

To

The Principal,

Arts, Science and Commerce College, Chikhaldara

Subject: Request for Permission to Organize Certificate course on "Vedic Mathematics"

R / Sir,

I hope this letter finds you well. I am writing to seek your permission to organize Certificate course on "Vedic Mathematics" in the period 28/03/2024 to 04/04/2024

The purpose of this event is developing numerical ability among the students, skills in calculations, identify the various mathematical resources. We believe it will contribute significantly to the overall development and engagement of our college students.

We assure you that all necessary arrangements and precautions will be taken to ensure the smooth conduct of the event without causing any disturbance to regular college activities.

We kindly request your approval for this initiative and would be grateful for any guidance or conditions you may have.

Thank you for considering our request. We look forward to your positive response.

Date: 26/03/2024
Place: Chikhaldara



Head
Department of Mathematics
Associate Professor
Head Department of Mathematics
Arts, Science & Commerce College
Chikhaldara

Permission granted

ML

PRINCIPAL
Arts, Science & Commerce College
Chikhaldara

26.03.2024

Arts, Science and Commerce College, Chikhaldara

Syllabus for Certificate course in Vedic Mathematics

(28/03/2024 to 04/04/2024)

Contents

Basic Level:

Day	Contents
1	i) How to find date of birth. ii) How to predict persons pocket money
2	Simple method multiplications
3	Criss-cross system of multiplication
4	Squaring of numbers
5	Cube roots of perfect cubes
6	Square roots of perfect square
	Examination MCQ Type

Book: Vedic Mathematics by Dhaval Bhatiya



Sipna Shikshan Prasarak Mandal, Amravati's

Arts, Science and Commerce College, Chikhaldara (163)

"CERTIFICATE COURSE IN VEDIC MATHEMATICS"

Organized by

Department of MATHEMATICS

(Academic Year :- 2023-2024)

Title of the Course :- "CERTIFICATE COURSE IN VEDIC MATHEMATICS"

Aim :- To develop the physical, moral or spiritual and intellectual powers and to achieve the solutions through it.

Objective :- Vedic Mathematics is an ancient system of mathematics that emerged from the Vedas, the ancient Indian texts. The primary objectives of Vedic Mathematics are:

1. Vedic Mathematics aims to simplify complex mathematical problems through its unique techniques and shortcuts, making calculations faster and more intuitive.
2. The system is designed to perform calculations quickly, which is especially useful in competitive exams and mental math. The techniques are often more efficient than traditional methods.
3. Many techniques of Vedic Mathematics are suitable for mental calculations, reducing reliance on calculators and improving cognitive skills.
4. Vedic Mathematics covers various aspects of mathematics, including arithmetic, algebra, geometry, and calculus, making it a versatile tool for solving a wide range of mathematical problems.

Duration : 30 Hours
Eligibility : B.Sc., B.A., B.Com. Students
Number of Seats : 50 students
Number of beneficiaries : 52 Students.
Duration : One week
Date (Period) : 28/03/2023 to 04/04/2024

Brief Report :

Vedic Mathematics is a system of mathematics that originates from ancient Indian texts known as the Vedas. It was popularized in the early 20th century by Bharati Krishna Tirtha, a Hindu scholar, who claimed that the techniques were derived from ancient Vedic scriptures.



This system provides a collection of methods and shortcuts for solving mathematical problems more efficiently and intuitively.

In academic year 2023-2024, department of Mathematics has conducted "*Certificate course in Vedic Mathematics*" in collaboration with Internal Quality assurance Cell (IQAC). The course syllabus of said certificate course was designed by faculties of the department as per need of course which includes basic level of Vedic mathematics with the prior permission and guidance of principal of our college. It consist the following topics as,

1. How to find the date of birth of any person?
2. How to predict person's pocket money?
3. Simple methods of multiplication,
4. Criss-cross system of multiplication,
5. Squaring of numbers,
6. Cube roots of perfect cubes and square roots of perfect square.

The course was conducted in the during the period 28/03/2024 to 04/04/2024 (total 6 days except holidays), Three hours to each working days and two hours for practice (Total 5 hours in a day i.e. 30 Hrs in a week). At the end of the course, M. C. Q. type examination was conducted. As per result the Certificates were given to the participants after successful completion of the course those who completed minimum passing criteria. Finally, the online feedback about the course was submitted by the students.


Co-ordinator

Dr. V. R. Paul
Associate Professor
Head Department of mathematics,
Arts, Science & Commerce College,
Chikhaldara




Principal

PRINCIPAL
Art, Science & Commerce
College Chikhaldara

Students Participation :- The following students are participated in the one week certificate course in 'Vedic Mathematics' and they submitted online feedback form.

Sr. No.	Timestamp	email	Name of participants	Mobile No.	Class:
1	4/15/2024 17:46:09	vedbajpeyee112@gmail.com	Ved Bajpeyee	7020386658	B.Sc 1st (2nd Semester)
2	4/15/2024 17:50:49	pmawaskar157@gmail	Pawan shamlal mawaskar	9529006202	B.sc 2 year
3	4/15/2024 17:54:32	chaturajay09@gamil.com	Ajay Manaji Chatur	8830968172	B. sc II
4	4/15/2024 18:12:24	kasdekarakshay16@gmail	Akshay Bhaiyyalal Kasdekar	9373178699	B sc2
5	4/15/2024 18:30:09	Vaishnavisurje03@gmail.com	Vaishnavi chhaganlal surje	9272064634	B.sc 3rd year
6	4/16/2024 22:17:56	rupabhilavekar85@gmail.com	Rupa Mangilal Bhilavekar	8999271628	B.sc II
7	4/16/2024 22:22:29	Sumandhande65@email.com	Suman Babulal Dhande	7020953372	B.sc 2
8	4/17/2024 11:58:36	rushikeshdammale@gmail.com	Rushikesh Dammale	7821096525	B sc 1st
9	4/17/2024 12:00:24	Metangesachin6@gmail.com	SACHIN VILAS METANGE	9322622986	Bsc Part 1
10	4/17/2024 12:06:41	ajeshkasdekar3@gmail.com	Ajesh kadma kasdekar	8208529904	B.sc 2 th year
11	4/17/2024 12:11:52	Pisenamrata@Gmail.com	Namrata pise	9511801327	Bsc 1st
12	4/17/2024 12:12:19	vaishnavikurhekar51@gmail.com	Vaishnavi Sahebrao Kurhekar	9322005702	Bsc Part 2
13	4/17/2024 12:17:06	abhijitgirhe308@gmail.com	Abhijit prabhakar girhe	9284408353	Bsc2year
14	4/17/2024 12:18:40	mohinichavhan008@gmail.com	Mohini Ulhasrao Chavan	7249443982	BSC 1 St year
15	4/17/2024 12:21:35	sarveshbadwaik25@gmail.com	Sarvesh Badwaik	8317233153	Bsc 1 (sem2)
16	4/17/2024 12:23:51	Rohitpotekar228@gmail.com	Rohit balmukund potekar	76666336157	B.sc I
17	4/17/2024 12:23:52	kasdekarakshay16@gmail	Akshay Bhaiyyalal Kasdekar	09373178699	B sc 2
18	4/17/2024 12:25:34	Bethekarrahul@gmail. com	Rahul Rajaram Bethekar	8080047556	B.sc 3 rd year
19	4/17/2024 12:26:10	renukakalaskar009@gmail.com	Renuka suresh kalaskar	8010121635	BSC first year
20	4/17/2024 12:32:42	bhisera9@gmail.com	Raj Ravindra Bhise	8767639587	B.sc III
21	4/17/2024 12:44:22	kshdekrshitla@gmail.com	Shital kajjulal Kasdekar	8275848746	B.sc2

22	4/17/2024 12:52:42	mohinichavhan008@gmail.com	Mohini Ulhasrao Chavan	7249443982	BSc I year
23	4/17/2024 13:03:47	Siddhipote2005@gimal.com	Siddhi pote	9518744831	Bsc 1st Year
24	4/17/2024 13:40:03	rushikeshdammale@gmail.com	RUSHIKESH DAMMALE	7821096525	B sc 1st
25	4/17/2024 14:22:25	sakshikalaskar371@email.com	Sakshi Dipak Kalaskar	9307534487	Bsc 3rd year
26	4/17/2024 14:54:41	chaturajay@09gmail.com	Ajay Manaji Chatur	8830968172	B.sc II
27	4/17/2024 15:41:20	almakhan7907@gmail.com	Alma Taif	7796444313	B.sc 1st year
28	4/17/2024 15:41:41		Manav Belkar	8208524478	B sc III
29	4/17/2024 16:01:21	bintejameel09@gmail.com	Nameera Quariya	8412008178	Bsc 1st year
30	4/17/2024 16:19:33		Vaishnavi c Surje	9272064634	B.sc 3rd year
31	4/17/2024 16:19:43	Shreyashdhonde5@gmail.com	Shreyash sunil Dhonde	87668 32081	B.sc 1st year
32	4/17/2024 16:20:54	yashmahajan7773@gmail.com	Yash Mahajan	7720027395	Bsc 3rd year sem 6
33	4/17/2024 16:24:50	pmawaskar157@gmail.com	Pawan shamlal mawaskar	9529006202	B.sc 2 year (sem- iv)
34	4/17/2024 16:25:53	mohammadafif490@gmail.com	Mohammad afif	7384821010	Bsc-1
35	4/17/2024 17:52:05	nekiramkumawat305@gmail.com	Nekiram Mahaveer kumawat	08999262315	Bsc 1year st
36	4/17/2024 17:53:12	nekiramkumawat305@gmail.com	Nekiram Mahaveer kumawat	8999262315	Bsc 1year
37	4/17/2024 17:55:37	pranalikurhekar24@gmail.com	Pranali Sanjay Kurhekar	7276099303	Bsc 2nd year
38	4/17/2024 18:35:09	cpidkalwar@gmail.com	Chetan Pidkalwar	9175035634	Bsc II
39	4/17/2024 20:36:58	gauribhongade44@gmail.com	Gauri Bhongade	9022923027	B.Sc 2nd year
40	4/17/2024 20:38:54	gauribhongade44@gmail.com	Gauri Bhongade	9022923027	B.Sc 2nd year
41	4/17/2024 22:48:32	dalalarchana49@gmail.com	Nirjara Dalal	8010264625	BSC 1st Year
42	4/18/2024 11:22:08	satishnagtode014@gmail.com	Sanika Satish Nagtode	7028494905	Bsc computer 1st
43	4/18/2024 16:21:46	dimpalavaghad@gmail.com	Rohini C. Avaghad	7841838936	B.sc 3Rd year
44	4/18/2024 16:25:58	dipikabochar7762@gmail.com	Ku.Dipika Nandkishor Bochare	9699793946	BSC - 3rd year
45	4/18/2024 16:31:45	mn3399071@gmail.com	Mohammad Nadeem	9763472375	Bsc 1 semester 2

46	4/18/2024 18:54:43	tejasghore0@gmail.com	Tejas R Ghore	8624940196	B.S.c 1 year
47	4/19/2024 8:16:12	vishalbelokar15@gmail.com	Vishal Belokar	9623551532	3rd year
48	4/19/2024 8:17:49	deshmukhsaloni68@gmail.com	Saloni Kishor Deshmukh	8788661765	Bsc 3rd year sem 6
49	4/19/2024 8:40:07	harshaborekar14@gmail.com	Harsha Surendra Borekar	9518725776	BSC 3 sem 6
50	4/19/2024 10:06:01	harshvijekar2003@gmail.com	Harsh Gajanan Vijekar	9022258445	B.sc 3year (sem-6)
51	4/19/2024 20:22:32	inglenitish4@gmail.com	Nitish Laxman Ingle	8080436317	Bsc 3yr sem(6)
52	4/27/2024 11:24:49	girishshahare09@gmail.com	Girish Lakhan Shahare	9623377926	Bsc 3rd year

Feedback Report:

The Certificate Course in Vedic Mathematics focused on various techniques to enhance computational efficiency and problem-solving skills. The course included topics such as date of birth calculation, predicting pocket money, multiplication methods, squaring numbers, and root calculations.

Students feedback summary with their best comments

Introduction

The Certificate Course in Vedic Mathematics provided students with techniques to enhance their mathematical skills, including date of birth calculations, pocket money predictions, and methods for multiplication, squaring, and root calculations.

1. Previous experience with similar courses

- **Question:** Have you attended this kind of certificate course/workshop earlier?
- **Results:** Approximately 97% of students responded "No."
- **Comments:** This was my first experience with a Vedic Mathematics course, and it was quite unique. I had not attended a similar workshop before. The course was very insightful and new to me.

2. Impact on ability to perform

- **Question:** How will the course affect your ability to perform yourself now on?
- **Comments:** The techniques learned in this course have significantly improved my ability to perform mental calculations quickly and accurately. I feel more confident in applying mathematical concepts in everyday situations and problem-solving tasks. The course has enhanced my efficiency in handling complex calculations and has been very beneficial for my academic and professional work.

3. Coverage of syllabus

- **Question:** Is the following syllabus covered in this course?
 - How to find the date of birth of any person?
 - How to predict a person's pocket money?
 - Simple methods of multiplication
 - Criss-cross system of multiplication
 - Squaring of numbers
 - Cube roots of perfect cubes and square roots of perfect squares.
- **Results:** Students confirmed that the syllabus points were covered in the course.
- **Comments:** All the topics listed were addressed in detail, which I found very helpful. The syllabus was well-covered, though I would have appreciated more examples for some of the advanced techniques.

4. Overall rating of the course

- **Question:** How would you rate overall this certificate course in Vedic Mathematics?
- **Comments:** The course was very informative and provided a solid understanding of Vedic Mathematics techniques. I rated it highly because the course was well-structured and the content was relevant and practical. The overall experience was positive, but there's room for improvement in terms of pace and additional examples.

5. Interest in future courses

- **Question:** Would you like to organize such type of course in the future?
- **Results:** The majority of students expressed a positive interest.
- **Comments:** I would definitely be interested in similar courses in the future. They offer valuable skills that are not commonly taught. Yes, I would love to see more courses like this. It's a great way to build mathematical skills and enhance learning.

6. Suggestions for popularization

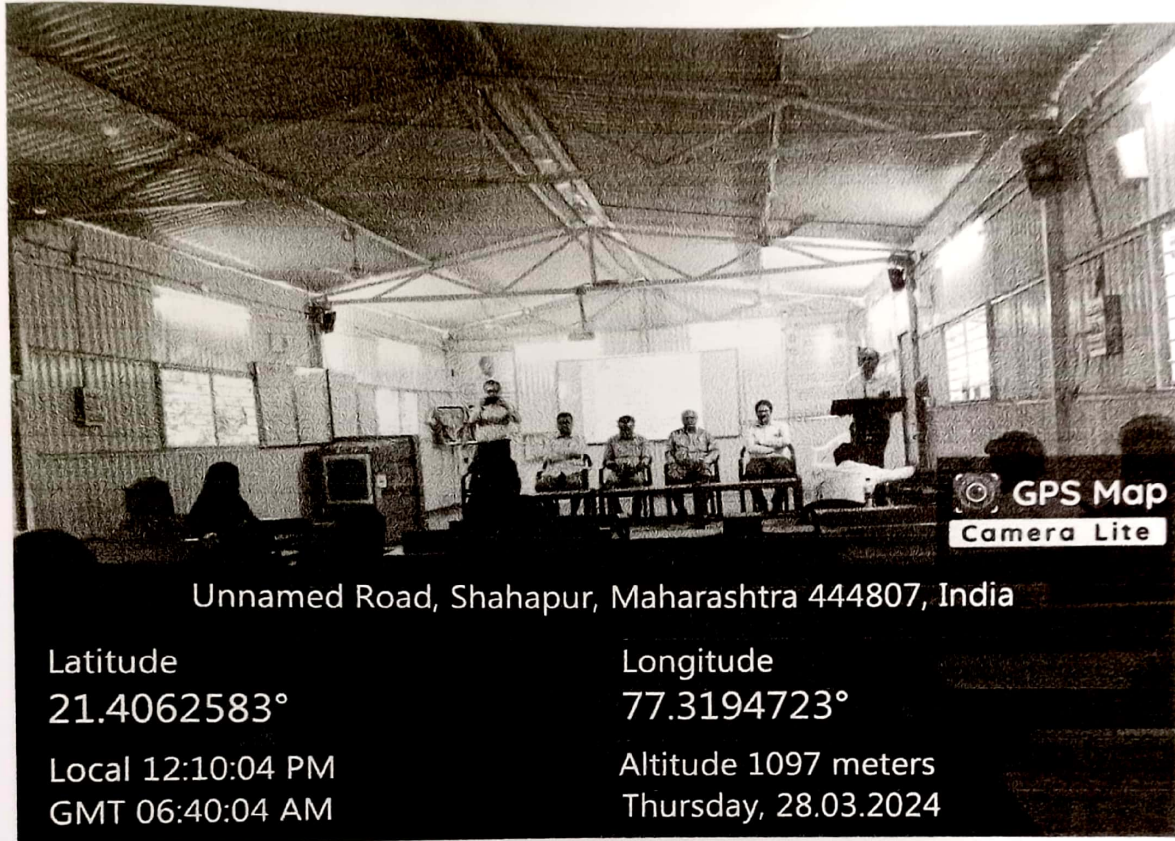
- **Question:** Do you have any suggestions for making this course more popular (one or two)?
- **Suggestions:** Promote the course through social media and educational blogs to reach a wider audience and generate more interest. Organize introductory webinars or free workshops to showcase the benefits of the course and attract potential participants.

Conclusion

The Certificate Course in Vedic Mathematics was well-received, with students appreciating the new techniques and skills gained. While most students were new to such courses, they found the content valuable and are interested in future offerings. To enhance the course's popularity, leveraging digital marketing and offering introductory sessions are recommended.


Thank you to all students for your constructive feedback. Your input is essential for the ongoing improvement and success of our courses.

Photographs of the programme:



Innuagral function conducted by Mr. Narendra S. Bayaskar on 28/03/2024 at seminar hall




PRINCIPAL
Art, Science & Commerce
Coll. Chikhaldara



Unnamed Road, Shahapur, Maharashtra 444807, India

Latitude

21.4062583°

Longitude

77.3194723°

Local 12:10:04 PM

GMT 06:40:04 AM

Altitude 1097 meters

Thursday, 28.03.2024





GPS Map
Camera Lite

Unnamed Road, Shahapur, Maharashtra 444807, India

Latitude
21.4062593°

Longitude
77.31947°

Local 12:20:50 PM
GMT 06:50:50 AM

Altitude 1097 meters
Thursday, 28.03.2024

Annual function on 28/03/2024 at seminar hall , Arts, Science and commerce college, Chikhaldara



GPS Map
Camera Lite

Unnamed Road, Shahapur, Maharashtra 444807, India

Latitude
21.4062609°

Longitude
77.3194773°

Local 12:26:10 PM
GMT 06:56:10 AM

Altitude 1097 meters
Thursday, 28.03.2024



Latitude: 21.406347
Longitude: 77.319468
Elevation: 1130.31±2 m
Accuracy: 26.8 m
Time: 04-04-2024 14:06
Note: Certificate course in

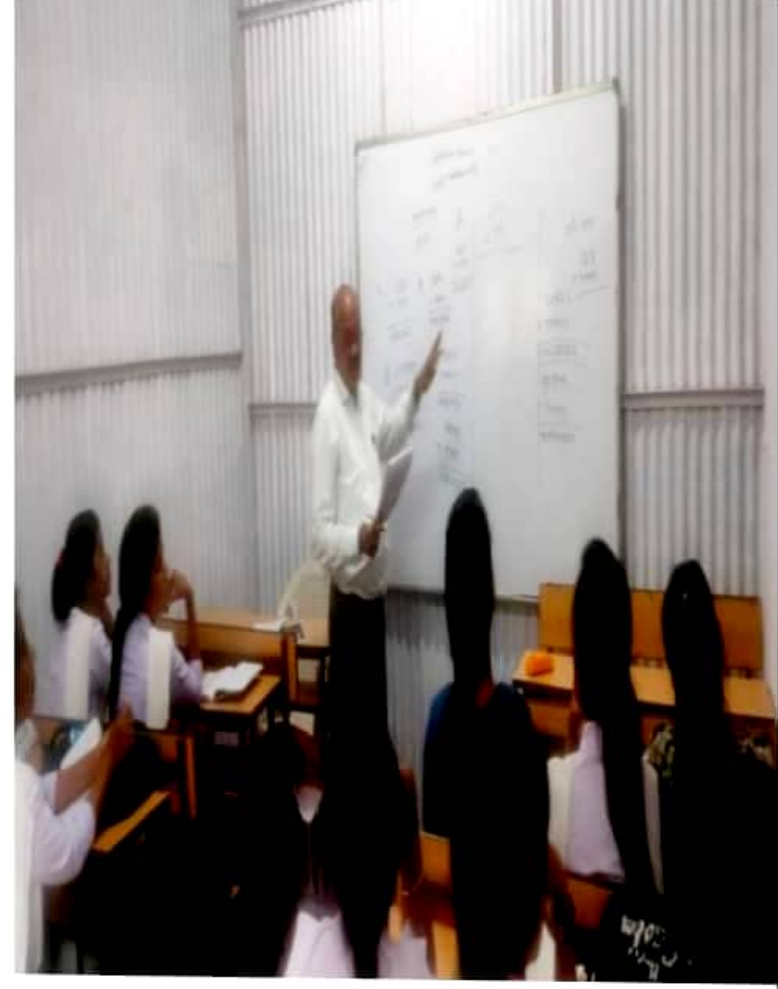
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Latitude: 21.406361
Longitude: 77.319481
Elevation: 1130.31±1 m
Accuracy: 31.3 m
Time: 04-04-2024 14:07
Note: Certificate course in Vedic Mathematics

Powered by Note

Validictory function on 04/04/2024



Delivered lecture on Vedic Mathematics, Criss- cross method for multiplication by Dr V. R Patil



Latitude: 21.406349
Longitude: 77.319481
Elevation: 1130.31±2 m
Accuracy: 99.9 m
Time: 04-04-2024 14:17
Note: Certificate course in

Powered by Note

Validictory function on 04/04/2024



Certificate distribution after completion of course by Head Department of Mathematics to students

Date : 01/03/2024

To

The Principal

Arts, Science and Commerce College, Chikhaldara

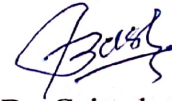
Subject: Permission for Six day's Add on Course

Respected sir,

With reference to the above subject I wish to state that Department of History is going to organize Six day's Add on Course on various useful current trends in Certificate Course in Indian Knowledge System: A Multidimensional Legacy on 04th March 2024 from 09 March 2024. We seek your permission to conduct this program and request you to provide necessary arrangements for the same.

