ते १

प्रार्थना, योगासने, प्रभातफेरी, ग्राम स्वच्छता, स्वच्छ भारत अभियान उद्घाटन समारंभ

**उद्घाटन समारंभ**

**- कार्यक्रमाचे अध्यक्ष -**

**डॉ. राजेश श. जयपूरकर**

**- उद्घाटक -**

**मा. डॉ.निलेश कडू** (संचालक, रा.से.यो., संत गाडगे बाबा अमरावती विद्यापीठ, अमरावती)

**- प्रमुख अतिथी -**

**मा. श्री. राजवर्धन करंडे**

**मा. सौ. मलाय गांडेकर**

**मा. श्री. बाबु हेकडे**

**मा. श्री. गोपाल खेडके**

**मा. श्री. नारायण येवते**

**मा. श्री. एस.एस. रहाटे**

**मा. श्री. रामचरण अंबुजी खडके**

- संचालक हर्षवर्धन हॉटेल चिखलदरा  
- सरपंच ग्राम पंचायत, आलाडोह  
- उपसरपंच ग्राम पंचायत, आलाडोह  
- सदस्य ग्राम पंचायत, आलाडोह  
- पोलीस पाटील ग्राम पंचायत, आलाडोह  
- ग्राम पंचायत सचिव आलाडोह  
- मुख्याध्यापक जि.प.प्रा.म.शाळा, आलाडोह

दुपारी ३.०० ते ५.३०

बौद्धिक सत्र (व्याख्यान)

विषय - उर्जा संवर्धन - प्रा. डॉ. एन. जे. सुर्यवंशी

विषय - आध्यात्म - प्रो. डॉ. आनंद झुल्ल

**शनिवार दिनांक 03/02/2028**

सकाळी ६.०० वा.  
सकाळी ९ ते १२  
दुपारी ३.०० ते ५.३०

प्रार्थना, योगासने, प्रभातफेरी, ग्राम स्वच्छता, स्वच्छ भारत अभियान श्रमदान (नियोजित प्रकल्प)

बौद्धिक सत्र (व्याख्यान)

विषय - आर्थिक शिक्षण काळाची गरज - प्रा. आशिष कान्हू

विषय - तरुण पिढी समोरील आव्हाने :- प्रा. डॉ. एस. एन. जगताप

विषय - आहाराचे महत्व - डॉ. एन.बाय.भोगे

**रविवार दिनांक 04/02/2028**

सकाळी ६.०० वा.  
सकाळी ९ ते १२  
दुपारी २ ते ५.३०

प्रार्थना, योगासने, प्रभातफेरी, ग्राम स्वच्छता, स्वच्छ भारत अभियान श्रमदान (नियोजित प्रकल्प)  
आयुष्यमान भारत कार्ड सव्हे

सकाळी ६.०० वा.  
सकाळी ९ ते १२  
दुपारी १२ ते २.००  
दुपारी ३.०० ते ५.३०

**सोमवार दिनांक 05/02/2028**

प्रार्थना, योगासने, प्रभातफेरी, ग्राम स्वच्छता, स्वच्छ भारत अभियान श्रमदान (नियोजित प्रकल्प)

आरोग्य तपासणी शिबीर - ग्रामीण स्नालय घुमू, चिखलदरा

बौद्धिक सत्र (व्याख्यान)

विषय - करियर मार्गदर्शन - प्रा. डॉ. डी. एस. हेडाऊ

विषय - समाज सेवेच्या माध्यमातून विद्यार्थ्यांचा व्यक्तिमत्त्व विकास - प्रा. डॉ. पी. एम. कुं

**मंगळवार दिनांक 06/02/2028**

सकाळी ६.०० वा.  
सकाळी ९ ते १२  
दुपारी ३.०० ते ५.३०

प्रार्थना, योगासने, प्रभातफेरी, ग्राम स्वच्छता, स्वच्छ भारत अभियान श्रमदान (नियोजित प्रकल्प)

बौद्धिक सत्र (व्याख्यान)

विषय - संत गाडगे बाबा यांची दशसुत्री - प्रा. डॉ. मुकेश सरदार

विषय - अंधश्रद्धा निर्मूलन, वैज्ञानिक दृष्टिकोन व आजचा युवक - प्रा. डॉ. हरीश पेटकर

**तुष्टवार दिनांक 07/02/2028**

सकाळी ६.०० वा.  
सकाळी ९ ते १२  
दुपारी ३.०० ते ५.३०

प्रार्थना, योगासने, प्रभातफेरी, ग्राम स्वच्छता, स्वच्छ भारत अभियान श्रमदान (नियोजित प्रकल्प)

बौद्धिक सत्र (व्याख्यान)