Thanking you,

Sincerely yours,



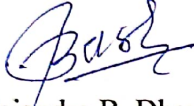
Dr. Gajendra B. Dhawale

Head & Professor Dept. of English

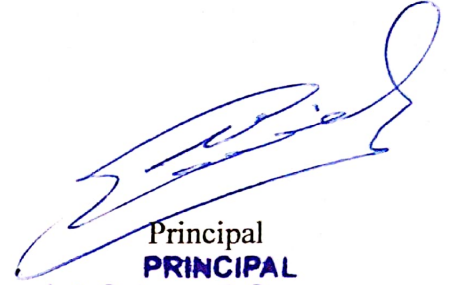
NOTICE

All students B. A. Part I,(arts) of the college are being informed that Department of History is going to organize Certificate Course in Indian Knowledge System: A Multidimensional Legacy on various useful current trends in education on 04th March 2024 to 09th from 11 AM to 04 PM. All students need remain present for the program in time.

Date: 01/003/2024



Dr. Gajendra B. Dhawale
Head & Asst. Professor Dept. of History



Principal
PRINCIPAL
Art, Science & Commerce
College, Chikhaldara

Sipna Shikshan Prasarak Mandal, Amravati

Arts, Science and Commerce College, Chikhaldara

Academic Year – 2023 – 24

Certificate Course

Certificate Course “In Indian Knowledge System: A Multidimensional Legacy”

Duration – 04/03/2024 to 09/03/2024

Organized by

Department of History

Co. Coordinator

Dr. Gajendra B. Dhawale (HOD)

Sipna Shikshan Prasarak Mandal, Amravati's
Arts, Science and Commerce College, Chikhaldara.

DEPARTMENT OF HISTORY

Academic Year – 2023 – 24

Certificate Course: "In Indian Knowledge System: A Multidimensional Legacy"

Course Content

1. Introduction to Indian philosophy: Vedas, Upanishads, and the concept of dharma. -05 Hours
2. Achievements in metallurgy, engineering, and architecture -05 Hours
3. Examination of Indian visual arts: sculpture, painting, and architecture. -05 Hours
4. Ancient Indian literature: Ramayana, Mahabharata, Bhagavad Gita, and the epics -05 Hours .
5. Aesthetic and Artistic Considerations in Indian Dance. -05 Hours
6. History of Indian Monument and Temples. -05 Hours

Duration – 30 Hours

Eligibility – B. A. Students


Number of Seats – 26

Examination :

30 Marks Paper

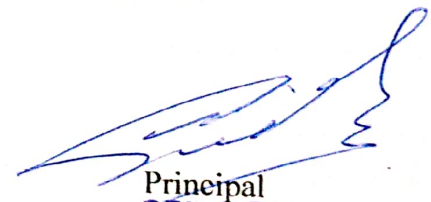
20 Marks Field Work

Total Marks – 50


Co-ordinator

Dr. Gajendra B. Dhawale




Principal
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Art, Science & Commerce
College, Chikhaldara

Sipna Shikshan Prasarak Mandal, Amravati
Arts, Science and Commerce College, Chikhaldara

Academic Year – 2023 – 24

Add on Course

Certificate Course in Indian Knowledge System: A Multidimensional Legacy
From 04/03/2024 to 09/03/2024

Syllabus

This course aims to provide an in-depth understanding of the various dimensions of Indian knowledge systems, including philosophy, science, literature, art, and culture. Through a multidisciplinary approach, students will explore the foundational concepts, historical developments, and contemporary relevance of Indian knowledge traditions.

Module 1: Foundations of Indian Thought

- Introduction to Indian philosophy: Vedas, Upanishads, and the concept of dharma.
- Schools of Indian philosophy: Nyaya, Vaisheshika, Samkhya, Yoga, Mimamsa, and Vedanta.
- Key concepts: Karma, Samsara, Moksha, and the nature of reality.

Module 2: Scientific Heritage of India

- Contributions of ancient Indian scholars to mathematics, astronomy, and medicine.
- Achievements in metallurgy, engineering, and architecture.

Module 3: Indian Literature and Arts

- Overview of classical Indian literature: Ramayana, Mahabharata, Bhagavad Gita, and the epics.
- Study of classical Indian performing arts: Bharatanatyam, Kathak, Odissi, and Hindustani and Carnatic music.
- Examination of Indian visual arts: sculpture, painting, and architecture.

Module 6: Case Studies and Applications

- Case studies highlighting the application of Indian knowledge systems in fields such as sustainable development, healthcare, psychology, and education.
- Guest lectures and discussions with practitioners and experts from diverse fields.

Sipna Shikshan Prasarak Mandal, Amravati's
Arts, Science and Commerce College, Chikhaldara.

DEPARTMENT OF HISTORY

Academic Year – 2023 – 24

Certificate Course “In Indian Knowledge System: A Multidimensional Legacy”

Brief Report

Objectives

1. To provide a comprehensive overview of the Indian Knowledge System, spanning various fields such as philosophy, mathematics, medicine, arts, and literature.
2. To show how ancient knowledge systems are not only of historical interest but have practical applications and relevance in the contemporary world.
3. To foster a deeper appreciation of India's cultural diversity and its contributions to global knowledge.

Date : 04/03/2024 to 09/03/2024

Number of beneficiaries : 26

Duration: 30 Hours.


Brief Report :

Department of History organized thirty hours comprehensive course of study. In which students introduced with the Indian knowledge system. In this course, knowledge of the Ramayana, Mahabharata, and Bhagavad Gita has been provided, along with insights into the authors: Maharishi Valmiki for the Ramayana, Maharishi Vyasa for the Mahabharata, and Lord Krishna for the Bhagavad Gita. Additionally, ancient knowledge and sciences such as mathematics by Aryabhata, Vedic astrology by Maharishi Parashara, astrology by Varahamihira, and Ayurveda by Acharya Charaka have been imparted as part of the Indian heritage. Information about the lives of Lord Rama and Lord Krishna has also been given to the students of History.

The development of Ajanta and Ellora cave paintings and sculptural art has been highlighted, similarly the study of Indian architecture, particularly the Dravidian and Gandhara styles understanding of sculpture art from Ajanta and Verul has been emphasized. Knowledge about medieval forts and palaces, including their architectural evolution, such as gateways and masonry, has been provided. Field trips to historical sites like Gawilghur Fort have been organized to provide students with firsthand knowledge. Various mediums have been used to impart knowledge to the students through expert guidance. Information about the Narnala temples through pictures has been used as a medium to explain how a multi-dimensional heritage has been acquired in the knowledge system.

The Syllabus was formed in Six units with 30 hours. Each unit was taught for five hours. 26 students of B. A. Part I Participated in the course. Written Test was conducted and field visit was organized for the evaluation of the students After successful completion of course certificate were distributed.

Co-ordinator


Dr. Salim B. Dhawale
Asst. Professor & Head
Department of History
Arts, Science & Commerce College
Chikhaldara



Principal


PRINCIPAL
Art, Science & Commerce
College, Chikhaldara

Sipna Shikshan Prasarak Mandal, Amravati's
Arts, Science and Commerce College, Chikhaldara.

DEPARTMENT OF HISTORY

Academic Year – 2023 – 24

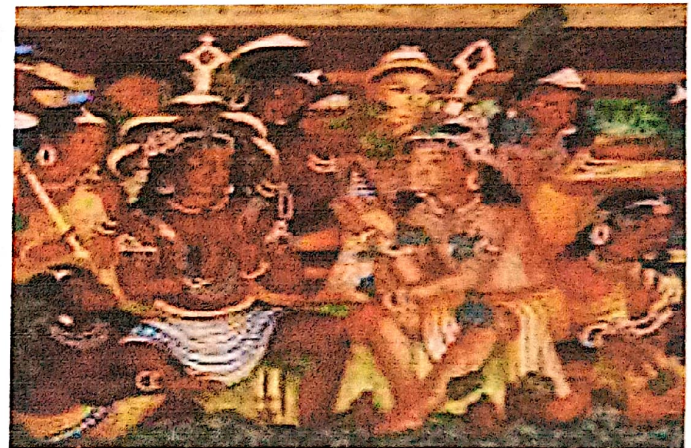
Certificate Course: "In Indian Knowledge System: A Multidimensional Legacy"



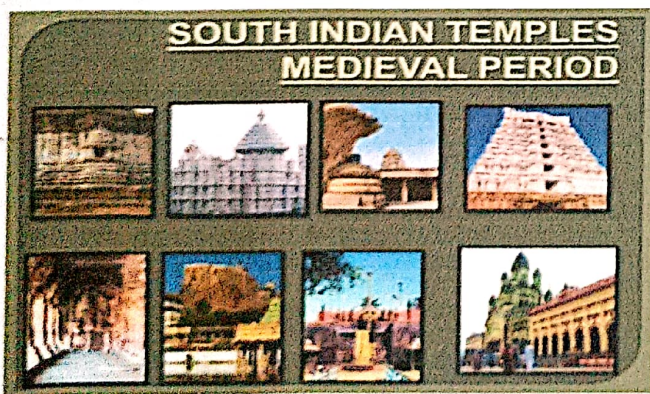
Shri Krishna Preacher of Bhagavad Gita



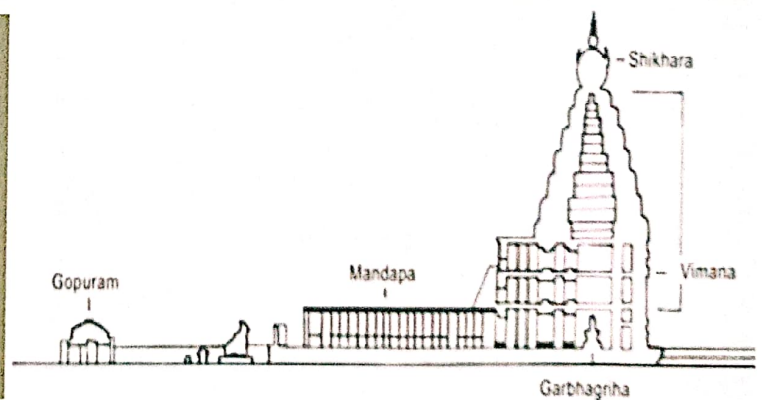
God of Hindu Shri Ram



Agintha Leni The Great Panting



South Indian Temples



Dravidian Style of Architecture

Sipna Shikshan Prasarak Mandal, Amravati's
Arts, Science and Commerce College, Chikhaldara.

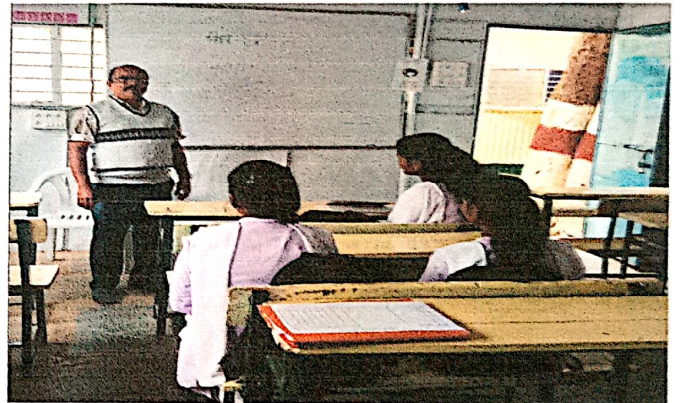
DEPARTMENT OF HISTORY

Academic Year – 2023 – 24

Certificate Course : "In Indian Knowledge System: A Multidimensional Legacy"



Dr. G.B. Dhawale guiding to the students in certificate course



Student taking oral Examination

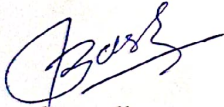


Narnala fort : Mahakali Get



Gavilgarah fort Gandabherunda gate

16	Patil Aditya Shankar	B.A. I	Asp ^u hil	Asp ^o hil	Asp ^u hil	Asp ^u hil	Asp ^u hil	Asp ^u hil
17	Yewale Mohan Ganesh	B.A. I	m ^h any	m ^h any	m ^h any	m ^h any	m ^h any	m ^h any
18	Shanware Pooja Shyam	B.A. I	Puja	Puja	Puja	Puja	Puja	-
19	Ku. Lade Priya Sanjay	B.A. I	PSLade	PSLade	PSLade	PSLade	PSLade	PSLade
20	BharsakaleDhanwantari Ravindra	B.A. I	RaB	RaB	RaB	RaB	RaB	RaB
21	Kekade Pritam Devanandrao	B.A. I	PuB	PuB	PuB	PuB	PuB	PuB
22	Kale Piyush Dnyaneshwarpant	B.A. I	D.Kale	D.Kale	D.Kale	D.Kale	-	-
23	Shende Sohan Prakash	B.A. I	Shende	Shende	Shende	Shende	Shende	-
24	KekadeIndranilJanardhanpant	B.A. I	IJK	IJK	IJK	IJK	IJK	IJK
25	Budhalkar Puja Subhashrao	B.A. I	BuB	BuB	BuB	BuB	BuB	BuB
26	Taywade Roshan Gajanan	B.A. I	R.G.Taywade	R.G.Taywade	R.G.Taywade	R.G.Taywade	R.G.Taywade	R.G.Taywade


Co-ordinator

Dr, Gajendra B. Dhawale

Dr. Gajendra B. Dhawale
Asst. Professor & Head
Department of History
Arts, Science & Commerce College
Chikhaldara




Principal
PRINCIPAL
Art, Science & Commerce
College Chikhaldara

Assessment:

- Class participation and discussion
- Written assignments (essays, research papers)
- Presentations
- Exams (midterm and final)

References:

1. Radhakrishnan, S., & Moore, C. A. (Eds.). (1957). A Source Book in Indian Philosophy. Princeton University Press.
2. Kak, S. (2000). The Asvamedha: The Rite and Its Logic. Motilal Banarsidass.
3. Basham, A. L. (1989). The Wonder That Was India: A Survey of the Culture of the Indian Sub-Continent Before the Coming of the Muslims. Grove Press.
4. Elgood, H. (2000). Hinduism and the Religious Arts. Bloomsbury Academic.
5. Chopra, A., & Harman, W. (2008). Aesthetic and Artistic Considerations in Indian Dance. In Dance Matters Too: Markets, Memories, Identities (pp. 35-48). Routledge.

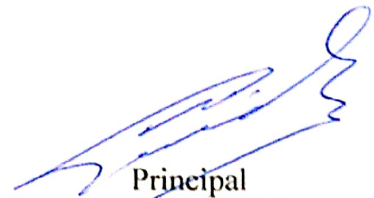
This syllabus provides a structured framework for exploring the vast and diverse landscape of Indian knowledge systems, encompassing both traditional and contemporary perspectives. It encourages students to critically engage with primary texts, cultural artifacts, and real-world applications, fostering a deeper appreciation and understanding of India's intellectual and cultural heritage.



Co-ordinator

Dr. Gajendra B. Dhawale

Dr. Gajendra B. Dhawale
Asst. Professor & Head
Department of History
Arts, Science & Commerce College
Chikhaldara



Principal
PRINCIPAL
Art, Science & Commerce
College, Chikhaldara



Sipna Shikshan Prasarak Mandal, Amravati's

**ARTS, SCIENCE & COMMERCE COLLEGE,
CHIKHALDARA**



Certificate Course

“In Indian Knowledge System: A Multidimensional Legacy”

– Organized by

DEPARTMENT OF HISTORY

CERTIFICATE

This is to Certify that Mr./Miss----- student of History has successfully participated Add on Course on “in Indian Knowledge System: A Multidimensional Legacy” in academic year 2023-2024. He / She has satisfactorily completed course organized by department of History during – 04/03/2024 to 09/03/2024.

Dr. Gajendra B. Dhawale
Coordinator,
Department of History

Dr. R. S. Jaiparkar
Principal



Sipna Shikshan Prasarak Mandal, Amravati's
ARTS, SCIENCE AND COMMERCE COLLEGE, CHIKHALDARA,
DISTT.AMRAVATI (MS)

4th Cycle Re-accredited by NAAC with Grade 'A' (CGPA 3.22)

**Report of Certificate Course on
Methods for Extraction of Medicinal Plants**

Organized by

Department of Industrial Chemistry

(2023-2024)

Title of Certificate Course: - "Methods for Extraction of Medicinal Plants"

Objective: -

Gain hands-on experience: Students can learn about the process of extraction.

Understand plant chemistry: Extraction helps students learn about the chemical composition of medicinal plants and how different compounds are isolated.

Develop laboratory skills: Students can develop their laboratory skills, including measurement, filtration, and evaporation techniques.

Explore traditional medicine: Extraction can help students understand traditional medicine practices and the role of medicinal value of plants.

Research and innovation: By extracting medicinal plants, students can conduct experiments, test hypotheses, and contribute to the development of new medicinal products.

Promote sustainability: Educational extraction can highlight the importance of sustainable conservation of medicinal plants.

Enhance understanding of pharmacology: Students can learn about the pharmacological properties of extracted compounds and their potential therapeutic applications.

Support interdisciplinary learning: Extraction can integrate concepts from biology, chemistry, pharmacology, and environmental science, promoting a holistic understanding of medicinal plants.

Duration: 30 Hours

Eligibility: B.Sc. students

Number of Seats: 25 students

Examination:

- 30 Marks theory paper
- 20 Marks practical


Number of beneficiaries : 25 Students.
Duration : 30 Hours
Date : Duration 20/03/2024 to 27/03/2024

Brief Report-

In academic year 2022-2023 department of Industrial Chemistry conducted the Certificate Course on “Methods for Extraction of Medicinal Plants”. The course syllabus consists of Phytochemical Screening-Introduction, qualitative phytochemical analysis; Extraction methods and separation method. The syllabus has been designed as per need of course which includes five units. Theory and practical mode of teaching were applied. It was a six-day Add on course in which the knowledge about of Methods for Extraction of Medicinal Plants was given with its applications. Course was conducted duration 20/03/2024 to 27/03/2024 five hours each (total 6 day). Certificates were given to the participants after successful completion of the course.


Co-ordinator




Principal
Art, Science & Commerce
College, Chikhaldara

To,
The principal,
Arts, Science and commerce College, Chikhaldara

Subject: Request for Permission to Certificate Course on “Methods for Extraction of Medicinal Plants”

Respective Sir,

I hope this letter finds you well. I am writing to seek your permission to organize Certificate Course on “Methods for Extraction of Medicinal Plants” at our esteemed college premises.


The purpose of this course is 1. To collect and to identify the medicinal plants for the study. 2. To prepare and extract the plants materials separately and in some combined preparations using a variety of solvent, like distilled water, ethanol, methanol and acetone. 3. To test phytochemical screening, extraction methods of the plant extracts. We believe it will contribute significantly to the overall development and engagement of our college community.

We assure you that all necessary arrangements and precautions will be taken to ensure the smooth conduct of the course without causing any disturbance to regular college activities.

We kindly request your approval for this initiative and would be grateful for any guidance or conditions you may have.

Thank you for considering our request. We look forward to your positive response.

Permission granted
A. P. Bode
PR
Art, Sci. & Commerce
College, Chikhaldara


Sincerely,
A. P. Bode
Asst Professor & H.O.D (Industrial Chemistry)
Arts, Science & Commerce College,
Chikhaldara

Sipna Shikshan Prasarak Mandal, Amravatis
ARTS, SCIENCE & COMMERCE COLLEGE CHIKHALDARA
Academic Year: 2023-2024

Certificate Course on
Methods for Extraction of Medicinal Plants

(Duration:30 Hours)

Organized by

Department of Industrial Chemistry

Duration 20/03/2024 to 27/03/2024

Co-ordinator
A. F. Bobade (HOD)

Teaching Staff

A. F. Bobade

Dr. N. J. Suryawanshi

Course Contents

Duration: 30 Hours
Eligibility: B.Sc. students
Number of Seats: 25 students

Examination:

- 30 Marks Theory Paper
- 20 Marks Practical & Field work

Objective: -

Gain hands-on experience: Students can learn about the process of extraction.

Understand plant chemistry: Extraction helps students learn about the chemical composition of medicinal plants and how different compounds are isolated.

Develop laboratory skills: Students can develop their laboratory skills, including measurement, filtration, and evaporation techniques.

Explore traditional medicine: Extraction can help students understand traditional medicine practices and the role of medicinal value of plants.

Research and innovation: By extracting medicinal plants, students can conduct experiments, test hypotheses, and contribute to the development of new medicinal products.

Promote sustainability: Educational extraction can highlight the importance of sustainable conservation of medicinal plants.

Enhance understanding of pharmacology: Students can learn about the pharmacological properties of extracted compounds and their potential therapeutic applications.

Support interdisciplinary learning: Extraction can integrate concepts from biology, chemistry, pharmacology, and environmental science, promoting a holistic understanding of medicinal plants.

Syllabus Contents: -

Unit -I Phytochemical Screening-Introduction, Qualitative phytochemical analysis
Test for proteins- Millon's test and Ninhydrin test, Test for carbohydrates-
Fehling's test, Benedict's test and Molisch's test, Test for flavonoids- Shinoda test
and Alkaline reagent test, Test for glycosides Liebermann's test & Salkowski's test
Test for steroid- Test for alkaloids Test for terpenoids. (5periods)

Unit-II Extraction methods and separation method

Steam distillation, Solvent extraction for extraction

Separation Method – Thin layer Chromatography and Column

Chromatography(5periods)

Unit-III Antioxidant by ethanolic extract and Antibacterial analysis by methanolic
extract.

Unit -IV Practical Base Analysis- Phytochemical Screening Extraction Method -
Solvent Extraction by Soxhlet Extraction apparatus and Steam Distillation
(10periods)

Unit -V Practical Base Analysis

1. Antioxidant Activity of extract.

2. Antibacterial Activity of extract. (10 periods)

Sipna Shikshan Prasarak Mandal, Amravatis

ARTS, SCIENCE & COMMERCE COLLEGE CHIKHALDARA

Academic Year: 2023-2024

Certificate Course on

Methods for Extraction of Medicinal Plants

(Duration:30 Hours)

Organized by

Department of Industrial Chemistry

Attendance

S.No.	Name of Student	Signature	Signature	Signature
		Date- 20/03/24	Date- 21/3/24	Date- 22/3/24
1	Abhishek Jayram Kasdekar			
2	Aditya Arvind Zod			
3	Gaurav Jitendra Agrawal			
4	Girish Lalit Madav			
5	Jagruti Dnyaneshwar Wakhare			
6	Kunal Vinod Bhagwatkar			
7	Mohammad Nadeem Abdul Saleem Abdul			
8	Mohammad Tqufiq Mohammad Rafiq			
9	Om Sudhir Kale			
10	Prajwal Keshav Kale			
11	Rohit Balmukund Potekar			
12	Rushikesh Ramcharan Dammale			
13	Sarvesh Sunil Badwaik			
14	Sham Raju Bethe			
15	Sheikh Mohamad Afif Mohammad Nasir			
16	Shivam Rajaram Patorkar			
17	Shreyash Sunil Dhonde			

18	Girhe Triveni Ramdas	Girhe	Girhe	Girhe
19	Bhatkar Nitesh Namdev	Bhatkar	Bhatkar	Bhatkar
20	Tarkar Dhanesh Ramkaran	Tarkar	Tarkar	Tarkar
21	Asolkar Nilesh Deorao	Asolkar	Asolkar	Asolkar
22	Ku. Ghormade Vaishnavi Sanjay	KGhormade	KGhormade	KGhormade
23	Darshimbe Abhishek Manu	Darshimbe	Darshimbe	Darshimbe
24	Mawaskar Narayan Chhote	Mawaskar	Mawaskar	Mawaskar
25	Bethekar Rahul Rajaram	Bethekar	Bethekar	Bethekar

A. F. Bobade
A. F. Bobade
 Asst. Professor & H.O.D (Industrial Chemistry)
 Arts, Science & Commerce College,
 Chikhaldara

Principal
Principal
 PRINCIPAL
 Art, Science & Commerce
 College, Chikhaldara

Sipna Shikshan Prasarak Mandal, Amravatis
ARTS, SCIENCE & COMMERCE COLLEGE CHIKHALDARA

Academic Year: 2023-2024

**Certificate Course on
Methods for Extraction of Medicinal Plants**

(Duration:30 Hours)

Organized by

Department of Industrial Chemistry

Attendance

S.No.	Name of Student	Signature	Signature	Signature
		Date- 23/3/24	Date-26/3/24	Date- 27/3/24
1	Abhishek Jayram Kasdekar			
2	Aditya Arvind Zod			
3	Gaurav Jitendra Agrawal			
4	Girish Lalit Madav			
5	Jagruti Dnyaneshwar Wakhare			
6	Kunal Vinod Bhagwatkar			
7	Mohammad Nadeem Abdul Saleem Abdul			
8	Mohammad Tqufiq Mohammad Rafiq			
9	Om Sudhir Kale			
10	Prajwal Keshav Kale			
11	Rohit Balmukund Potekar			
12	Rushikesh Ramcharan Dammale			
13	Sarvesh Sunil Badwaik			
14	Sham Raju Bethe			
15	Sheikh Mohamad Afif Mohammad Nasir			
16	Shivam Rajaram Patorkar			
17	Shreyash Sunil Dhonde			

18	Girhe Triveni Ramdas	Girhe	Girhe	Girhe
19	Bhatkar Nitesh Namdev	Bhatkar	Bhatkar	Bhatkar
20	Tarkar Dhanesh Ramkaran	Tarkar	Tarkar	Tarkar
21	Asolkar Nilesh Deorao	AS	AS	AS
22	Ku. Ghormade Vaishnavi Sanjay	V. Ghormade	V. Ghormade	V. Ghormade
23	Darshimbe Abhishek Manu	M	M	M
24	Mawaskar Narayan Chhote	Mawaskar	Mawaskar	Mawaskar
25	Bethekar Rahul Rajaram	Bethekar	Bethekar	Bethekar

A. F. Bobade
A. F. Bobade
 Asst. Professor & H.O.D [Industrial Chemistry]
 Arts, Science & Commerce College,
 Chikhaldara

A. F. Bobade
 PRINCIPAL
 Art, Science & Commerce
 College, Chikhaldara

ARTS, SCIENCE & COMMERCE COLLEGE CHIKHALDARA

Academic Year: 2023-2024

Certificate Course On

Methods for Extraction of Medicinal Plants

(Duration 20/03/2024 to 27/03/2024)

List of Admitted students

Sr.No.	Name of students
1	Abhishek Jayram Kasdekar
2	Aditya Arvind Zod
3	Gaurav Jitendra Agrawal
4	Girish Lalit Madav
5	Jagruti Dnyaneshwar Wakhare
6	Kunal Vinod Bhagwatkar
7	Mohammad Nadeem Abdul Saleem
8	Mohammad Tqufiq Mohammad Rafiq
9	Om Sudhir Kale
10	Prajwal Keshav Kale
11	Rohit Balmukund Potekar
12	Dammale Rushikesh Ramcharan
13	Sarvesh Sunil Badwaik
14	Sham Raju Bethe
15	Sheikh Mohamad Afif Mohammad
16	Shivam Rajaram Patorkar
17	Shreyash Sunil Dhonde
18	Girhe Triveni Ramdas
19	Bhatkar Nitesh Namdev
20	Tarkar Dhanesh Ramkaran
21	Asolkar Nilesh Deorao
22	Ku. Ghormade Vaishnavi Sanjay
23	Darshimbe Abhishek Manu
24	Mawaskar Narayan Chhote
25	Bethekar Rahul Rajaram

ARTS, SCIENCE & COMMERCE COLLEGE CHIKHALDARA

Academic Year: 2023-2024

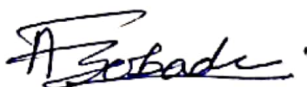
Certificate Course on

Methods for Extraction of Medicinal Plants

(Duration-20/03/2024 to 27/03/2024)

Statement of Marks

Sr.No.	Name of students	Theory (30M)	Practical Field work (20M)	Total Out of (50)
1	Abhishek Jayram Kasdekar	25	15	40
2	Aditya Arvind Zod	25	20	45
3	Gaurav Jitendra Agrawal	25	15	40
4	Girish Lalit Madav	25	15	40
5	Jagruti Dnyaneshwar Wakhare	25	20	45
6	Kunal Vinod Bhagwatkar	20	15	35
7	Mohammad Nadeem Abdul Saleem	20	12	32
8	Mohammad Tqufiq Mohammad Rafiq	21	14	35
9	Om Sudhir Kale	23	15	38
10	Prajwal Keshav Kale	22	11	33
11	Rohit Balmukund Potekar	25	20	45
12	Dammale Rushikesh Ramcharan	22	10	32
13	Sarvesh Sunil Badwaik	26	20	46
14	Sham Raju Bethe	25	15	40
15	Sheikh Mohamad Afif Mohammad	25	20	45
16	Shivam Rajaram Patorkar	20	15	35
17	Shreyash Sunil Dhonde	20	12	32
18	Girhe Triveni Ramdas	21	14	35
19	Bhatkar Nitesh Namdev	20	12	32
20	Tarkar Dhanesh Ramkaran	26	20	46
21	Asolkar Nilesh Deorao	26	20	46
22	Ku. Ghormade Vaishnavi Sanjay	25	20	45
23	Darshimbe Abhishek Manu	25	20	45
24	Mawaskar Narayan Chhote	22	10	32
25	Bethekar Rahul Rajaram	26	20	46



Co-ordinator

A. F. Bobade

Asst Professor & H.O.D (Industrial Chemistry)

Arts, Science & Commerce College,

Chikhaldara

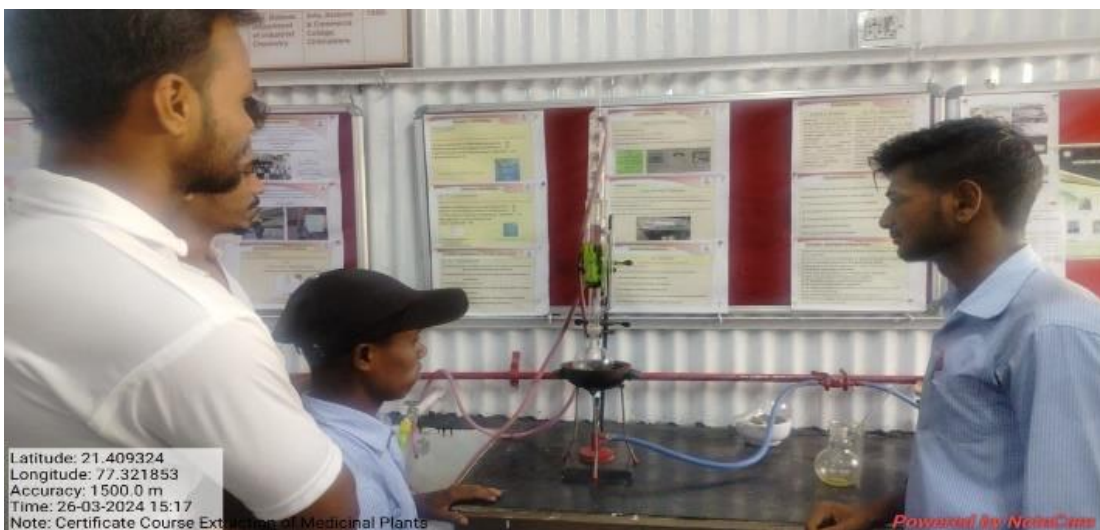
Sipna Shikshan Prasarak Mandal, Amravatis
ARTS, SCIENCE & COMMERCE COLLEGE CHIKHALDARA



Certificate Course on
Methods for Extraction of Medicinal Plants
Department of Industrial Chemistry
Duration 20/03/2024 to 27/03/2024
Practical Session



**Certificate Course on
Methods for Extraction of Medicinal Plants
Practical Session**

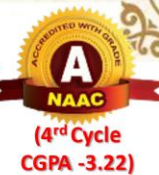




Sipna Shikshan Prasarak Mandal, Amravati's

Arts, Science & Commerce College

Chikhaldara, Distt. Amravati (Maharashtra)



Certificate Course on

Methods for Extraction of Medicinal Plants

Organized by

Department of Industrial Chemistry

This is to certify that Mr./Miss _____ has actively participated and completed Add on Course on “**Methods for Extraction of Medicinal Plants**” organized by Department of Industrial Chemistry, during : **Duration 20/03/2024 to 27/03/2024**

A. F. Bobade
Convener

Dr. R. S. Jaipurkar
Principal



Sipna Shikshan Prasarak Mandal, Amravati's
ARTS, SCIENCE AND COMMERCE COLLEGE,
CHIKHALDARA, DISTT. AMRAVATI (MS)
4th Cycle Re-accredited by NAAC with Grade 'A' (CGPA 3.22)



Department of Marathi

2023-24

A Six Day Certificate Course In Applied Marathi

- **Date /Period** During 20/02/2024 to 26/02/2024
- **Venue** College campus

Objectives

- *To enhance linguistic skills of students*
- *To update their knowledge of practical aspects of Marathi*
- *To help them prepare for skill component of examination of Marathi*

Brief Report

To work on enhancement of linguistic skills of students is the initiative of IQAC. To comply with the same Department of Marathi organized **A Six Day Certificate Course In Applied Marathi** under its extension activity **Development & spread of Standard writing and practical Marathi**. The course was formally inaugurated by principal Dr. Rajesh Jaipurkar in his inaugural speech principal Dr. Jaipurkar appealed to students to benefit the most from the course. The practical aspects of Marathi will be dealt with in the course and the participants will learn various ways to use Marathi effectively. This will also help them dealing with the skill component of examination of Marathi. Prof. Dr. Anand V. Dudul formulated the syllabus for the certificate course. 50 students had enrolled for this course. Prof. Dr. A. V Dudul and Prof. Dr. M. B. Sardar took efforts to make this course a success. This course was suggested to the department of Marathi by IQAC of the college.

- **Collaborating Agency, if any** : Nil
- **No. of participants/ Beneficiaries** : 50
- **Link of the Programme (If Online):** : N A
- **Geo Tagged Photographs** : Attached herewith
- **Feedback Link (If Online)** : Feedback collected

Dr. Anand V. Dudul
Professor & Head
Department of Marathi
Arts, Science & Commerce College
Chikhaldara

PRINCIPAL
Arts, Science & Commerce College
Chikhaldara



Highlights of the course

Principal Dr, Rajesh Jiapurkar inaugurating the course



Participants of the course



ML
PRINCIPAL
Art, Science & Commerce
College, Chikhaldara

Prof. M B Sardar and Prof. A V Dudul delivering the lectures



Dr. Anand V. Dudul
Professor & Head
Department of Marathi
Arts, Science & Commerce College
Chikhaldara

PRINCIPAL
Art, Science & Commerce
College, Chikhaldara



सिपना शिक्षण प्रसारक मंडळ, अमरावती द्वारा संचालित,
कला, विज्ञान व वाणिज्य महाविद्यालय चिखलदरा.

मराठी विभाग
(२०२३-२०२४)

प्रति,
मा. प्राचार्य,
कला, विज्ञान व वाणिज्य महाविद्यालय,
चिखलदरा.
विषय- कार्यक्रमाची अनुमती मिळण्याबाबत.

मा. महोदय,

मराठी विभागाद्वारा सर्टिफिकेट कोर्स इन उपयोजित मराठी चे आयोजन करायचे आहे. याकरिता
अनुमती घावी ही नम्र विनंती.

दिनांक १५/०२/२४
चिखलदरा.

Permission granted



प्राचार्य

कला, विज्ञान व वाणिज्य महाविद्यालय
चिखलदरा, जि. अमरावती

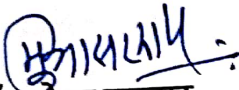

आपला

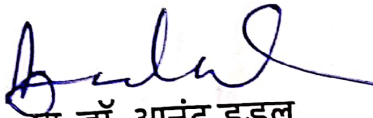
प्रा. डॉ. आनंद डुडूल


Dr. Anand V. Dudul
Professor & Head
Department of Marathi
Science & Commerce College
Chikhaldara

मराठी विभाग
सूचना

कला, विज्ञान व वाणिज्य महाविद्यालयातील सर्व विद्यार्थ्यांना सुचित करण्यात येते की, मराठी विभागाद्वारा "सर्टिफिकेट कोर्स इन उपयोजित मराठी" चे आयोजन दिनांक 20/02/2024 ते 26/02/2024 पर्यंत करण्यात आले आहे. तरी सर्व विद्यार्थ्यांनी या कोर्स करिता प्रा.डॉ. मुकेश सरदार सरांकडे आपली नावे द्यावीत.


प्रा. डॉ. मुकेश सरदार
(संयोजक)
Dr. Mukesh Bhaurao Sardar
Associate Professor
Arts, Science & Commerce College,
Chikhaldara


प्रा. डॉ. आनंद डूडुल
(विभाग प्रमुख)
Dr. Anand V. D. D.
Professor & Head
Department of Marathi
Arts, Science & Commerce College
Chikhaldara


डॉ. राजेश जयपूरकर
(प्राचार्य/चाव)
कला, विज्ञान व वाणिज्य महाविद्यालय
चिखलदरा, जि. अमरावती

सिपना शिक्षण प्रसारक मंडळ, अमरावती व्दारा संचालित
कला, विज्ञान व वाणिज्य महाविद्यालय,
चिखलदरा

मराठी विभाग

प्रमाण लेखन व व्यावहारिक मराठी : विकास व प्रसार
विस्तार उपक्रम

“सर्टिफिकेट कोर्स इन उपयोजित मराठी”

(Syllabus for A Certificate Course in Applied Marathi)

अभ्यासक्रम

१) संभाषण कौशल्ये

- सूत्र संचालन कौशल्ये— भाषा प्रभुत्व, समाधीटपणा, ताज्या घडामोडीची जाण,
- मुलाखत कौशल्ये,
- वक्तृत्व कौशल्ये

२) कार्यालयीन पत्रव्यवहार

- स्व— परिचय पत्र व नोकरीसाठी आवेदन,
- कार्यालयीन पत्रव्यवहार,
- टिपणी

३) लेखन कौशल्ये

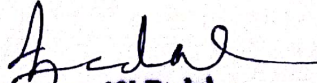
- संवाद लेखन कौशल्ये,
- जाहिरात लेखन कौशल्ये,
- गीत लेखन कौशल्ये, ब
- बातमी लेखन,
- अहवाल लेखन,
- वृतांत लेखन


४) कार्यक्रमाचे आयोजन

५) भाषांतर व अनुवाद

६) शोध निबंध

- विषय निश्चिती,
- व्याप्ती
- भूमिका
- संशोधन पद्धती
- संदर्भ व टिपा


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करून आलेला अवलिया रूप्यातील महान साधू किंवा कोणीतरी वेळसर तरी असावा जवळ असलेले साधन सामग्री पाहिली तर एक भला मोठा भोपळा व हातात कच्च्या मातीची विचभर लांबीची चिलम, चिलम पीत असावा असे मानले तर ती कच्च्या मातीची जवळ असलेल्या भोपळ्याचा तर पाणी प्यायला कधी उपयोग होतो असेलच पण चिलम कशासाठी? तरीही यशोचित असा यावरून वेड्याच्या ठिकाणी इतकी कल्पकता असंभवीय वाटते शेवटी त्याच्यासोबत बोलून पहावे असा विचार या दोषा मित्रांनी करून शेवटी ते त्या जवळ जाऊन बोलू पहावे असा विचार करून या दोषा मित्रांनी शेवटी त्याच्याजवळ गेले परंतु जवळ जाऊनही त्या दोघांकडे या अवलियाचे मुळातच लक्ष नव्हते या दोषा मित्रांनी बोलणे सुरू केल्यावर मोठ्या मिस्लिन पणे त्या

विस्मर पडला होता त्याचप्रमाणे हा योगी मुक्तीरूप मुषंदेसाठी वेडा झाला असावा तेव्हा आता त्याची परीक्षा घेणे योग्य नाही अशा विद्वेही पुरुषांचे दर्शन होणे आपले महंत भाग्य होते हे त्या दोघांना जाणवले तोपर्यंत पत्रावळीचे संपूर्ण अन्न त्या तेजस्वी पुरुषांनी निरिच्छ पणे ग्रहण केले होते हा ब्रह्मज्ञानी योगी केवळ जठराची तुप्ती भूक भागवण्यासाठी भोजन करतो आहे हे या दोघा मित्रांना लक्षात आले या अवलियांचे यथेच्छपणे भोजन ग्रहण केले त्या अर्धी शरीर धर्म अनुसार त्याला तहान नक्कीच लागली असेल असा विचार बंकट लालाच्या मनात आला भोपळ्यात पाहिले तर पाणी नाही हे लक्षात येताच बंकटलाला त्या अवली याला म्हणाले आपली इच्छा असल्यास मी आपणास पाणी आणून देतो त्याचे हे शब्द ऐकून त्या अवलिया पुरुषांनी उभयंताकडे पाहिले

न अनुभवलेला प्रसंग अवर्णनीय व काही व्यथितसत्ता असा होता आणि तेव्हापासूनच आजव्यत हा दिवस त्या महान योग्याचा म्हणजे त्या महान अवलियाचा म्हणजे श्री संत गजानन महाराजांचा प्रगत दिन म्हणून संपूर्ण जगामध्ये साजरा केला जातो मुळात श्री गजानन महाराज हे स्वयंम् अर्थांनी महार्हासिध्दाय आहेत ते केवळ निजलीलेने या जगाचा उदार करण्यासाठी अवतरलेले आहेतच याचा अनुभव आजपर्यंत अनेक भक्तांना मिळालेला आपणही अनुभव घेऊ शकता श्रद्धा आणि भक्तीच्या जोरावर हे मने आहेत श्री गजानन महाराज प्रकट दिनाच्या सर्वांना हार्दिक शुभेच्छा जय श्री गजानन

● डॉ. मंगेश सुरेशराव निर्मळ
शेगांव पो. १८५०३१३३१५

सर्टिफिकेट कोर्स इन उपयोजित मराठीचे यशस्वी आयोजन

६. दि. २१/०३/२०२४

चिखलदरा दि. २ : मिपना शिक्षण प्रसारक मंडळ अमरावती द्वारा संचालित, कला, विज्ञान व वाणिज्य महाविद्यालय चिखलदरा येथील मराठी विभागाच्या वतीने दिनांक २१ मार्च २०२४ ते २७ मार्च २०२४ पर्यंत प्रमाण लेखन व व्यावहारिक मराठी विकास व प्रसार या विस्तार उपक्रमा अंतर्गत सर्टिफिकेट कोर्स इन उपयोजित मराठी या कोर्सचे आयोजन करण्यात आले. यामध्ये मूत्रसंचालनाचे कौशल्य, भाषा प्रभुत्व, सभाधिपणा, ताज्या घडामोडींची जाण, मुलाखतीचे कौशल्य, वक्तृत्व कौशल्य, कार्यालयीन प्रत्यवहार, स्वयंरिचय पत्र व नोकरेसाठी आवेदन करणे, टिपणे लेखन, कौशल्य संवाद कौशल्य, जाहीरात लेखन कौशल्य, गीत लेखन कौशल्य, बातमी लेखन कौशल्य, अहवाल लेखन कौशल्य, वृत्तांत लेखन, कार्यक्रमाचे आयोजन करणे



करावे, भाषांतर व अनुवाद कसा करावा, शोध निबंध कसा लिहावा, त्याची विषय निश्चिती, व्याप्ती, भूमिका, संशोधन पद्धती, संदर्भ व टिपा इत्यादी विषयावर प्रा. डॉ. आनंद डुडूल मराठी विभाग प्रमुख तथा

सर्टिफिकेट कोर्स इन उपयोजित मराठीचे संयोजक प्रा. डॉ. मुने सरदार यांनी यथोचित मार्गदर्शन केले. दिनांक २१ मार्च २०२४ ला कार्यशाळेचे उद्घाटन महाविद्यालय प्राचार्य डॉ. राजेश जयपुरकर (मा प्र - कुलगुरू संत गाडगेबा अमरावती विद्यापीठ) यांनी केले. या कार्यशाळेला मुद्रिया शशिक अथोट, टिपाली रायसिंग चतुर, नि. बाबुलाल धोडे, पूजा रामला जामुनकर, निर्मला किशोर पिलावेक, ममता रामजी कामेकर, करी राजाराम जामुनकर, निकिता रामला अखंडे, अश्विनी श्रीराम भिन्तावेक, सुनीता जोले भुसूम, ममता राम कामेकर, अरुंधती इवने, प्रियंका राजाराम पिकार, प्रियंका साहेबराव इत्यादी विद्यार्थ्यांनी परिश्रम घेतले. कार्यशाळेचा लाभ महाविद्यालयातील बहुसंख्य विद्यार्थी शिक्षक व शिक्षके कर्मचारी यांनी घेतला.