विषय - वन औषधी व त्याचे उपयोग - डॉ. यु.आर.कोकाटे

विषय - व्यसन आणि आजचा युवक - प्रा. डॉ. यु. जी. लायडे

विषय - प्लास्टिक निर्मूलन - डॉ. यु.एस.वास्तविक

**गुरुवार दिनांक 08/02/2028**

सकाळी ६.०० वा.  
सकाळी ९ ते १२  
दुपारी १.०० ते ३.००  
दुपारी ३.०० ते ५.३०

प्रार्थना, योगासने, प्रभातफेरी, ग्राम स्वच्छता, स्वच्छ भारत अभियान श्रमदान (नियोजित प्रकल्प)

समारोपीय कार्यक्रम

गावकऱ्यांशी चर्चा व निरोप समारंभ

**- कार्यक्रमाचे अध्यक्ष -**

**डॉ. राजेश श. जयपूरकर**

**- प्रमुख अतिथी -**

**मा. श्री. राजीव बोरकर**, संचालक विद्यार्थी कल्याण विभाग, स.गा.बा.अम. विद्यापीठ, अमरावती

**मा. कु. मुक्ता दळवी**, संचालक वन प्रशिक्षण संस्था, चिखलदरा

**- शिविराला सदृच्छा भेट -**

**मा. डॉ. मिलींद बारहाते, कुलगुरु**

संत गाडगे बाबा अमरावती विद्यापीठ, अमरावती

**मा. डॉ. तुषार देशमुख, कुलसचिव**

संत गाडगे बाबा अमरावती विद्यापीठ, अमरावती

**मा. डॉ. निलेश कडू, संचालक, रा.से.यो.**

संत गाडगे बाबा अमरावती विद्यापीठ, अमरावती

**मा. जिल्हा समन्वयक, रा.से.यो.**

संत गाडगे बाबा अमरावती विद्यापीठ, अमरावती

**मा. क्षेत्रीय समन्वयक, रा.से.यो.**

संत गाडगे बाबा अमरावती विद्यापीठ, अमरावती

**मा. सल्लागार समिती सदस्य, रा.से.यो.**

संत गाडगे बाबा अमरावती विद्यापीठ, अमरावती

**मा. श्री. जगदीशजी मोतीलालजी गुप्त**

अध्यक्ष, सिपना शिक्षण प्रसारक मंडळ, अमरावती  
माजी राज्यमंत्री तथा माजी विधान परिषद सदस्य (महा.राज्य)

**मा. श्री. अजयजी गिरीधरदासजी श्रॉप**

उपाध्यक्ष, सिपना शिक्षण प्रसारक मंडळ, अमरावती

**मा. डॉ. रवींद्रजी महादेवरावजी क.**

सचिव, सिपना शिक्षण प्रसारक मंडळ, अमरावती

**मा. श्री. मनोजजी लक्ष्मणप्रसादजी खंडेलवार**

कोषाध्यक्ष, सिपना शिक्षण प्रसारक मंडळ, अमरावती

संस्थेचे सर्व पदाधिकारी,

सिपना शिक्षण प्रसारक मंडळ, अमरावती

समस्त सन्माननीय गावकरी मंडळ

दत्तक ग्राम आलाडोह, ता. चिखलदरा





Students participating in a cultural program

आमच्या सोबत.. आता दररोज रहा अपडेट !

# परतवाडा टाईम्स

संपादक:- नरेश तायवाडे

दि. 12-02-2024

परतवाडा नवोदय, परतवाडा, परतवाडा, परतवाडा  
ता. अहमदनगर जि. अहमदनगर - 444805

फोन: 9822979698  
ईमेल: paratwadatimes@gmail.com

फेसबुक: paratwadatimes  
यूट्यूब: paratwadatimes

सोशल मीडिया एडिशन

## कला, विज्ञान व वाणिज्य महाविद्यालय चिखलदरा राष्ट्रीय सेवा योजनेचे विशेष श्रमसंस्कार शिबिर दत्तक ग्राम आलाडोह येथे संपन्न

चिखलदरा | प्रतिनिधी

कला, विज्ञान व वाणिज्य महाविद्यालय चिखलदरा ये राष्ठीय सेवा योजनेचे विशेष श्रमसंस्कार संस्कार शिबिर दत्तक ग्राम आलाडोह येथे दि. 01-02-2024 ते 08-02-2024 या कालावधीत आयोजित करण्यात आली होती या शिबिराचे उद्घाटन दिनांक 02-02-2024 रोजी डॉ. निलेश कट्टे संचालक, राष्ठीय सेवा योजना, संत गाडगे बाबा अमरावती विद्यापीठ अमरावती यांच्या हस्ते झाले. यावेळी शहापूर - आलाडोह गट ग्रामपंचायतचे उपसरपंच श्री बाबू डेवडे प्रमुख अतिथी म्हणून उपस्थित होते. उद्घाटन कार्यक्रमाच्या अध्यक्षस्थानी महाविद्यालयाचे प्राचार्य तथा माजी प्र - कुलनृत संत गाडगे बाबा अमरावती विद्यापीठ अमरावती डॉ. राजेश जयपुरकर होते. या शिबिरामध्ये विद्यार्थ्यांनी श्रमदानाच्या माध्यमातून बंधान्यातील गाळ उपसा, श्रम स्वच्छता अभियान, जनजागृती अभियान राबविण्यात आले तर बौद्धिक क्षेत्रामध्ये करिअर मार्गदर्शन, ऊर्जा बचत व संवर्धन, आहार व पर्यावरण, संत गाडगेबाबांची वस्तुसूची, बॅकिंग विरीय