प्रा. राम मेघे कॉलेज ऑफ इंजीनियरिंग अँड मॅनेजमेंट येथे जिल्हास्तरीय कार्यशाळा संपन्न

अमरावती दि. २ : विदर्भ युथ वेलफेअर सोसायटी संचालित प्रा राम मेघे कॉलेज ऑफ इंजीनियरिंग अँड मॅनेजमेंट बटनेरा येथे संस्थेचे अध्यक्ष डॉ. नितीन पांडे, उपाध्यक्ष मा. अँट. उदय देशमुख, कोषाध्यक्ष मा. प्रा. (डॉ.) हेमंत देशमुख, सचिव मा. श्री. युवराजसिंग चौपरी तसेच संस्थेचे सदस्य मा. श्री. शंकररावजी काळे, मा. श्री. नितीन हिवसे, मा. सो. रामोणी देशमुख, मा. डॉ. सो. वैशाली पांडे, मा. डॉ. सो. पुनम चौपरी तसेच महाविद्यालयाचे प्राचार्य डॉ. दिनेश हरकर यांच्या मार्गदर्शनाखाली



उपलब्ध केल्या जातात याचाच भाग म्हणून महाविद्यालयाने संत गाडगेबाबा अमरावती विद्यापीठाच्या विद्यार्थी विकास विभागाद्वारा मान्यता

यांनी ममन्वय कर्तव्य आणि जबाबदारी यावर भाष्य केले. कार्यक्रमाला अध्यक्ष म्हणून प्राचार्य डॉ. दिनेश हरकर उद्घाटक डॉ. रवींद्र कडू, डॉ. राजीव बोरकर, डॉ. सचिन दिघडे हे प्रमुख पाहुणे म्हणून उपस्थित होते. कार्यक्रमाला मार्गदर्शक म्हणून डॉ. निकु खालसा, डॉ. निखिलेश न. तोडे, डॉ. अंकुश गिरी, प्रा. अमोल करमरकर यांची उपस्थिती होती. कार्यक्रमाचे संचालन प्रा. गार्गेस आवारे व प्रा. राधिका इहाणे यांनी आभार प्रदर्शन

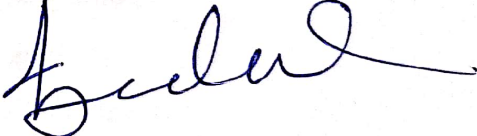
Department of Marathi
2023-24

A Six Day Certificate Course In Applied Marathi
From 20/02/2024 to 26/02/2024
Attendance sheet

Sr. No	Name of Student (Surname First)	Class	Signature					
			20/2/24	21/2/24	22/2/24	23/2/24	24/2/24	26/2/24
1	Jamkar Poonam Suresh	B.A. I	Poonam	Poonam	Poonam	Poonam	Poonam	Poonam
2	Bethe Sandip Babu	B.A. I	Ab	Sandip	Sandip	Sandip	Sandip	Sandip
3	Dhande Dipali Jaju	B.A. I	Dipali	Dipali	Dipali	Dipali	Ab	Dipali
4	Bhusum Sonali Maniram	B.A. I	Shrusum	Shrusum	Shrusum	Shrusum	Shrusum	Shrusum
5	Kasdekar Durgesh Ganesh	B.A. I	Dkasdekar	Dkasdekar	Ab	Dkasdekar	Dkasdekar	Dkasdekar
6	Shelekar Roshani Ramprasad	B.A. I	Ros	Ros	Ros	Ros	Ros	Ros
7	Bhilavekar Karishma Dharamlal	B.A. I	Karishma	Karishma	Karishma	Karishma	Karishma	Karishma
8	Bhilavekar Kavita Munna	B.A. I	Bmg	Bmg	Bmg	Bmg	Bmg	Bmg
9	Bhilavekar Sharada Goma	B.A. I	Sharada	Sharada	Sharada	Sharada	Sharada	Sharada
10	Mawaskar Kunal Nawalsing	B.A. I	Kunal	Kunal	Kunal	Kunal	Kunal	Kunal
11	Belsare Roshan Champalal	B.A. I	Roshan	Roshan	Roshan	Roshan	Roshan	Roshan
12	Belsare Rajesh Ratiram	B.A. I	Ab	Rajesh	Rajesh	Rajesh	Rajesh	Rajesh
13	BELSARE RAHUL GANESH	B.A. I	Rahul	Rahul	Rahul	Rahul	Rahul	Rahul
14	Jamkar Ritik Babulal	B.A. I	Ritik	Ritik	Ritik	Ritik	Ritik	Ritik
15	Belsare Sonaklal Shiobhelal	B.A. I	Bhelal	Bhelal	Bhelal	Bhelal	Ab	Bhelal
16	Dahikar Shekhar Shantilal	B.A. I	Shekhar	Shekhar	Shekhar	Shekhar	Shekhar	Shekhar
17	Jawarkar Samir Nandkishor	B.A. I	Samir	Samir	Samir	Samir	Samir	Samir
18	Ku. Jawarkar Sunita Pannalal	B.A. I	J.S	J.S	J.S	J.S	J.S	J.S
19	Ku. Sawalkar Mina Swarupchand	B.A. I	Mina	Mina	Mina	Mina	Mina	Mina
20	Ku. Dhandekar Mahima	B.A. I	Ab	Dhandekar	Dhandekar	Dhandekar	Dhandekar	Dhandekar

Fagnu									
21	Jharekar Kartik Hariom	B.A. I	Ahake	A6	Ab	Ab	Ab	Ab	Ab
22	Thakare Bule Patiram	B.A. I	Bul	Bul	Bule	Bulmika	Bulmika	Bulmika	Bulmika
23	Sawalkar Karan Suresh	B.A. I	Sawalkar	Sawalkar	Sawalkar	Sawalkar	Sawalkar	Sawalkar	Sawalkar
24	Jamkar Ajay Bhaiyalal	B.A. I	Dulanka	Dulanka	Dulanka	Dul	Dulanka	Dulanka	Dulanka
25	Lokhande Rohan Kishor	B.A. I	A6	Rokhande	Rokhande	Rokhande	Rokhande	Rokhande	Rokhande
26	Lokhande Shivam Kishor	B.A. I	Sokhande	Sokhande	Sokhande	Sokhande	Sokhande	Sokhande	Sokhande
27	Dhikar Nikish Bajirao	B.A. I	Bhikar	Bhikar	Bhikar	Bhikar	Bhikar	Bhikar	Bhikar
28	Dhande Puja Gopal (Readmission)	B.A. I	J.Phande	J.Phande	J.Phande	J.Phande	J.Phande	J.Phande	A6
29	Shah aayan shah aji shah	B.A. II	Ashah	Ashah	Ashah	Ashah	Ashah	Ashah	Ashah
30	Nayab shah rauf shah	B.A. II	Rshah	Rshah	Rshah	Rshah	Rshah	Rshah	Rshah
31	Laluwale mustafa jumma	B.A. II	A6	J.mluwale	J.mluwale	J.mluwale	A6	J.mluwale	J.mluwale
32	Khadke abhijit pundlik	B.A. II	Pakke	Pakke	Pakke	Pakke	Pakke	Pakke	Pakke
33	Yewle shekhar namdev	B.A. II	Yewle	Yewle	Yewle	Yewle	Yewle	Yewle	Yewle
34	Chawande nilesh kisan	B.A. II	Chawande	Chawande	Chawande	Chawande	Chawande	Chawande	Chawande
35	Ku. Yewale payal ganesh	B.A. II	K.Yewale	K.Yewale	K.Yewale	K.Yewale	K.Yewale	K.Yewale	K.Yewale
36	Ku. Chawande prachi rama	B.A. II	P.Chawande	P.Chawande	P.Chawande	P.Chawande	P.Chawande	P.Chawande	P.Chawande
37	Shelke vikram tejuram	B.A. II	V.S	V.S	V.S	V.S	V.S	V.S	A6
38	Khadke vishal gangaram	B.A. II	V.GK	V.GK	V.GK	V.GK	V.GK	V.GK	V.GK
39	Shriwas vinit dipak	B.A. II	Vinit	Vinit	Vinit	Vinit	Vinit	Vinit	Vinit
40	Ku. Naktode radha gajanan	B.A. II	RGN	RGN	RGN	RGN	RGN	RGN	RGN
41	Bonde Gaurav Vinod	B.A. II	Bonde	Bonde	A6	Bonde	Bonde	Bonde	Bonde
42	KU. KILLEDAR ASHWINI PREM	B.A. II	Akilledar	Akilledar	Akilledar	Akilledar	Akilledar	Akilledar	Akilledar
43	KU. SHAH KHUSHBU UPENDAR	B.A. II	Shah	Shah	Shah	Shah	Shah	Shah	Shah
44	KU. JOG SAKSHI RAJU	B.A. II	A6	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi

45	KU. DABHADE MANDAKINI RAMRAO	B.A. II	<u>Dabha</u>	<u>Mandakini</u>	<u>Ramrao</u>	<u>Dabha</u>	A6	<u>Dabha</u>
46	KU. SADANSHIV RITIKA RAJESH	B.A. II	<u>Sadan</u>	<u>Ritika</u>	<u>Rajesh</u>	<u>Sadan</u>	<u>Ritika</u>	<u>Rajesh</u>
47	KU. WANKHADE KOMAL DNYANESHWAR	B.A. II	<u>Wankha</u>	A6	<u>Komal</u>	<u>Dnyaneshwar</u>	<u>Wankha</u>	<u>Komal</u>
48	KU. WANKHADE PRITI NARAYAN	B.A. II	<u>P.N. Wankha</u>	<u>Priti</u>	<u>Narayan</u>	<u>P.N. Wankha</u>	<u>Priti</u>	<u>Narayan</u>
49	KU. DHIKAR PRIYANKA RAJARAM	B.A. II	<u>Dhikar</u>	<u>Priyanka</u>	A6	<u>Dhikar</u>	<u>Priyanka</u>	<u>Rajaram</u>
50	KU. BHUSUM ZOLE SUNITA	B.A. II	A6	<u>Bhusum</u>	<u>Zole</u>	<u>Bhusum</u>	<u>Zole</u>	<u>Sunita</u>


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 Chikhaldara

1. The Content of the certificate course was

या प्रमाणपत्र अभ्यासक्रमाचे विषय कसे होते?

- i) excellent
ii) very good
iii) satisfactory
iv) not so good

2 Did you find this certificate course useful and relevant

तुम्हाला हा प्रमाणपत्र अभ्यासक्रम उपयोगी आणि प्रस्तुत वाटला काय?

- i) To a great extent
ii) Good
iii) Satisfactory
iv) Not so good

3 The delivery of the curriculum was

अभ्यासक्रमाची प्रस्तुती कशा प्रकारे झाली?

- i) excellent
ii) very good
iii) satisfactory
iv) not so good

4 The activities and learning experiences in this certificate course was

या अभ्यासक्रमातील क्रिया कलाप आणि अध्ययनाचा अनुभव कसा राहिला?

- i) excellent
ii) very good
iii) satisfactory
iv) not so good

5 What did you like best about this certificate course?

या प्रमाणपत्र अभ्यासक्रमामध्ये तुम्हाला सगळ्यात जास्त काय आवडले?

या पॉर्स नंतर विद्यार्थ्यांमध्ये बसठी बोध करीता गोळी
निमाण झाली आहे.

6. Additional comments if any:

याशिवाय काही प्रतिक्रिया असल्यास:

Nil

Thank you for participating. We appreciate your feedback!

नात : कु. साक्षी राव जोष
स्वाक्षरी : Saxhi

Arts, Science and Commerce College, Chikhaldara, Dist-Amravati
Department of Marathi
2023-24

A Six Day Certificate Course in Applied Marathi
From 20/02/2024 to 26/02/2024
Feedback Form

1. The Content of the certificate course was

या प्रमाणपत्र अभ्यासक्रमाचे विषय कसे होते?

- i) excellent
ii) very good
iii) satisfactory
iv) not so good

2 Did you find this certificate course useful and relevant

तुम्हाला हा प्रमाणपत्र अभ्यासक्रम उपयोगी आणि प्रस्तुत वाटला काय?

- i) To a great extent
 ii) Good
iii) Satisfactory
iv) Not so good

3 The delivery of the curriculum was

अभ्यासक्रमाची प्रस्तुती कशा प्रकारे झाली?

- i) excellent
ii) very good
iii) satisfactory
iv) not so good

4 The activities and learning experiences in this certificate course was

या अभ्यासक्रमातील क्रिया कलाप आणि अध्ययनाचा अनुभव कसा राहिला?

- i) excellent
ii) very good
iii) satisfactory
iv) not so good

5 What did you like best about this certificate course?

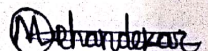
या प्रमाणपत्र अभ्यासक्रमामध्ये तुम्हाला सगळ्यात जास्त काय आवडले?

सापेक्षा विकास झाला आहे

6. Additional comments if any:

याशिवाय काही प्रतिक्रिया असल्यास:

Thank you for participating. We appreciate your feedback!

नाव :- मदिना कागठू डोंडकर
आवडी 



1. The Content of the certificate course was

या प्रमाणपत्र अभ्यासक्रमाचे विषय कसे होते?

- i) excellent
- ii) ✓very good
- iii) satisfactory
- iv) not so good

2 Did you find this certificate course useful and relevant

तुम्हाला हा प्रमाणपत्र अभ्यासक्रम उपयोगी आणि प्रस्तुत वाटला काय?

- i) ✓To a great extent
- ii) Good
- iii) Satisfactory
- iv) Not so good

3 The delivery of the curriculum was

अभ्यासक्रमाची प्रस्तुती कशा प्रकारे झाली?

- i) excellent
- ii) ✓very good
- iii) satisfactory
- iv) not so good

4 The activities and learning experiences in this certificate course was

या अभ्यासक्रमातील क्रिया कलाप आणि अध्ययनाचा अनुभव कसा राहिला?

- i) ✓excellent
- ii) very good
- iii) satisfactory
- iv) not so good

5 What did you like best about this certificate course?

या प्रमाणपत्र अभ्यासक्रमामध्ये तुम्हाला सगळ्यात जास्त काय आवडले?

विद्यार्थ्यांचे मराठी भाषकडे प्राक्रिये वाढले

6. Additional comments if any:

याशिवाय काही प्रतिक्रिया असल्यास:

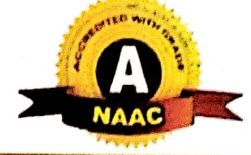
Thank you for participating. We appreciate your feedback!

नाव : वैभव रणजू दारशिव
स्वाक्षरी : Darshinika





Sipna Shikshan Prasarak Mandal, Amravati's
ARTS, SCIENCE AND COMMERCE COLLEGE,
CHIKHALDARA, Distt. Amravati




DEPARTMENT OF MARATHI
-EXTENSION ACTIVITY-

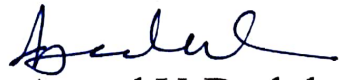
Development and Spread of Standard Writing and Practical Marathi


“A CERTIFICATE COURSE IN PRACTICAL MARATHI”

This is to certify that _____ Class

_____ successfully participated in “A Certificate Course in Practical Marathi”
organized during 20/02/2024 to 26/02/2024.


Dr. Mukesh B. Sardar
Coordinator


Dr. Anand V. Dudul
Head of Department


Dr. Rajesh S. Jaipurkar
Principal

Sipna Shikshan Prasarak Mandal, Amravati
Arts, Science and Commerce College, Chikhaldara
Career Guidance Cell
(Career Counseling and Guidance Cell)
ADD ON COURSE ON TIME MANAGEMENT
(2023-2024)
REPORT

Add On Course On Time Management is organized by the Career Guidance Cell of the college.

Objective: To teach students to manage their time effectively

Duration: 04.03.2024 to 09.03.2024

Total Time: 30 Hours in blended mode

No. of Participants: 91

Trainers: 1. Dr. K.N. Shah, Recognized Certified Trainer, SGBAU, Amravati
2. Dr. R.S. Mankar, Dept. of Geology
3. Dr. U. R. Kokate, Dept. of Botany
4. Dr. P.M. Kute, Dept. of Commerce
5. Dr. D.S. Hedao, Recognized Certified Trainer, SGBAU, Amravati
6. Prof. R.P. Rahate, Dept. of Chemistry

Topics Covered: Introduction to Time Management
Principles of Time Management
Time Analysis and Self-Awareness
Planning and Organization
Delegation and Saying No
Adaptability and Continuous Improvement

Documents: Notice for Staff & Students,
Attendance of the Students &
Photographs

Summary: The Add On Course On Time Management is organized by Career Guidance Cell for the students of college. The students are informed through the notice on regular notice book of Career Guidance Cell. Course Content is prepared as per the requirement of the students. The course is conducted in blended mode. The students are asked to submit assignments for which they need to attend the class and watch the related videos on the internet. Students have given oral feedback. Written feedback is also collected from the students. Everyone has said this Add On Course On Time Management is very useful for them.



Dr. D.S. HEDAHO

CO-ORDINATOR

CAREER GUIDANCE CELL

ESTD : 2003

Arts, Science and Commerce College
Chikhaldara



Dr. R.S. JAIPURKAR

PRINCIPAL

Arts, Science & Commerce College
Chikhaldara

Date: 23.02.2024

To,
The principal,
Arts, Science and Commerce College, Chikhaldara

Subject: Request for Permission to Organize Add On Course On Time Management

Dear Sir,

I hope this letter finds you well. I am writing to seek your permission to organize Add On Course On Time Management during the period 04.03.2024 to 09.03.2024 daily five hours at our esteemed college premises.

Add-On Course on Time Management typically aim to equip individuals with skills and techniques to effectively utilize their time, improve productivity, and achieve personal and professional goals. We believe it will contribute significantly to the overall development and engagement of our college community.

We assure you that all necessary arrangements and precautions will be taken to ensure the smooth conduct of the event without causing any disturbance to regular college activities.

We kindly request your approval for this initiative and would be grateful for any guidance or conditions you may have.

Thank you for considering our request. We look forward to your positive response.

Sincerely,



Dr. D. S. Hedao
Coordinator,
Career Guidance Cell
(Career Guidance and Counseling Cell)

Permission granted
J. D. Kales
PRINCIPAL
Art, Science & Commerce
College, Chikhaldara

Notice - 06

All the teachers and students hereby informed that. 'Add On Course On Time Management' is arranged as per given below.

* Duration : 04.03.2024 to 09.03.2024

* Daily Time : 05 Hours.

* Mode : Blended (Online + Offline)

* Method: Teaching + Assignments

'Time Table' and 'Course Content' is displayed on the notice board of the college.

Please register your name for this course before 03.03.2024 with Dr. D. S. Hedao

Daily Class : 4:30 pm to 6:30 pm

Self. Work : Atleast 03 hours per day

for watching videos suggested & Assignments.



CO-ORDINATOR

CAREER GUIDANCE CELL

ESTD : 2003

Arts, Science and Commerce College
Chikhaldara



PRINCIPAL

Arts, Science & Commerce College
Chikhaldara

R. S. Maurya

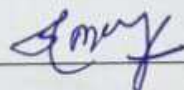
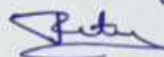
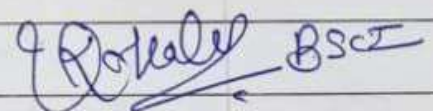
V. H. Mahan

A. R. Kanhu

v. m. mang.

Dr. V. R. Patil



Sae. B. A. H. - W. H.

Sipna Shikshan Prasarak Mandal, Amravati
Arts, Science and Commerce College, Chikhaldara
Career Guidance Cell
(Career Guidance and Counseling Cell)
(2023-2024)

Add On Course On Time Management

COURSE CONTENT

Unit 1: Introduction to Time Management 05H

- ✓ Definition and importance of time management
- ✓ Historical perspectives on time management
- ✓ The relationship between time management and personal/professional success
- ✓ Common challenges in managing time effectively

Unit 2: Principles of Time Management 05H

- ✓ Prioritization techniques: Eisenhower matrix, ABCD method
- ✓ Setting SMART goals (Specific, Measurable, Achievable, Relevant, Time-bound)
- ✓ Pareto Principle (80/20 rule) and its application to time management
- ✓ Time blocking and scheduling techniques

Unit 3: Time Analysis and Self-Awareness 05H

- ✓ Time audit: Assessing how time is currently spent
- ✓ Identifying time-wasting activities and habits
- ✓ Self-awareness and understanding personal energy levels
- ✓ The impact of procrastination and strategies to overcome it

Unit 4: Planning and Organization 05H


- ✓ Creating effective to-do lists
- ✓ Using productivity tools and technology
- ✓ Weekly and monthly planning
- ✓ Strategies for setting long-term goals and breaking them into manageable tasks

Unit 5: Delegation and Saying No 05H

- ✓ The art of delegation: Identifying tasks that can be delegated
- ✓ Learning to say no: Setting boundaries and managing commitments
- ✓ Overcoming guilt associated with declining requests
- ✓ Effective communication in delegating tasks

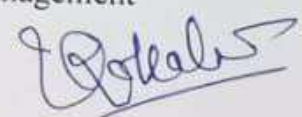
Unit 6: Adaptability and Continuous Improvement 05H

- ✓ Embracing change and adapting to unexpected events
- ✓ Time management in crisis situations
- ✓ Reflecting on and learning from experiences
- ✓ Developing a mindset of continuous improvement in time management


CO-ORDINATOR


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Chikhaldara




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Chikhaldara

Sipna Shikshan Prasarak Mandal, Amravati
Arts, Science and Commerce College, Chikhaldara
Career Guidance Cell
(Career Guidance and Counseling Cell)
(2023-2024)

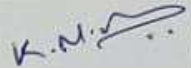
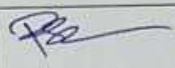
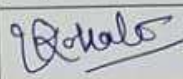

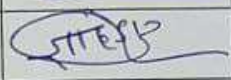
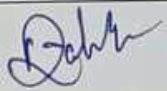
Add On Course On Time Management

TIME TABLE

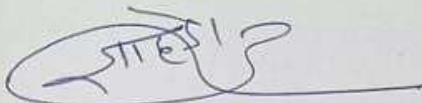
Date: 04-09 March, 2024

Total Time: 30 Hours

Daily Class-4.30-6.30/Self Work- Daily 03 Hours

Sr. No.	Date	Topic	Speaker	Signature
01	04.03.2024	Unit 1: Introduction to Time Management	Dr. K.N. Shah	
02	05.03.2024	Unit 2: Principles of Time Management	Dr. R.S. Mankar	
03	06.03.2024	Unit 3: Time Analysis and Self-Awareness	Dr. U. R. Kokate	
04	07.03.2024	Unit 4: Planning and Organization	Dr. P.M. Kute	
05	08.03.2024	Unit 5: Delegation and Saying No	Dr. D.S. Hedao	
06	09.03.2024	Unit 6: Adaptability and Continuous Improvement	Prof. R. P. Rahate	

Inauguration: Date-04.03.2024/Time:4.00-4.30 PM



CO-ORDINATOR

CAREER GUIDANCE CELL

ESTD: 2003

Arts, Science and Commerce College
Chikhaldara



PRINCIPAL
Arts, Science & Commerce College
Chikhaldara

Sipna Shikshan Prasarak Mandal, Amravati
Arts, Science and Commerce College, Chikhaldara

Career Guidance Cell

(Career Guidance and Counseling Cell)
(2023-2024)

**Add On Course On Time Management
ATTENDANCE**

Duration: 04.03.2024 to 09.03.2024

Total Time: 30 Hours

Sr. No.	Name of Student	Class	Date	Signature
01	Akshay Bhuiyyalal kardekar	B.Sc II	04.03.2024	
			05.03.2024	
			06.03.2024	
			07.03.2024	
			08.03.2024	
			09.03.2024	
02	Pawan Dayaram kale	B.A II	04.03.2024	
			05.03.2024	
			06.03.2024	
			07.03.2024	
			08.03.2024	
			09.03.2024	
03	Yash Nilesh Gaurkhar	B.Sc. I	04.03.2024	
			05.03.2024	
			06.03.2024	
			07.03.2024	
			08.03.2024	
			09.03.2024	
04	Sachin vilas Metange	B.Sc. I	04.03.2024	
			05.03.2024	
			06.03.2024	
			07.03.2024	
			08.03.2024	
			09.03.2024	
05	Pranav santosh Babade	B.S.C.I	04.03.2024	
			05.03.2024	
			06.03.2024	
			07.03.2024	
			08.03.2024	
			09.03.2024	
06	pawan shunil muraskar	B.S.C II	04.03.2024	
			05.03.2024	
			06.03.2024	
			07.03.2024	
			08.03.2024	
			09.03.2024	

Total Participants = 91 || Total Pages = 12



7	Rakesh onkar mawadkar	B.Com III	04.03.2024	Rakesh
			05.03.2024	Rakesh
			06.03.2024	Rakesh
			07.03.2024	Rakesh
			08.03.2024	Rakesh
			09.03.2024	Rakesh
8	Gomaji Rana Kasdekar	B.A I	04.03.2024	Gomaji
			05.03.2024	Gomaji
			06.03.2024	Gomaji
			07.03.2024	Gomaji
			08.03.2024	Gomaji
			09.03.2024	Gomaji
9	Anil manaji sawalkar	B.A II	04.03.2024	Anil
			05.03.2024	Anil
			06.03.2024	Anil
			07.03.2024	Anil
			08.03.2024	Anil
			09.03.2024	Anil
10	Satish sukhral phikar	B.A II	04.03.2024	Satish
			05.03.2024	Satish
			06.03.2024	Satish
			07.03.2024	Satish
			08.03.2024	Satish
			09.03.2024	Satish
11	Sandip Manaji Phikar		04.03.2024	Sandip
			05.03.2024	Sandip
			06.03.2024	Sandip
			07.03.2024	Sandip
			08.03.2024	Sandip
			09.03.2024	Sandip
12	Sagar Shaligram Darsimbe	B.S.C.I	04.03.2024	Sagar
			05.03.2024	Sagar
			06.03.2024	Sagar
			07.03.2024	Sagar
			08.03.2024	Sagar
			09.03.2024	Sagar
13	Aditya Arvind zoy	B.S.C.I	04.03.2024	Aditya
			05.03.2024	Aditya
			06.03.2024	Aditya
			07.03.2024	Aditya
			08.03.2024	Aditya
			09.03.2024	Aditya
14	Kaif Shah Jakir Shah	B.S.C.I	04.03.2024	Kaif
			05.03.2024	Kaif
			06.03.2024	Kaif
			07.03.2024	Kaif
			08.03.2024	Kaif
			09.03.2024	Kaif



15	Mohammad Taufiq Mohammad Taufiq	B.Sc I B.Sc I	04.03.2024	Taufiq
			05.03.2024	Taufiq
			06.03.2024	Taufiq
			07.03.2024	Taufiq
			08.03.2024	Taufiq
			09.03.2024	Taufiq
16	M. Afif M. Nasir		04.03.2024	Ashikb
			05.03.2024	Ashikb
			06.03.2024	Ashikb
			07.03.2024	Ashikb
			08.03.2024	Ashikb
			09.03.2024	Ashikb
17	Ratul Kasderang	B.Sc-II	04.03.2024	Ratul
			05.03.2024	Ratul
			06.03.2024	Ratul
			07.03.2024	Ratul
			08.03.2024	Ratul
			09.03.2024	Ratul
18 19	Ashwini Bhilavkar Mangal Bhatnagar	BA III B.A III	04.03.2024	Ashwini
			05.03.2024	Ashwini Ab
			06.03.2024	Ab
			07.03.2024	Ab
			08.03.2024	Ab
			09.03.2024	Ab
20 19	Rashani A. Belgare	B.Com-I	04.03.2024	Rashani
			05.03.2024	Rashani
			06.03.2024	Rashani
			07.03.2024	Rashani
			08.03.2024	Rashani
			09.03.2024	Rashani
21 20	Kv. Rupali M. Bethekar	B.Com-I	04.03.2024	Rupali
			05.03.2024	Rupali
			06.03.2024	Rupali
			07.03.2024	Rupali
			08.03.2024	Rupali
			09.03.2024	Rupali
22 21 20	Kv. Aruna H. Zambkar Kv. Manisha B. Bhatnagar	B. A II B.A II	04.03.2024	Aruna
			05.03.2024	Manisha
			06.03.2024	Ab
			07.03.2024	Ab
			08.03.2024	Ab
			09.03.2024	Ab
23 22	Kv. Ahita S. Zambkar	B.COM. III	04.03.2024	Ahita
			05.03.2024	Ahita
			06.03.2024	Ahita
			07.03.2024	Ahita
			08.03.2024	Ahita
			09.03.2024	Ahita

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23	Mamta Tulshiram Sawalkar	B.Sc III	04.03.2024	Mamta
			05.03.2024	Mamta
			06.03.2024	Mamta
			07.03.2024	Mamta
			08.03.2024	Mamta
24	Kalyani Premilal Kasdekar	B.Com II	09.03.2024	Kalyani
			04.03.2024	Kalyani
			05.03.2024	Kalyani
			06.03.2024	Kalyani
			07.03.2024	Kalyani
27	Renuka Ramsing Jambekar	B.Com II	08.03.2024	Renuka
			09.03.2024	Renuka
			04.03.2024	Renuka
			05.03.2024	Renuka
			06.03.2024	Renuka
28	Nilima Ratanlal Jambekar	B.A I	07.03.2024	Nilima
			08.03.2024	Nilima
			09.03.2024	Nilima
			04.03.2024	Nilima
			05.03.2024	Nilima
29	Sharda Ganai Bhilavkar	B.Sc II	06.03.2024	Sharda
			07.03.2024	Sharda
			08.03.2024	Sharda
			09.03.2024	Sharda
			04.03.2024	Sharda
28	Shubel Gopalal Kale	B.A II	05.03.2024	Shubel
			06.03.2024	Shubel
			07.03.2024	Shubel
			08.03.2024	Shubel
			09.03.2024	Shubel
29	Khushi Shailesh Malviya	B.Sc II	04.03.2024	Khushi
			05.03.2024	Khushi
			06.03.2024	Khushi
			07.03.2024	Khushi
			08.03.2024	Khushi
30	Ku. Manisha B. Belsare	B.A. III	09.03.2024	Manisha
			04.03.2024	Manisha
			05.03.2024	Manisha
			06.03.2024	Manisha
			07.03.2024	Manisha
			08.03.2024	Manisha
			09.03.2024	Manisha

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31	Sushila Ganesh Belsare	B.Sc. II	04.03.2024	SIB
			05.03.2024	SIB
			06.03.2024	SIB
			07.03.2024	SIB
			08.03.2024	SIB
			09.03.2024	SIB
32	Rajshri Bistram Kasdekar		04.03.2024	Kasdekar
			05.03.2024	Kasdekar
			06.03.2024	Kasdekar
			07.03.2024	Kasdekar
			08.03.2024	Kasdekar
			09.03.2024	Kasdekar
33	Shital Kajjula Kasdekar	B.Sc II nd	04.03.2024	Kasdekar
			05.03.2024	Kasdekar
			06.03.2024	Kasdekar
			07.03.2024	Kasdekar
			08.03.2024	Kasdekar
			09.03.2024	Kasdekar
34	Sunanda Ramji Kasdekar	B.Sc II	04.03.2024	Sunanda
			05.03.2024	Sunanda
			06.03.2024	Sunanda
			07.03.2024	Sunanda
			08.03.2024	Sunanda
			09.03.2024	Sunanda
35	Luman Babulal Dhonde	B.Sc II	04.03.2024	Dhonde
			05.03.2024	Dhonde
			06.03.2024	Dhonde
			07.03.2024	Dhonde
			08.03.2024	Dhonde
			09.03.2024	Dhonde
36	Ku. Manisha Mahadev Selkar	M.Sc II nd Year	04.03.2024	Amulur
			05.03.2024	Amulur
			06.03.2024	Amulur
			07.03.2024	Amulur
			08.03.2024	Amulur
			09.03.2024	Amulur
37	Ku. Roohi Ralya Sawalkar	B.Sc II nd	04.03.2024	Sawalkar
			05.03.2024	Sawalkar
			06.03.2024	Sawalkar
			07.03.2024	Sawalkar
			08.03.2024	Sawalkar
			09.03.2024	Sawalkar
38	Ku. Rupel Mangilal Bhilavkar		04.03.2024	Bhilavkar
			05.03.2024	Bhilavkar
			06.03.2024	Bhilavkar
			07.03.2024	Bhilavkar
			08.03.2024	Bhilavkar
			09.03.2024	Bhilavkar

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39	Ku. Pranjali Wakhare	Bsc 1st year	04.03.2024	Prakhare
			05.03.2024	Prakhare
			06.03.2024	Prakhare
			07.03.2024	Prakhare
			08.03.2024	Prakhare
			09.03.2024	Prakhare
40	Ku. Chanchal Vinod Rodee.	B.Sc 1st year	04.03.2024	G. Rodee.
			05.03.2024	G. Rodee.
			06.03.2024	G. Rodee.
			07.03.2024	G. Rodee.
			08.03.2024	G. Rodee.
			09.03.2024	G. Rodee.
41	Ku. Bhumika Gopal Sable	B.Sc 1st year	04.03.2024	B. G. Sable
			05.03.2024	B. G. Sable
			06.03.2024	B. G. Sable
			07.03.2024	B. G. Sable
			08.03.2024	B. G. Sable
			09.03.2024	B. G. Sable
42	Ku. Manisha Navalsingh Sawalkar	B.Sc 1st year	04.03.2024	Manalkar.
			05.03.2024	Manalkar.
			06.03.2024	Manalkar.
			07.03.2024	Manalkar.
			08.03.2024	Manalkar.
			09.03.2024	Manalkar.
43	Ku. Sakshi Ravi Jog	BA II	04.03.2024	Sakshi
			05.03.2024	Sakshi
			06.03.2024	Sakshi
			07.03.2024	Sakshi
			08.03.2024	Sakshi
			09.03.2024	Sakshi
44	Ku. Sandhya Shyamkishor Birve	B.Sc. II	04.03.2024	Birve
			05.03.2024	Birve
			06.03.2024	Birve
			07.03.2024	Birve
			08.03.2024	Birve
			09.03.2024	Birve
45	DIPAK Ramlal Belsare	BA III	04.03.2024	DIPAK
			05.03.2024	DIPAK
			06.03.2024	DIPAK
			07.03.2024	DIPAK
			08.03.2024	DIPAK
			09.03.2024	DIPAK
46	Kailash. Pannalal Jambekar	Bcom II	04.03.2024	Jambekar
			05.03.2024	Jambekar
			06.03.2024	Jambekar
			07.03.2024	Jambekar
			08.03.2024	Jambekar
			09.03.2024	Jambekar

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47)	Sunita Babulal Sawalkar	B.Sc III	04.03.2024	Sunita
			05.03.2024	Sunita
			06.03.2024	Sunita
			07.03.2024	Sunita
			08.03.2024	Sunita
			09.03.2024	Sunita
48)	Sangita Dhande	B.Sc III	04.03.2024	Sangita
			05.03.2024	Sangita
			06.03.2024	Sangita
			07.03.2024	Sangita
			08.03.2024	Sangita
			09.03.2024	Sangita
49)	Aparna M. Daesimbe	B.A I	04.03.2024	Aparna
			05.03.2024	Aparna
			06.03.2024	Aparna
			07.03.2024	Aparna
			08.03.2024	Aparna
			09.03.2024	Aparna
50)	Khushi . S. Malviya	B.Sc II	04.03.2024	Khushi
			05.03.2024	Khushi
			06.03.2024	Khushi
			07.03.2024	Khushi
			08.03.2024	Khushi
			09.03.2024	Khushi
51)	Shubal Go Kale	B.A II	04.03.2024	@kale
			05.03.2024	@kale
			06.03.2024	@kale
			07.03.2024	@kale
			08.03.2024	@kale
			09.03.2024	@kale
52)	Dipali J. Dhande	B.A I	04.03.2024	Dipali
			05.03.2024	Dipali
			06.03.2024	Dipali
			07.03.2024	Dipali
			08.03.2024	Dipali
			09.03.2024	Dipali
53)	Kavishma .D. Bhilavekar	B.A I	04.03.2024	Kavishma
			05.03.2024	Kavishma
			06.03.2024	Kavishma
			07.03.2024	Kavishma
			08.03.2024	Kavishma
			09.03.2024	Kavishma
54)	Kavita M. Bhilavekar	B.A I	04.03.2024	Kavita
			05.03.2024	Kavita
			06.03.2024	Kavita
			07.03.2024	Kavita
			08.03.2024	Kavita
			09.03.2024	Kavita

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55 55	Poiyanka . S. Chimote	B. A II	04.03.2024	Phimote
			05.03.2024	Phimote
			06.03.2024	Phimote
			07.03.2024	Phimote
			08.03.2024	Phimote
			09.03.2024	Phimote
56 105	Nikrita . R. Akhane	B. A II	04.03.2024	Phimote
			05.03.2024	Phimote
			06.03.2024	Phimote
			07.03.2024	Phimote
			08.03.2024	Phimote
			09.03.2024	Phimote
57 115	Sanali . M. Bhilavckar	B. A II	04.03.2024	Sanali
			05.03.2024	Sanali
			06.03.2024	Sanali
			07.03.2024	Sanali
			08.03.2024	Sanali
			09.03.2024	Sanali
58 12	Kamishma G. Kasdekar	B. S CTS	04.03.2024	Kamishma
			05.03.2024	Kamishma
			06.03.2024	Kamishma
			07.03.2024	Kamishma
			08.03.2024	Kamishma
			09.03.2024	Kamishma
59 135	Trupti S. Sawalkar		04.03.2024	Sawalkar
			05.03.2024	Sawalkar
			06.03.2024	Sawalkar
			07.03.2024	Sawalkar
			08.03.2024	Sawalkar
			09.03.2024	Sawalkar
60 145	Saroj M. Dhurve		04.03.2024	Dhurve
			05.03.2024	Dhurve
			06.03.2024	Dhurve
			07.03.2024	Dhurve
			08.03.2024	Dhurve
			09.03.2024	Dhurve
61 155	Pragati . M. Salphale		04.03.2024	Pragati
			05.03.2024	Pragati
			06.03.2024	Pragati
			07.03.2024	Pragati
			08.03.2024	Pragati
			09.03.2024	Pragati
62 165	Gauravi D. Solanke	B. S C III	04.03.2024	Solanke
			05.03.2024	Solanke
			06.03.2024	Solanke
			07.03.2024	Solanke
			08.03.2024	Solanke
			09.03.2024	Solanke

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17 63	Pooja S. Shanwate	B.A.I	04.03.2024	Shanwate
			05.03.2024	Shanwate
			06.03.2024	Shanwate
			07.03.2024	Shanwate
			08.03.2024	Shanwate
			09.03.2024	Shanwate
18 64	Priya S. Ladhe	B.A.I	04.03.2024	Priya
			05.03.2024	Priya
			06.03.2024	Priya
			07.03.2024	Priya
			08.03.2024	Priya
			09.03.2024	Priya
19 65	Sushila G. Belsare	B.Sc II	04.03.2024	SIB
			05.03.2024	SIB
			06.03.2024	SIB
			07.03.2024	SIB
			08.03.2024	SIB
			09.03.2024	SIB
20 66	Rajshri Bistram Kasdekar.	B.Sc I	04.03.2024	Rasdekar
			05.03.2024	Rasdekar
			06.03.2024	Rasdekar
			07.03.2024	Rasdekar
			08.03.2024	Rasdekar
			09.03.2024	Rasdekar
21 67	Sumantra Ramji Kasdekar	B.Sc II	04.03.2024	Sumantra
			05.03.2024	Sumantra
			06.03.2024	Sumantra
			07.03.2024	Sumantra
			08.03.2024	Sumantra
			09.03.2024	Sumantra
22 68	Kashifal Kajjula Kasdekar	B.Sc II	04.03.2024	Kasdekar
			05.03.2024	Kasdekar
			06.03.2024	Kasdekar
			07.03.2024	Kasdekar
			08.03.2024	Kasdekar
			09.03.2024	Kasdekar
23 69	RAJESH SHIVPAL BELSARE	B.A. II	04.03.2024	Bhambur
			05.03.2024	Bhambur
			06.03.2024	Bhambur
			07.03.2024	Bhambur
			08.03.2024	Bhambur
			09.03.2024	Bhambur
24 70	Sham Raju Bethe		04.03.2024	Sham
			05.03.2024	Sham
			06.03.2024	Sham
			07.03.2024	Sham
			08.03.2024	Sham
			09.03.2024	Sham

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25 71	Vaibhuv Raddu Dusimbe	B.A.II	04.03.2024	Dusimbe
			05.03.2024	Dusimbe
			06.03.2024	Dusimbe
			07.03.2024	Dusimbe
			08.03.2024	Dusimbe
09.03.2024	Dusimbe			
26 72	Vibit Rshiwasi	B.A.II	04.03.2024	Vibit
			05.03.2024	Vibit
			06.03.2024	Vibit
			07.03.2024	Vibit
			08.03.2024	Vibit
09.03.2024	Vibit			
27 73	Akshay Bhairya Kasdekar	B.Sc II	04.03.2024	Akshay
			05.03.2024	Akshay
			06.03.2024	Akshay
			07.03.2024	Akshay
			08.03.2024	Akshay
09.03.2024	Akshay			
28 74	Rahul Kasdekar	B.Sc II	04.03.2024	Rahul
			05.03.2024	Rahul
			06.03.2024	Rahul
			07.03.2024	Rahul
			08.03.2024	Rahul
09.03.2024	Rahul			
29 75	Athkesh Kohalu Bume	B.A.II	04.03.2024	Athkesh
			05.03.2024	Athkesh
			06.03.2024	Athkesh
			07.03.2024	Athkesh
			08.03.2024	Athkesh
09.03.2024	Athkesh			
30 76	Nitesh onkar Kasdekar		04.03.2024	Nitesh
			05.03.2024	Nitesh
			06.03.2024	Nitesh
			07.03.2024	Nitesh
			08.03.2024	Nitesh
09.03.2024	Nitesh			
31 77	Abhishek Jayram Kasdekar	B.Sc I	04.03.2024	Abhishek
			05.03.2024	Abhishek
			06.03.2024	Abhishek
			07.03.2024	Abhishek
			08.03.2024	Abhishek
09.03.2024	Abhishek			
32 78	Supriya Shashikant Athote		04.03.2024	Supriya
			05.03.2024	Supriya
			06.03.2024	Supriya
			07.03.2024	Supriya
			08.03.2024	Supriya
09.03.2024	Supriya			

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79 33)	Mr. Jithey Jhokar Selekuz	B.Sc III	04.03.2024	Diwali
			05.03.2024	Diwali
			06.03.2024	Diwali
			07.03.2024	Diwali
			08.03.2024	Diwali
80 34)	Dilali Raysing Chetke	B.A II	09.03.2024	Diwali
			04.03.2024	Diwali
			05.03.2024	Diwali
			06.03.2024	Diwali
			07.03.2024	Diwali
81 34)	Satyadev Ganesh Raut Ekare	B.A I	08.03.2024	Diwali
			09.03.2024	Diwali
			04.03.2024	Satyadev
			05.03.2024	Satyadev
			06.03.2024	Satyadev
82 35)	Karpina Rajlal Jamunkar	B.A II	07.03.2024	Satyadev
			08.03.2024	Satyadev
			09.03.2024	Satyadev
			04.03.2024	Karpina
			05.03.2024	Karpina
83 36)	Nimula Kishor Bhilavkar	B.A II	06.03.2024	Karpina
			07.03.2024	Karpina
			08.03.2024	Karpina
			09.03.2024	Karpina
			04.03.2024	Nimula
84 37)	Pembali Tulshikum Bethekar	B.A I	05.03.2024	Nimula
			06.03.2024	Nimula
			07.03.2024	Nimula
			08.03.2024	Nimula
			09.03.2024	Nimula
85 38)	Umair Ahmad Khan	B.Sc II	04.03.2024	Pembali
			05.03.2024	Pembali
			06.03.2024	Pembali
			07.03.2024	Pembali
			08.03.2024	Pembali
86 39)	Kautubh Rajini Pantkar	B.Sc II	09.03.2024	Pembali
			04.03.2024	Pembali
			05.03.2024	KRPantkar
			06.03.2024	KRPantkar
			07.03.2024	KRPantkar
			08.03.2024	KRPantkar
			09.03.2024	KRPantkar

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87 40	Shripad Dattatray Chikhalkar	B.Sc II	04.03.2024	Sukhalkar
			05.03.2024	Sukhalkar
			06.03.2024	Sukhalkar
			07.03.2024	Sukhalkar
			08.03.2024	Sukhalkar
88 41	Dipesh Nitteharao Lakade	B.Sc II	09.03.2024	Sukhalkar
			04.03.2024	DV Lakade
			05.03.2024	DV Lakade
			06.03.2024	DV Lakade
			07.03.2024	DV Lakade
89 42	Gaurav Ramu Zarekar	B.Sc III	08.03.2024	DV Lakade
			09.03.2024	DV Lakade
			04.03.2024	Chinn
			05.03.2024	Chinn
			06.03.2024	Chinn
90 43	Narasayan Chotte Mawaskar	B.Sc III	07.03.2024	Chinn
			08.03.2024	Chinn
			09.03.2024	Chinn
			04.03.2024	Nann
			05.03.2024	Nann
91 44	Durga Bethekar	B.A III	06.03.2024	Nann
			07.03.2024	Nann
			08.03.2024	Nann
			09.03.2024	Nann
			04.03.2024	DBethekar
			05.03.2024	DBethekar
			06.03.2024	DBethekar
			07.03.2024	DBethekar
			08.03.2024	DBethekar
			09.03.2024	DBethekar
			04.03.2024	
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			09.03.2024	
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			07.03.2024	
			08.03.2024	
			09.03.2024	
			04.03.2024	
			05.03.2024	
			06.03.2024	
			07.03.2024	
			08.03.2024	
			09.03.2024	

[Signature]
(Dr. V.R. Kokate)
Speaker

[Signature]
(Dr. R.S. Mankar)
Speaker

[Signature]
(Dr. P.M. Kute)
Speaker

[Signature]
(Prof. A.P. Rahate)
Speaker

[Signature]
(Dr. U.H. Shah)
Speaker

2 (2)

[Signature]
(Dr. D.S. Hedamoo)
Speaker



[Signature]



Sipna Shikshan Prasarak Mandal, Amravati
Arts, Science and Commerce College, Chikhaldara

Career Guidance Cell

(Career Guidance and Counseling Cell)
(2023-2024)

ADD ON COURSE ON TIME MANAGEMENT

CERTIFICATE OF PARTICIPATION

Duration: 04.03.2024 to 09.03.2024

Total Time: 30 Hours

This is to certify that Mr./Miss. Kaustubh Rajiv Panurkar (B.Sc.-I) has actively

participated in 'ADD ON COURSE ON TIME MANAGEMENT' organized by Career Guidance Cell, Arts, Science and Commerce College, Chikhaldara for students of the college. Keep participating!