साक्षरता, अंधश्रद्धा निर्मूलन व वैज्ञानिक दृष्टिकोन यावर तज्ञ प्राध्यापकांनी विद्यार्थ्यांना मार्गदर्शन केले दिनांक 4 फेब्रुवारी 2024 रोजी आयुष्यमान भारत काई सॉर्टे करून ज्या नागरिकांचे काई बनलेले नव्हते अशा नागरिकांचे आयुष्यमान भारत काई काढून देण्यात आले. तसेच दिनांक 5 फेब्रुवारी 2024 रोजी ग्रामीण रुग्णालय चिखलदरा याच्या संयुक्त विद्यमाने आरोग्य तपासणी शिबिर आयोजित करण्यात आले होते. रात्रीच्या सांस्कृतिक कार्यक्रमातही अंधश्रद्धा निर्मूलन, प्लास्टिक निर्मूलन, व्यवसमुक्ती, पाणीटंचाई, बालविवाह, हाणणदारी मुक्त, बेटी बचाव बेटी पढाओ, यावर पचनाटय सादर करून उद्बोधन करण्याचा प्रयत्न करण्यात आला. दि. 08-02-2024 रोजी सगरीहीच समावेश पार पडला. यावेळी कार्यक्रमाच्या अध्यक्षस्थानी महाविद्यालयाचे प्राचार्य प्राचार्य डॉ. आनंद डुडुल तर प्रमुख

अतिथी म्हणून डॉ. राजीव बोरकर संचालक, विद्यार्थी विकास विभाग, संत गाडगे बाबा अमरावती विद्यापीठ अमरावती व डॉ. सोपान बतारे, श्री. शिवाजी महाविद्यालय अकोला व रा.से.यो महिला कार्यक्रम अधिकारी डॉ. संगीता जयताप या वेळी उपस्थित होते. चात दिवस राबविलेल्या कार्यक्रमा व उपक्रमाच्या संदर्भातही यावेळी प्रास्ताविक राष्ठीय सेवा योजना कार्यक्रमाच्या अधिकारी प्रा. विवेक मोरे यांनी माहिती सादर केली यावेळी मार्गदर्शन करताना डॉ. राजीव बोरकर यांनी राष्ठीय सेवा योजना चा उद्देश विद्यार्थ्यांनी राबविलेले उपक्रम व त्यातून विद्यार्थी आपल्या गावात सुद्धा असेच उपक्रम राबवून गावाचा विकास घडवून आणू शकतात याबद्दल भाष्य केले. यावेळी डॉ. सोपान बतारे यांनी जीवनातल्या वेगवेगळ्या टप्प्यामध्ये राष्ठीय सेवा योजनेचे शिबिर करणे उपयोग्य आहे एक विद्यार्थी म्हणून या

शिबिरातले घडे आपल्याला कशा पद्धतीचे महत्वाचे ठरू शकतात याबद्दल मोलाचे मार्गदर्शन केले. याप्रसंगी अध्यक्षीय भाषण करताना प्राचार्य प्राचार्य डॉ. आनंद डुडुल यांनी राष्ठीय सेवा योजना शिबिरामध्ये निवड झालेली विद्यार्थी खरोखर भाष्यवान असतात व विद्यार्थ्यांनी याचा फायदा स्वतःच्या विकासासाठी करून घेतला पाहिजे असे मत यावेळी व्यक्त केले. या कार्यक्रमाचे संचालन कु. त्रिवेणी मिठे तर आभार प्रदर्शन कु. साशी जोग हिने केले. या संपूर्ण शिबिराच्या यशस्वीतेसाठी प्राचार्य डॉ. राजेश जयपुरकर यांच्या मार्गदर्शनाखाली कार्यक्रम अधिकारी प्रा. विवेक मोरे, महिला कार्यक्रमा अधिकारी डॉ. संगीता जयताप, प्रा. आशिष कांडू, प्रा. राहुल रहाटे, डॉ. पी.एम.कुटे, डॉ. शिवचरण कोरेवार श्री. राजीव पाणुकर सर्व शिक्षक व शिक्षकेतर कर्मचारी आणि सर्व राष्ठीय सेवा योजनेचे स्वयंसेवक यांनी परिश्रम घेतले.