DR. D.S. HEDAOO
CO-ORDINATOR

CAREER GUIDANCE CELL

ESTD : 2003

Arts, Science and Commerce College
Chikhaldara



DR. R.S. JAIPURKAR
PRINCIPAL
Art, Science & Commerce
College, Chikhaldara

Photographs of the Event: *Add on Course on Time Management*



Latitude: 21.406256
Longitude: 77.319477
Altitude: 1069.341 m
Accuracy: 15.0 m
Time: 04-03-2024 17:28
Note: Add On Course On Time Management (2023-24)
Powered by NoteCam

Dr. K.N.Shah delivering talk on Introduction to Time Management



Latitude: 21.406254
Longitude: 77.319471
Elevation: 1130.6242 m
Accuracy: 14.5 m
Time: 05-03-2024 17:57
Note: Add On Course On Time Management (2023-24)
Powered by NoteCam

Dr. R.S. Mankar delivering talk on Principles of Time Management



Latitude: 21.40626
Longitude: 77.319468
Elevation: 1130.6222 m
Accuracy: 15.1 m
Time: 05-03-2024 16:59
Note: Add On Course On Time Management (2023-24)
Powered by NoteCam

Dr. U.R. Kokate delivering talk on Time Analysis and Self-Awareness



Latitude: 21.406272
Longitude: 77.319451
Elevation: 1130.6242 m
Accuracy: 17.7 m
Time: 07-03-2024 16:51
Note: Add On Course On Time Management (2023-24)
Powered by NoteCam

Dr. P.M.Kute delivering talk on Planning and Organization



Latitude: 21.406261
Longitude: 77.319472
Elevation: 1130.6211 m
Accuracy: 12.9 m
Time: 09-03-2024 16:43
Note: Add On Course On Time Management (2023-24)
Powered by NoteCam

Prof. R.P.Rahate delivering talk on Adaptability and Continuous Improvement



Latitude: 21.406255
Longitude: 77.319482
Elevation: 1130.6211 m
Accuracy: 17.3 m
Time: 08-03-2024 17:46
Note: Add On Course On Time Management (2023-24)
Powered by NoteCam

Dr. D.S. Hedao delivering talk on Delegation & Saying NO



Sipna Shikshan Prasarak Mandal, Amravati's
Arts, Science and Commerce College
Chikhaldara, Distt. Amravati



Ten Day's Certificate Course on " Manual Accounting "

20th to 30th March 2024

Department of Commerce of Arts, Science And Commerce College, Chikhaldara, Distt. Amravati is organizing ten days Certificate Course on " Manual Accounting " for Students of our colleges. You are cordially requested to register & join for the same on 20th to 30th March 2024 at 10.00 am everyday.

About The Society And College:

Sipna Shikshan Prasarak Mandal, Amravati is established with the specific goals and mission of overall development of the people in Melghat, a tribal, remote, hilly and backward region in Amravati and Akola district of Maharashtra state. Melghat region comprises of Chikhaldara and Dharni tahsils and part of Achalpur, Anjangaon Surji and Akot tahsil. Melghat is hilly terrain at the northern extreme of the Amravati district of Maharashtra. Melghat means 'meeting of the ghats', which describes the area as a large tract of unending hills and ravines scarred by jagged cliffs and steep climbs. It is renowned for 'Melghat Tiger Project' and 'Gugamal National Park' worldwide. Presently, the total area of the reserve is around 1677 km. The forest is tropical dry deciduous in nature, dominated by teak (*Tectonagrandis*). Chikhaldara is a hill station, famous tourist destination and a municipal council in Melghat. Chikhaldara is known as the 'Nandanvan of Vidarbha'. Chikhaldara is situated at an altitude of 1118 mtrs with Vairat point at 1188 mtrs. Also, it has the added dimension of being the only coffee-growing area in Maharashtra. The place has a rich variety of flora and fauna with the nature's beautiful architecture spread all over the region.

Arts, Science and Commerce College, Chikhadara, Distt. Amravati came into existence in 1996 with an intention to impart higher education to the tribal at their very door steps and ensure

their well being, growth and safety. The college is assessed and accredited by NAAC, Bengaluru with A grade (CGPA 3.22) in 4th NAAC cycle. The college offers degree courses like B. A., B. Sc., B. Com with traditional and advanced subjects and M. Sc. (Environmental Science). Whereas in UG science stream there are innovative subjects like Petrochemical Science, Food Science, Apiculture, Industrial Chemistry and Environmental Science. The college run recognized research centers for the subjects Physics, Botany, Mathematics, Chemistry, Environmental Science, Marathi, Hindi, English, Political Science and Sociology. Besides this the college also runs various add-on and certificate courses. Department of Physical Education and Sports is also one of the active department in the college, which has produced more than 175 meritorious color coats.

Chief Patron



Hon'ble Shri. Jagdishji Gupta
President, S.S.P.M., Amravati
Former Minister of State and Guardian Minister
Amravati District



Hon'ble Dr. R. M. Kadu
Secretary, S.S.P.M., Amravati
Chairman, NCTE (West Zone),
Member, Senate, SGBAU

Principal



Dr. R. S. Jaipurkar
Former Pro-Vice-Chancellor,
SGBAU, Amravati

Objectives :

- To conduct accounting skill development programmes leading to self employment.
- To provide the opportunities and prospects of accounting skills.
- To provide demands of such skills in the market
- To learn the use various skills required for accounting.

Beneficiary expected :

All Students of our colleges.

Programme Schedule

Date	Topic	Resource Person/Anchoring
20/03/2024	Introduction to Manual Accounting	Dr. S.L. Kottewar
21/03/2024	Nature and Scope of Accounting	Dr. S.L. Kottewar
22/03/2024	Book keeping and Manual Accounting practices	Mr. A. R. Kanhu
23/03/2024	Book keeping and Manual Accounting practices	Mr. A. R. Kanhu
25/03/2024	Journal and Journal Entries	Mr. A. R. Kanhu
26/03/2024	Journal and Journal Entries	Mr. A. R. Kanhu
27/03/2024	Sub-sidiary Books	Dr. P. M. Kute
28/03/2024	Ledger Creation	Dr. P. M. Kute
29/03/2024	Preparation of final accounts	Mr. V. M. Morey
30/03/2024	Preparation of final accounts	Mr. V. M. Morey

Resource Persons

1. Dr. S.L. Kottewar
2. Dr. P. M. Kute
3. Mr. V. M. Morey
4. Mr. A. R. Kanhu

Important Notes:

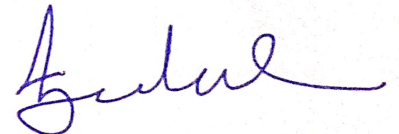
- Registration is mandatory for participation.
- Attempting and submission of all quizzes and assignments are mandatory. Minimum 50% score in total is mandatory.
- Graded certificates will be awarded on the basis of quiz, assignments score.

Mr. A. R. Kanhu
Course co-ordinator

Certificate Course on Manual Accounting

Syllabus

1. Meaning of Manual Accounting
2. Nature and Scope of Accounting
3. Book-keeping practices
4. Journal and journal entries
5. Sub-sidiary books
6. Ledger creation
7. Preparation of Final accounts



PRINCIPAL
Art, Science & Commerce
College Chikhaldara



Sipna Shikshan Prasarak Mandal, Amravati's
ARTS, SCIENCE AND COMMERCE COLLEGE,
CHIKHALDARA, DISTT. AMRAVATI (MS)
4th Cycle Re-accredited by NAAC with Grade 'A' (CGPA 3.22)



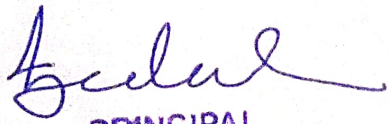
Report of the Certificate Course on Manual Accounting

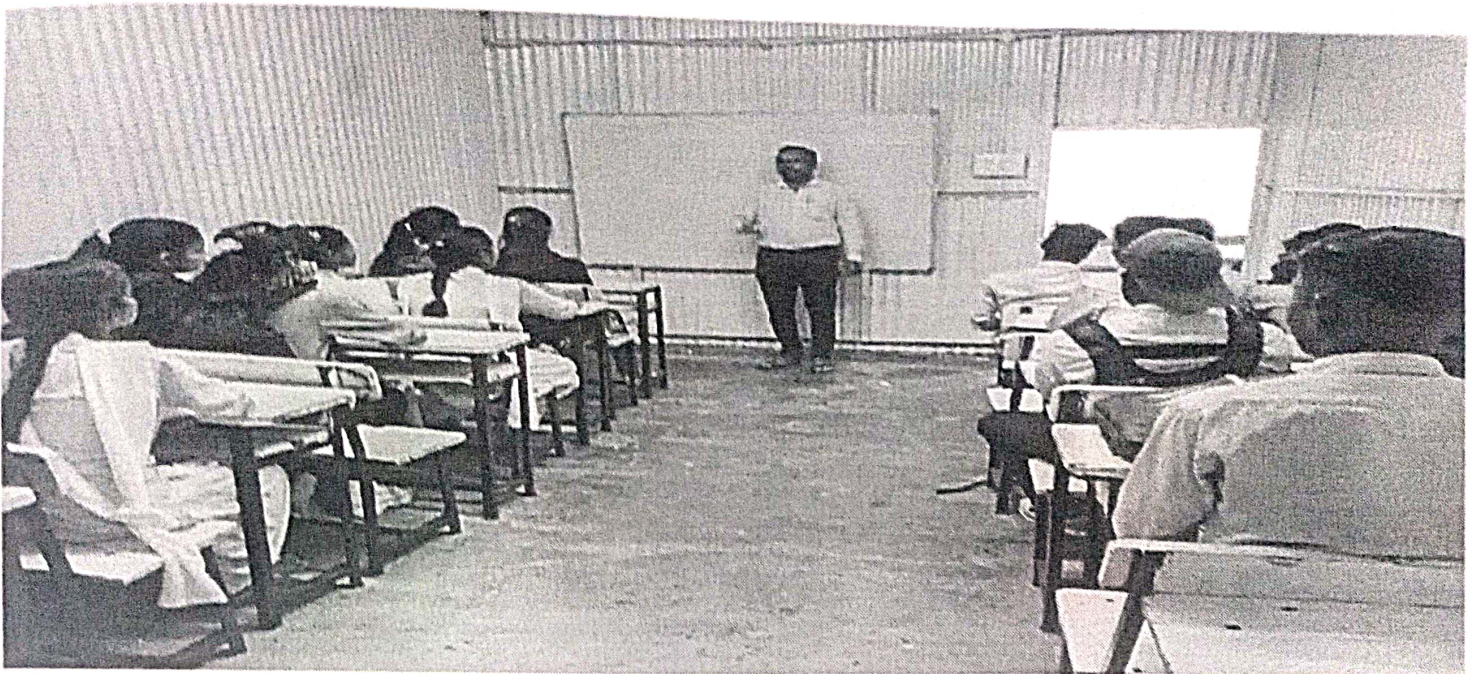
Academic Year : 2023-2024
Organized by Department of Commerce

- Date /Period : 20/03/2024 to 30/03/2024
- Venue : Seminar Hall
- Objectives :
 - To inculcate accounting skills among the students.
 - To enable students to prepare books of accounts.
 - To impart practical knowledge of accounting to students.

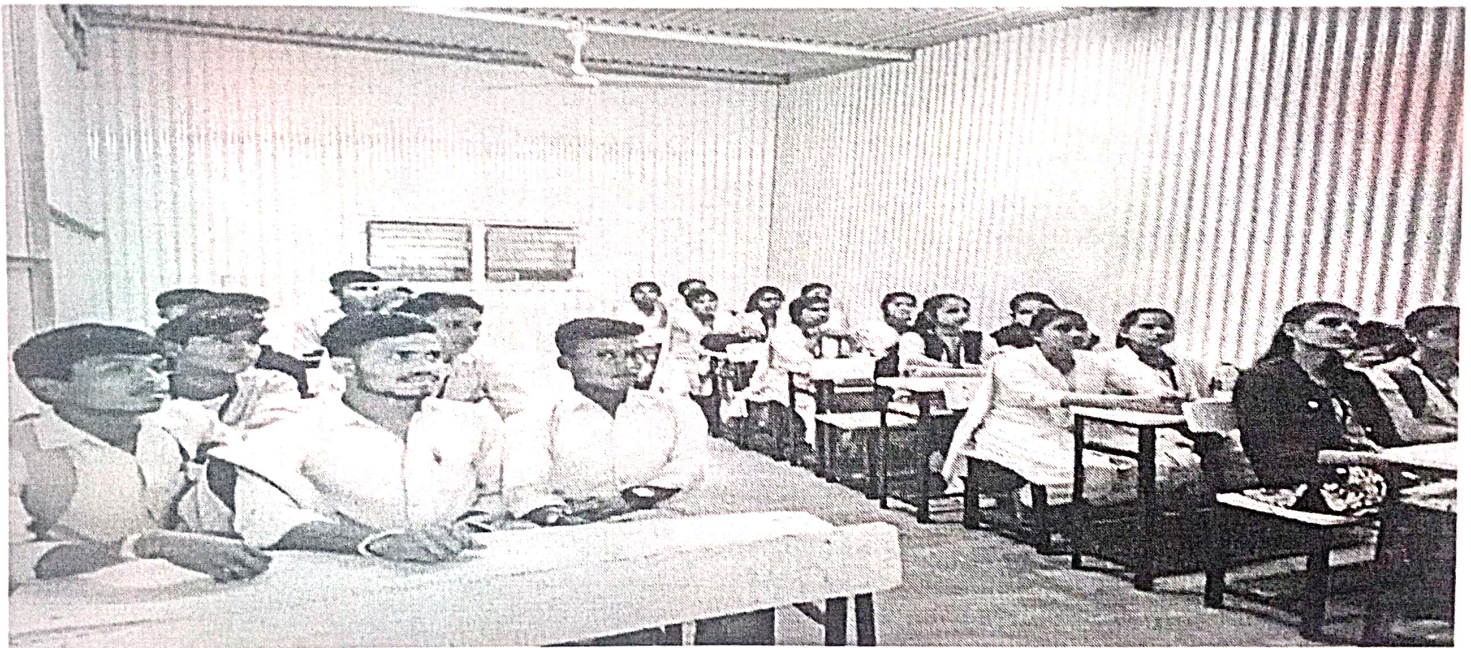
Department of Commerce of Arts, Science and Commerce College, Chikhaldara organized a Certificate Course on "Manual Accounting" for the students of our college from dated 20 March 2024 to 30 March 2024. Total 50 students enrolled in this Certificate Course. The Certificate Course commenced on 20 March 2024. Students get daily 3 hours lectures from Various scholar resource person on relevant topics . After the completion of all sessions, examination was held and all students successfully completed the course and they were awarded Certificates. Some students expressed their view in the Velidictory program and they have expressed that the Certificate Course benefited them to enhance their knowledge. Dr. S.L. Kottewar, Dr. P.M. Kute, Mr. V.M. Morey and Mr. A.R. Kanhu were conducted sessions as resource person. Mr. A.R. Kanhu worked as Course coordinator.

- No. of participants/ Beneficiaries : 50 Students


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Mr. A.R. Kanhu conducting session as a resource person in Certificate Course on Manual accounting



Students attending the session in the Certificate Course on Manual accounting

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College Chikhaldara



Sipna Shikshan Prasarak Mandal, Amravati's
**ARTS, SCIENCE & COMMERCE COLLEGE,
CHIKHALDARA**



Certificate Course on "Manual Accounting"

**Organized by
DEPARTMENT OF COMMERCE
CERTIFICATE**

This is to Certify that Mr./Miss----- student of class-----
has successfully participated in the Certificate Course on "Manual Accounting" in academic year 2023-
2024. He / She has satisfactorily completed course organized by Department of Commerce during -
20/03/2024 to 30/03/2024.

Mr. Ashish R. Kanhu
Course Co-ordinator,
Department of Commerce

Dr. R. S. Jaipurkar
Principal

Sipna Shikshan Prasarak Mandal, Amravati's
Arts, Science and Commerce College, Chikhaldara


Department of Commerce

Certificate Course on "Manual Accounting"

Attendance Record

(Duration: 20/03/2024 To 30/03/2024)

Sr. No.	Name of Student	Class	Signature												
			20-3-24	21-3-24	22-3-24	23-3-24	25-3-24	26-3-24	27-3-24	28-3-24	29-3-24	30-3-24			
1	SHAHBAZ KHAN TAJ KHAN	B.Com. I	Sekha	Sekha	Sekha	Sekha	Sekha	Sekha	Sekha	Sekha	Sekha	Sekha	Sekha	Sekha	Sekha
2	SYED MOHIBUR RAHMAN SYED HAROON	B.Com. I	Mohibur	Mohibur	Mohibur	Mohibur	Mohibur	Mohibur	Mohibur	Mohibur	Mohibur	Mohibur	Mohibur	Mohibur	Mohibur
3	WANKHADE KARAN GAJANAN	B.Com. I	Karan	Karan	Karan	Karan	Karan	Karan	Karan	Karan	Karan	Karan	Karan	Karan	Karan
4	WANKHDE SARTHAK SANJAY	B.Com. I	Sarthak	Sarthak	Sarthak	Sarthak	Sarthak	Sarthak	Sarthak	Sarthak	Sarthak	Sarthak	Sarthak	Sarthak	Sarthak
5	KANHOLKAR RAHUL PRAMOD	B.Com. I	Rahul	Rahul	Rahul	Rahul	Rahul	Rahul	Rahul	Rahul	Rahul	Rahul	Rahul	Rahul	Rahul
6	TOTE GITA RAMA	B.Com. I	Gita	Gita	Gita	Gita	Gita	Gita	Gita	Gita	Gita	Gita	Gita	Gita	Gita
7	JAMUNKAR ROHINI KUNJILAL	B.Com. I	Rohini	Rohini	Rohini	Rohini	Rohini	Rohini	Rohini	Rohini	Rohini	Rohini	Rohini	Rohini	Rohini
8	KALE DHIRAJ SHRIKRUSHNA	B.Com. I	Dhira	Dhira	Dhira	Dhira	Dhira	Dhira	Dhira	Dhira	Dhira	Dhira	Dhira	Dhira	Dhira
9	TOTE SHUBHANGI ANIL	B.Com. I	Shubha	Shubha	Shubha	Shubha	Shubha	Shubha	Shubha	Shubha	Shubha	Shubha	Shubha	Shubha	Shubha
10	BELSARE KEVALRAM RAMRAJ	B.Com. I	Keval	Keval	Keval	Keval	Keval	Keval	Keval	Keval	Keval	Keval	Keval	Keval	Keval
11	BELSARE ONKAR NATTHU	B.Com. I	Onkar	Onkar	Onkar	Onkar	Onkar	Onkar	Onkar	Onkar	Onkar	Onkar	Onkar	Onkar	Onkar
12	KASDEKAR PRAVIN BHAU	B.Com. I	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra
13	BAND SANKET SHAILESH	B.Com. I	Sanket	Sanket	Sanket	Sanket	Sanket	Sanket	Sanket	Sanket	Sanket	Sanket	Sanket	Sanket	Sanket
14	BELSARE ROSHANI ANTU	B.Com. I	Rohini	Rohini	Rohini	Rohini	Rohini	Rohini	Rohini	Rohini	Rohini	Rohini	Rohini	Rohini	Rohini


A. R. Kanhu
Course Co-ordinator

To

The Principal
Arts, Science and Commerce College,
Chikhaldara

Subject: Request for permission to organize "Add-On course's in

(01) Yoga & Meditation for Good Health
(02) Martial Arts for Self Defense

R/Sir,

I hope this letter finds you well. I am waiting to seek your permission to organize **Add-On course in Yoga & Meditation for Good Health & Martial Arts For Self Defense**, At Adiwasi Mulinche Shaskiya, Vastigruha, Chikhaldara premises 14th to 23 March 2024 at 7.00 to 10.00 am.

The purpose of this event is providing Yoga & Martial Arts knowledge and to motivate local as well as college students to take part in the Add-on courses for their good health. We believe it will contribute significantly to the overall development and engagement of our college community.

We assure you that necessary arrangements and precautions will be taken to ensure the smooth conduct of the events without causing any disturbance to regular college activities.

We kindly request your approval for this initiative and would be grateful for any guidance or conditions you may have.

Thank you for considering our request. We look forward to your positive response.

Date: 12/03/2024

Chikhaldara

Sincerely



Dr. P. G. Gawande

Director of Physical Education and Sports

P. G. GAWANDE

Director of Physical Education
Arts, Sci. & Commerce College, Chikhaldara

Permission granted, follow
rules

MYL

Arts, Science & Commerce College, Chikhaldara

Department Of Physical Education and Sports

Name of Committee : Sports
Year : 2023-24
Title of program conducted : Yoga & Meditation for Good Health
Date of program : 14 / 03 /2024 to 23 / 03/ 2024
Objective of program :

(01)Enable the students to have good health

(02)Practice mental hygiene

(03)Integrate moral values

(04)Possess emotional stability

Reference: As per IQAC Plan of Action Letter (2022-2023)

Number of beneficiaries : 50

Brief summary of the program :

The inauguration function of Add-On course in "Yoga & Meditation for Good Health" for college students was held on 13th March 2024 at 7.00am at Adiwasi Mulinche Shaskiya Vastigruha, Chikhaldara. Add-on Course was conducted during 14th to 23rd March 2024. Over all 50 girls students were present in this add-on course. The objective of add-on course was to enable the students to have good health, Practice mental hygiene, Integrate moral values, possess emotional stability & to give detailed knowledge of yoga & meditation. Dr. H.U. Petkar & Dr. V. D. Kapse, former IQAC coordinator was present in the inauguration program. Dr. Dr. H.U. Petkar presided over the inauguration program. Dr. V.D. Kapse also guided the students at this occasion. Shri. Jangbahadur Varma was present as a Yoga expert for add-on course. Dr. U. S. Wasnik conducted one of the session on "importance of Mudra in Yoga".

Dr. P. G. Gawande, delivered introductory remarks, conducted the proceedings also proposed the vote of thanks; Sports committee strove hard for the success of the add-on course. Program was conducted under the guidance of Hon. Principal Dr. R. S. Jaipurkar, Former Pro-VC, Sant Gadge Baba Amravati University, Amravati.

Dr. P. G. Gawande

P. G. GAWANDE

Director of Physical Education

Arts, Sci. & Commerce College, Chikhaldara

ML

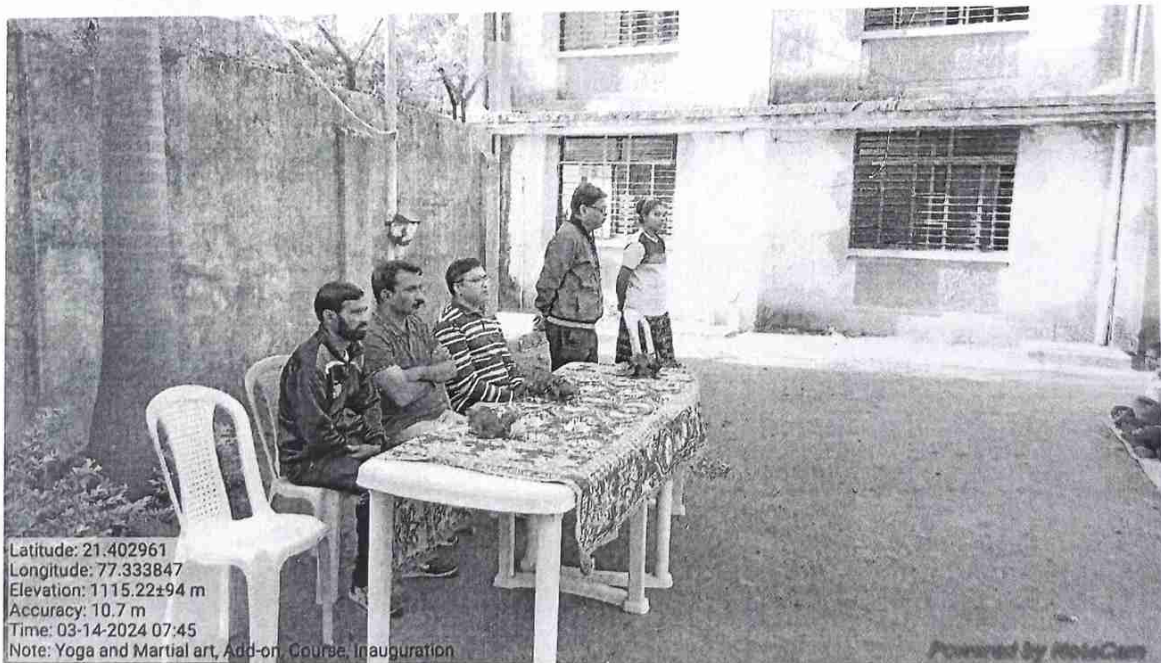
Dr. R. S. Jaipurkar

PRINCIPAL

**Art, Science & Commerce
College, Chikhaldara**

Sipna Shikshan Prasarak Mandal Amravati's,
Arts, Science & Commerce College, Chikhaldara, District Amravati
Department Of Physical Education and Sports and N.S.S.
ADD- ON COURSE IN YOGA & MEDITATION FOR GOOD HEALTH

14 to 23 MARCH 2024



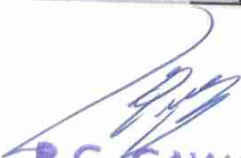
P. G. GAWANDE
Director of Physical Education
Arts, Sci. & Commerce College, Chikhaldara


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Sipna Shikshan Prasarak Mandal Amravati's,
Arts, Science & Commerce College, Chikhaldara, District Amravati
Department Of Physical Education and Sports and N.S.S.
ADD- ON COURSE IN YOGA & MEDITATION FOR GOOD HEALTH

14 to 23 MARCH 2024

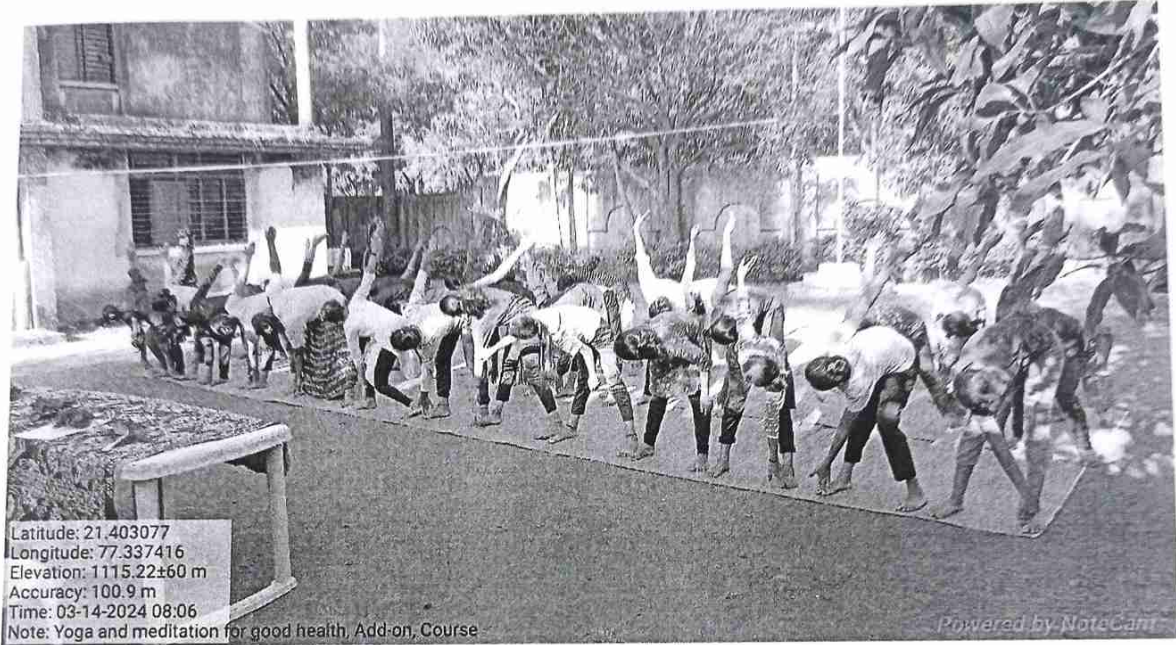




P. G. GAWANDE
Director of Physical Education
Arts, Sci. & Commerce College, Chikhaldara



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Arts, Science & Commerce College, Chikhaldara, District Amravati
Department Of Physical Education and Sports and N.S.S.
ADD- ON COURSE IN YOGA & MEDITATION FOR GOOD HEALTH

14 to 23 MARCH 2024





P. G. GAWANDE
Director of Physical Education
Arts, Sci. & Commerce College, Chikhaldara



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Arts, Science & Commerce College, Chikhaldara, District Amravati
Department Of Physical Education and Sports and N.S.S.
ADD- ON COURSE IN YOGA & MEDITATION FOR GOOD HEALTH

14 to 23 MARCH 2024




G. GAWANDE
Director of Physical Education
Arts, Sci. & Commerce College, Chikhaldara


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Art, Science & Commerce
College, Chikhaldara


Sipna Shikshan Prasarak Mandal, Amravati's
Arts, Science And Commerce College, Chikhaldara
Tentative Plan of Proposed Action


Add-On Course in Yoga and Meditation for Good Health
14 to 23 March 2024

- ❖ **Title: Add-On Course in Yoga and Meditation for Good Health**
- ❖ **Objectives of the course**
 - (01) To enable the students to have good health
 - (02) To practice mental hygiene
 - (03) To integrate moral values
 - (04) To possess emotional stability
- ❖ **Syllabus/ Course Content/Theme**
 - Opening ceremony & Session: - Benefits of yoga, Asanas Demonstration
 - Hatha yoga, Raja yoga, Karma yoga,
 - Bhakti yoga, Jnana yoga, Tantra yoga
 - Types of yoga:- Ashtanga yoga, Hatha yoga and other
 - Types of Pranayama:- Kapalbhathi, ujjay
 - Breathing techniques in yoga
 - Importance of Jalneti, Sutra neti
 - Chakras: - Sahasrara, Ajna, Vishuddha, Anahata, Manipura, Svadhishtana, Muladhara
 - Yoga meditation for relaxation, mental balance
 - Various Mudra's and its benefits
- ❖ **Resource persons:**
 - Shri. Jangbahadur Varma
 - Dr. Usha Wasnik
- ❖ **Proposed Schedule:**
 - From 14 March 2024 to 23 March 2024
 - Daily 3 hours schedule, sessions in 10 Days (Duration 30 Hours)
 - Expected no of beneficiaries: 50 Students
- ❖ **Expected Outcome;**

Upon successful completion of this course students would able to go for yoga daily without mistakes, would able to develop their health
- ❖ **Expected expenditure:**

Rs. 5000/- (Certificates printing , remuneration and miscellaneous expenses)
- ❖ **Name Of In-charge teacher: Dr. P. G. Gawande**


P. G. GAWANDE
Director of Physical Education
Arts, Sci. & Commerce College, Chikhaldara


PRINCIPAL
Art, Science & Commerce
College, Chikhaldara

Sipna Shikshan Prasarak Mandal, Amravati's
Arts, Science and Commerce College, Chikhaldara, dist. Amravati

ADD-ON COURSE IN YOGA & MEDITATION

Organized by Department of Physical Education and Sports

Duration: 14th to 23rd March 2024, Time: 7.00am to 10.00am,

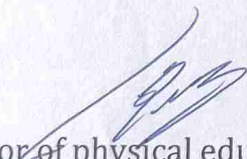
Place: Adiwasi Mulinche Shaskiya Vastigruha, Chikhaldara


ATTENDANCE

Sr. No.	Name of Students	14/03/2024	15/03/2024	16/03/2024	17/03/2024	18/03/2024	19/03/2024	20/03/2024	21/03/2024	22/03/2024	23/03/2024	Sign.
01	Ku. Sharada Bhilawekar	P	P	P	P	A	P	P	P	P	P	Sharada
02	Ku. Karishma Bhilawekar	P	P	P	P	P	P	P	A	P	P	Karishma
03	Ku. Poonam Jamunkar	P	P	P	P	P	P	A	P	P	P	Poonam
04	Ku. Nirmal Bhilawekar	P	P	P	P	P	P	P	P	P	P	Nirmal
05	Ku. Karina Jamunkar	P	P	P	P	P	P	P	P	P	P	Karina
06	Ku. Nisha Dhande	P	P	P	P	P	P	P	P	P	P	Nisha
07	Ku. Pooja Jamunkar	P	P	P	P	P	P	P	P	P	P	Pooja
08	Ku. Niokita Akhande	P	P	P	P	P	P	P	P	P	P	Nikita
09	Ku. Mamata Kasdekar	P	P	P	P	P	P	P	P	P	P	Mamata
10	Ku. Supriya Athote	P	P	P	P	P	P	P	P	P	P	Supriya
11	Ku. Sharmila Darsimbe	P	A	P	A	P	P	P	P	P	P	Sharmila
12	Ku. Aruna Zamarkar	P	P	P	P	A	A	P	A	A	P	Aruna
13	Ku. Ashwini Bhilawekar	P	P	P	P	P	P	P	P	P	A	Ashwini
14	Ku. Durga Bethekar	P	P	P	P	P	P	P	P	P	P	Durga
15	Ku. Nisha Jawarkar	P	A	P	P	P	P	A	P	P	P	Nisha

16	Ku. Manisha Sawalkar	P	P	A	P	A	A	P	P	P	P	Manisha
17	Ku. Sushila Belsare	P	P	P	P	A	P	P	P	P	P	Sushila
18	Ku. Karishma Kasdekar	P	P	P	P	P	P	P	P	P	P	Karishma
19	Ku. Roshani Sawalkar	P	P	A	P	P	P	P	P	P	P	Roshani
20	Ku. Saloni Chimote	P	P	P	P	A	A	P	P	P	P	Saloni
21	Ku. Shiwani Bhilawekar	P	P	P	P	P	P	P	P	P	P	Shiwani
22	Ku. Sunanda Kasdekar	P	P	A	P	P	P	P	P	P	P	
23	Ku. Vanita Selukar	P	P	P	P	P	P	P	A	A	P	Vanita
24	Ku. Mamata Sawalkar	P	P	P	P	A	A	P	P	P	P	Mamata
25	Ku. Sangita Dhande	P	P	A	P	P	P	P	P	P	P	
26	Ku. Ashwini Darsimbe	P	P	P	P	P	P	P	P	A	P	Ashwini
27	Ku. Payal Parve	P	P	P	P	P	P	P	P	P	P	Payal
28	Ku. Manisha Belsare	P	P	P	P	P	P	P	P	P	P	Manisha
29	Ku. Renuka Jambekar	P	P	P	P	P	P	P	P	P	P	Renuka
30	Ku. Tamasi Chaturkar	P	P	P	P	P	P	P	P	P	P	Tamasi
31	Ku. Sangita Thakare	P	P	P	P	P	P	P	P	P	P	Sangita
32	Ku. Uma Akhande	P	P	P	P	A	P	P	A	A	P	Uma
33	Rahul Kushwaha	P	P	P	P	P	P	P	A	A	P	
34	Prathmesh Likhitkar	P	P	P	P	P	P	P	P	P	P	
35	Yash Mahajan	P	P	P	P	P	P	P	P	P	P	
36	Roshan Mawaskar	P	P	P	P	A	A	P	P	P	P	
37	Raoji Mawaskar	P	P	P	P			P	P	P	P	
38	Mohammad Faraz Mohammad Nasir	P	P	A	P			P	P	P	P	

39	Ruth Sawalkar	P	A	P	P	P	P	P	P	P	P
40	Sayyed Musddiqmuhibbur Rahman	P	P	P	P	P	P	P	P	P	P
41	Akshay Selekar	P	P	P	P	P	P	P	P	P	A
42	Sachin Selukar	P	P	P	P	P	P	P	P	P	P
43	Girish Shahare	P	P	P	P	P	P	P	P	P	P
44	Shaikh Danish Shaikh Amad	P	P	P	P	P	P	P	P	P	P
45	Rushabh Somwanshi	P	P	P	P	P	P	P	P	P	P
46	Tanmay Sonar	P	A	P	P	P	P	P	P	P	P
47	Dhanesh Tarkar	P	P	P	P	P	P	P	P	P	P
48	Abhijit Uike	P	P	P	P	A	P	P	A	P	P
49	Umankar Nagesh	A	P	A	P	A	P	P	P	P	P
50	Deep Borkar	P	P	A	P	A	P	P	A	P	P


 Director of physical education & Sports
P. G. GAWANDE
 Director of Physical Education
 Arts, Sci. & Commerce College, Chikhaldara


 Principal
PRINCIPAL
Art, Science & Commerce
College, Chikhaldara



SIPNA SHIKSHAN PRASARAK MANDAL AMRAVATI'S

ARTS, SCIENCE & COMMERCE COLLEGE,
CHIKHALDARA, DIST. AMRAVATI

(NAAC Accredited 'A' Grade with CGPA 3.22)

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS

"Add On Course in Yoga & Meditation for Good Health"

Certificate

This is to certify that,

Class _____ has successfully completed

"Add On Course in Yoga & Meditation for Good Health"

organized during 14 -23 March 2024.



Dr. P. G. Gawande

Director, Department of Physical
Education & Sports

Principal, Dr. R. S. Jaipurkar

(Former Pro-VC, Sant Gadge Baba
Amravati University, Amravati)

सिपना कला, विज्ञान व वाणिज्य महाविद्यालय चिखलदरा द्वारे योगा व सेल्फ डिफेन्स प्रमाणपत्र कोर्सचे आयोजन



आपल्या अध्यक्षीय भाषणातून डॉ. एच. यू. पेटकर यांनी योगा व मार्शल आर्टचे महत्व सांगत असताना विद्यार्थ्यांनी ते त्यांचे जीवनात नियमित अंगिकारण्यास आणि योगा आणि मुलींनं करिता सेल्फ डिफेन्स प्रोग्राम कसा फायद्याचा ठरू शकतो हे सांगितले आणि सर्व सहभागी

विद्यार्थ्यांचे अभिनंदन केले. प्रमुख अतिथी डॉ. विवेक कापसे, माजी कोऑर्डिनेटर, आय. क्यू. ए. सी. यांनी आपले मनोगत व्यक्त केले. दोनही कार्यक्रमास ५०-५० विद्यार्थ्यांची उपस्थिती होती. डॉ. यू. एस. वासनिक यांनी विविध योग मुद्रा व ब्रीदिंग विषयावर व्याख्यान दिले.

कार्यक्रम प्राचार्य डॉ. राजेश जयपुरकर (माजी प्र- कुलगुरू संत गाडगेबाबा अमरावती विद्यापीठ, अमरावती) यांचे मार्गदर्शनात संपन्न झाला. त्यांनी जास्तीत जास्त विद्यार्थ्यांनी या कार्यक्रमांचा लाभ घेण्याचे आवाहन सुद्धा केले आहे. कार्यक्रमाचे संचालन, प्रास्ताविक, आभार प्रदर्शन डॉ. प्रशांत गावंडे यांनी केले. कार्यक्रमाचे यशस्वितेसाठी, सौ. नाईक मॅडम, मुलींचे वसतिगृह इन्चार्ज, चिखलदरा आणि महाविद्यालय क्रीडा समिती सदस्य डॉ. यू. जी. तायडे, डॉ. एन. जे. सूर्यवंशी, डॉ. मुकेश सरदार, डॉ. आनंद बक्षी, प्रा. भारत देशमुख, श्री. गिरीश शाहू, व डॉ. उषा वासनिक, श्री. आनंद ढगे, यांनी सहकार्य केले.

ML

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चिखलदरा दि. १८ : दिनांक १४ पासून ते २३ मार्च २०२४ पर्यंत सिपना कला, विज्ञान व वाणिज्य महाविद्यालय चिखलदरा द्वारे १० दिवसीय अँड-ऑन प्रमाणपत्र कोर्स चे आयोजन आदिवासी मुलींचे वसतिगृह, चिखलदरा येथे सकाळी ७.०० ते १०.०० पर्यंत करण्यात आले आहे. योगा अँड मेडीटेशन फॉर गूड हेल्थ कोर्स मध्ये विद्यार्थ्यांना योगा मधील स्टँडिंग प्रकारामध्ये ताडासन, वृक्षासन, गरुडासन, चक्रासन, गीर्टींग प्रकारामध्ये मध्ये पद्मासन, बद्धपद्मासन, पश्चीमोत्तनासान, धनुरासन, वज्रासन आणि झोपून प्रकारच्या आसनांमध्ये सर्वांगासन, हलासन, पादवृत्तासन, नौकासन, आणि प्राणायाम मध्ये, भ्रामरि, अनुलोम-विलोम, कपालभाती, शितली शितकारी, उद्दगित अशी सर्व योगा प्रकार व आसने घेण्यात येत आहे तर मार्शल आर्ट फॉर सेल्फ डिफेन्स कोर्स मध्ये ज्युडो, कराटे व इतर स्व-संरक्षण कौशल्ये आणि स्व-बचावाचे ट्रिक्स घेण्यात येत आहे.

दिनांक १४ मार्च २०२४ ला या कार्यक्रमांचा उद्घाटन सोहळा पार पडला. कार्यक्रमाचे अध्यक्ष स्थानी डॉ. एच. यू. पेटकर, प्रमुख उपस्थिती डॉ. वि. डी. कापसे, योगा मार्गदर्शक जंगबहादुर वर्मा, मार्शल आर्ट प्रशिक्षक श्री. मंगेश गायकवाड, महाविद्यालयाचे शारीरिक शिक्षण संचालक डॉ. प्रशांत गावंडे उपस्थित होते.

सर्व प्रथम कार्यक्रम संयोजक डॉ. प्रशांत गावंडे यांनी आपल्या प्रास्थाविकातून कार्यक्रमाचा उद्देश व महत्व सांगितले ज्यामध्ये मार्शल आर्ट द्वारे मुलींनी कठीण प्रसंगी स्व-संरक्षण कसे करावे आणि स्वतःची सुटका कशी करायची या संदर्भात माहिती सराव करून दिली जाईल असे प्रतिपादन केले, तर योगा द्वारे मानवी जीवन कसे सुदृढ, तंदुरुस्त होईल आणि योगा चे जीवनात असलेले महत्व हे समजावून सांगितले. दहा दिवसात विद्यार्थ्यांना त्यांचे दैनंदिन जीवनात कामात येणारे सर्व कौशल्य शिकविण्यात येणार आहे ही माहिती दिली.

To

The Principal
Arts, Science and Commerce College,
Chikhaldara

Subject: Request for permission to organize "Add-On course's in

(01) Yoga & Meditation for Good Health
(02) Martial Arts for Self Defense

R/Sir,

I hope this letter finds you well. I am waiting to seek your permission to organize **Add-On course in Yoga & Meditation for Good Health & Martial Arts For Self Defense**, At Adiwasi Mulinche Shaskiya, Vastigruha, Chikhaldara premises 14th to 23 March 2024 at 7.00 to 10.00 am.

The purpose of this event is providing Yoga & Martial Arts knowledge and to motivate local as well as college students to take part in the Add-on courses for their good health. We believe it will contribute significantly to the overall development and engagement of our college community.

We assure you that necessary arrangements and precautions will be taken to ensure the smooth conduct of the events without causing any disturbance to regular college activities.

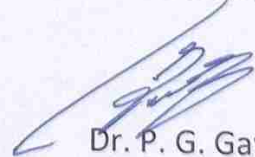
We kindly request your approval for this initiative and would be grateful for any guidance or conditions you may have.

Thank you for considering our request. We look forward to your positive response.

Date: 12/03/2024

Chikhaldara

Sincerely

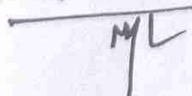


Dr. P. G. Gawande

Director of Physical Education and Sports

P. G. GAWANDE

Director of Physical Education
Arts, Sci. & Commerce College, Chikhaldara

Permission granted, follow
rules


Arts, Science & Commerce College, Chikhaldara

Department Of Physical Education and Sports

Name of Committee : Sports

Year : 2023-24

Title of program conducted : Martial Arts for Self Defense

Date of program : 14 / 03 /2024 to 23 / 03/ 2024

Objective of program :

(01)Improve the whole person

(02)Improve mental health, physical health and emotional health.

(03)Empowerment and self-confidence

(04)Physical fitness, well being, self defense and personal Safety.

Reference: As per IQAC Plan of Action Letter (2022-2023)

Number of beneficiaries : 50

Brief summary of the program :

The inauguration function of Add-On course in "Martial Arts for Self Defense" for college students was held on 13th March 2024 at 7.00am at Adiwasi Mulinche Shaskiya Vastigruha, Chikhaldara. Add-on Course was conducted during 14th to 23rd March 2024. Over all 50 girls students were present in this add-on course. The objective of add-on course was to improve the whole person, improve mental health, physical health and emotional health, empowerment and Self-Confidence, Physical Fitness and Well being and self defense and personal safety. Dr. H.U. Petkar & Dr. V. D. Kapse, former IQAC coordinator was present in the inauguration program. Dr. H.U. Petkar presided over the inauguration program. Dr. V.D. Kapse also guided the students at this occasion. Shri. Mangesh Gaykawad was present as a Martial Arts expert for add-on course. Shri Vedant Dahe conducted one of the session on "importance of Martial Arts in students life".

Dr. P. G. Gawande, delivered introductory remarks, conducted the proceedings also proposed the vote of thanks; Sports committee strove hard for the success of the add-on course. Program was conducted under the guidance of Hon. Principal Dr. R. S. Jaipurkar, Former Pro-VC, Sant Gadge Baba Amravati University, Amravati.

Dr. P. G. Gawande

Dr. R. S. Jaipurkar



P. G. GAWANDE

PRINCIPAL

Director of Physical Education
Arts, Sci. & Commerce College, Chikhaldara

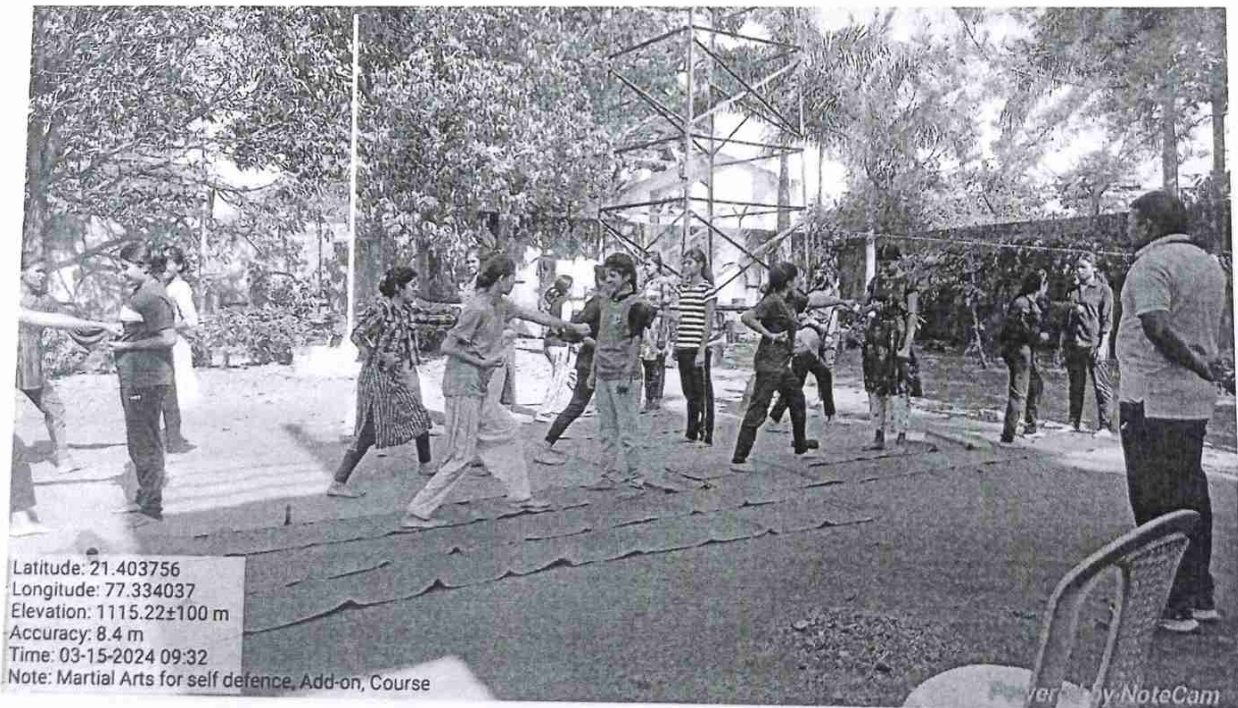
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Department Of Physical Education and Sports and N.S.S.

ADD-ON COURSE IN MARTIAL ARTS FOR SELF DEFENSE

14 to 23 MARCH 2024

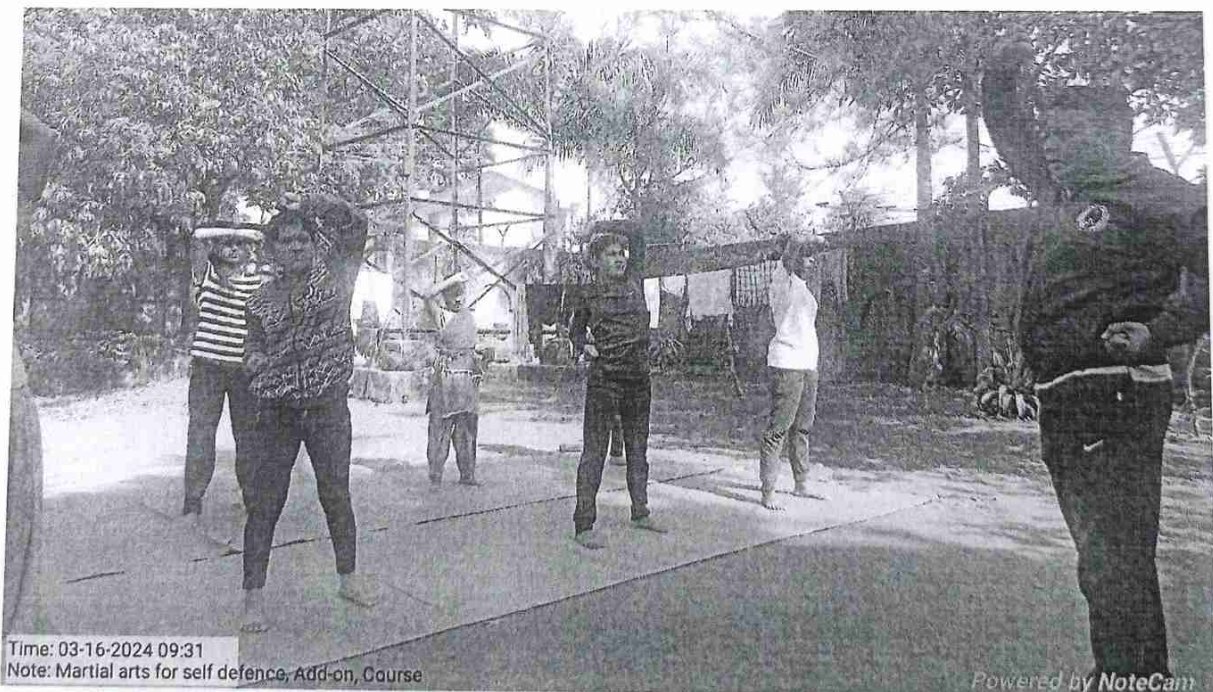




P.G. GAWANDE
Director of Physical Education
Arts, Sci. & Commerce College, Chikhaldara


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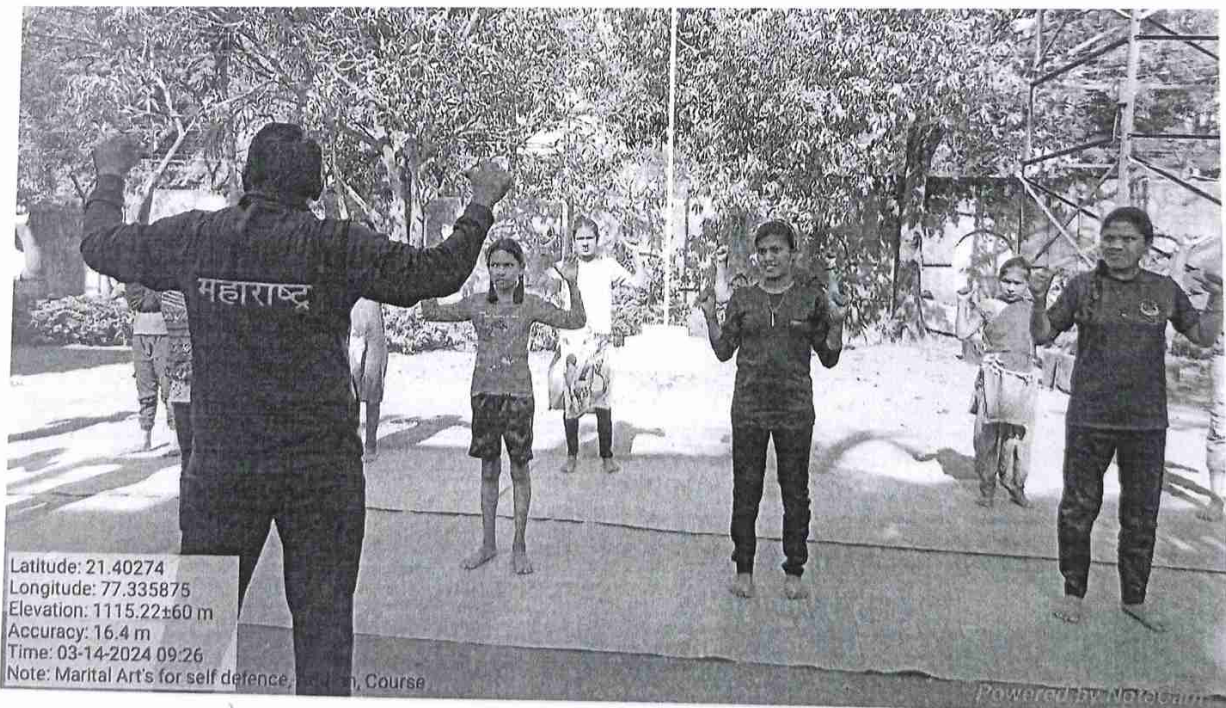
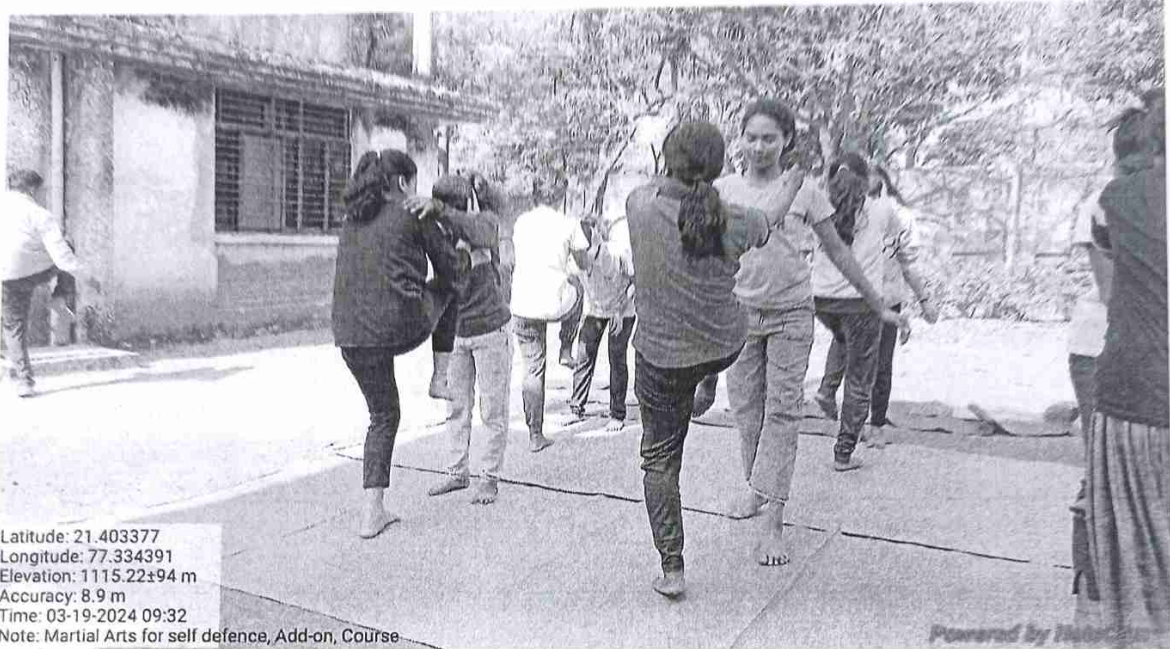




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Director of Physical Education
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Department Of Physical Education and Sports and N.S.S.
ADD-ON COURSE IN MARTIAL ARTS FOR SELF DEFENSE

14 to 23 MARCH 2024




F. G. GAWANDE
Director of Physical Education
Arts, Sci. & Commerce College, Chikhaldara

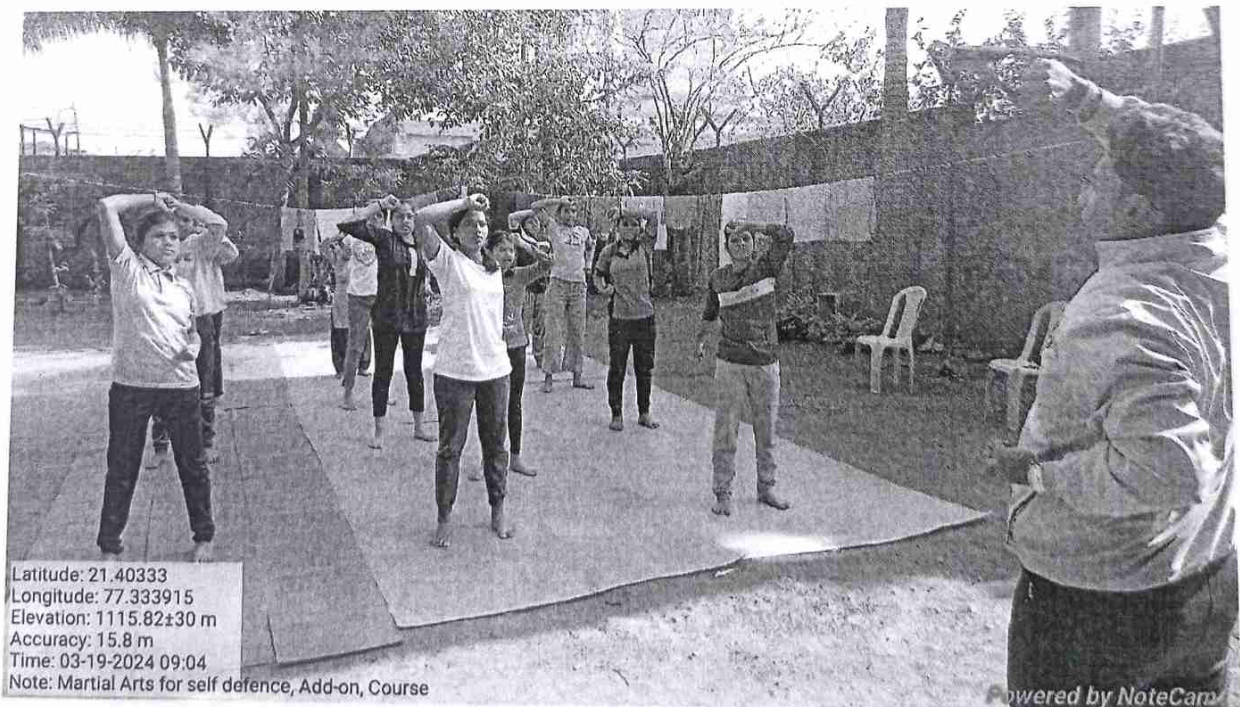

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ADD-ON COURSE IN MARTIAL ARTS FOR SELF DEFENSE

14 to 23 MARCH 2024




P. G. GAWANDE
Director of Physical Education
Arts, Sci. & Commerce College, Chikhaldara


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सिपना कला, विज्ञान व वाणिज्य महाविद्यालय चिखलदरा द्वारे योगा व सेल्फ डिफेन्स प्रमाणपत्र कोर्सचे आयोजन



चिखलदरा दि. १८ : दिनांक १४ पासून ते २३ मार्च २०२४ पर्यंत सिपना कला, विज्ञान व वाणिज्य महाविद्यालय चिखलदरा द्वारे १० दिवसीय अँड-ऑन प्रमाणपत्र कोर्स चे आयोजन आदिवासी मुलींचे वसतिगृह, चिखलदरा येथे सकाळी ७.०० ते १०.०० पर्यंत करण्यात आले आहे. योगा अँड मेडीटेशन फॉर गूड हेल्थ कोर्स मध्ये विद्यार्थ्यांना योगा मधील स्टँडिंग प्रकारामध्ये ताडासन, वृक्षासन, गरुडासन, चक्रासन, पीटिंग प्रकारामध्ये मध्ये पद्मासन, बद्धपद्मासन, पश्चीमोत्तनासन, धनुरासन, वज्रासन आणि झोपून प्रकारच्या आसनांमध्ये सर्वांगासन, हलासन, पादवृत्तासन, नौकासन, आणि प्राणायाम मध्ये, ध्रामरि, अनुलोम-विलोम, कपालभाती, शितली शितकारी, उद्दगित अशी सर्व योगा प्रकार व आसने घेण्यात येत आहे तर मार्शल आर्ट फॉर सेल्फ डिफेन्स कोर्स मध्ये ज्युडो, कराटे व इतर स्व - संरक्षण कौशल्ये आणि स्व-बचावाचे ट्रिक्स घेण्यात येत आहे.

दिनांक १४ मार्च २०२४ ला या कार्यक्रमांचा उद्घाटन सोहळा पार पडला. कार्यक्रमाचे अध्यक्ष स्थानी डॉ. एच. यु. पेटकर, प्रमुख उपस्थिती डॉ. वि. डी. कापसे, योगा मार्गदर्शक जंगबहादुर वर्मा, मार्शल आर्ट प्रशिक्षक श्री. मंगेश गायकवाड, महाविद्यालयाचे शारीरिक शिक्षण संचालक डॉ. प्रशांत गावंडे उपस्थित होते.

सर्व प्रथम कार्यक्रम संयोजक डॉ. प्रशांत गावंडे यांनी आपल्या प्रास्थाविकातून कार्यक्रमाचा उद्देश व महत्व सांगितले ज्यामध्ये मार्शल आर्ट द्वारे मुलींनी कठीण प्रसंगी स्व-संरक्षण कसे करावे आणि स्वतःची सुटका कशी करायची या संदर्भात माहिती सराव करून दिली जाईल असे प्रतिपादन केले, तर योगा द्वारे मानवी जीवन कसे सुदृढ, तंदुरुस्त होईल आणि योगा चे जीवनात असलेले महत्त्व हे समजावून सांगितले. दहा दिवसात विद्यार्थ्यांना त्यांचे दैनंदिन जीवनात कामात येणारे सर्व कौशल्य शिकविण्यात येणार आहे ही माहिती दिली.

आपल्या अध्यक्षीय भाषणातून डॉ. एच. यू. पेटकर यांनी योगा व मार्शल आर्टचे महत्व सांगत असताना विद्यार्थ्यांनी ते त्यांचे जीवनात नियमित अंगिकारन्यास आणि योगा आणि मुलींनं करिता सेल्फ डिफेन्स प्रोग्राम कसा फायद्याचा ठरू शकतो हे सांगितले आणि सर्व सहभागी विद्यार्थ्यांचे अभिनंदन केले. प्रमुख अतिथी डॉ. विवेक कापसे, माजी कोऑर्डिनेटर, आय. क्यू. ए. सी. यांनी आपले मनोगत व्यक्त केले. दोनही कार्यक्रमास ५०-५० विद्यार्थ्यांची उपस्थिती होती. डॉ. यू. एस. वासनिक यांनी विविध योग मुद्रा व ब्रीदिंग विषयावर व्याख्यान दिले.

कार्यक्रम प्राचार्य डॉ. राजेश जयपुरकर (माजी प्र- कुलगुरू संत गाडगेबाबा अमरावती विद्यापीठ, अमरावती) यांचे मार्गदर्शनात संपन्न झाला. त्यांनी जास्तीत जास्त विद्यार्थ्यांनी या कार्यक्रमांचा लाभ घेण्याचे आवाहन सुद्धा केले आहे. कार्यक्रमाचे संचालन, प्रास्ताविक, आभार प्रदर्शन डॉ. प्रशांत गावंडे यांनी केले. कार्यक्रमाचे यशस्वितेसाठी, सौ. नाईक मॅडम, मुलींचे वसतिगृह इन्चार्ज, चिखलदरा आणि महाविद्यालय क्रीडा समिती सदस्य डॉ. यू. जी. तायडे, डॉ. एन. जे. सूर्यवंशी, डॉ. मुकेश सरदार, डॉ. आनंद बक्षी, प्रा. भारत देशमुख, श्री. गिरीश शाहू, व डॉ. उषा वासनिक, श्री. आनंद ढगे, यांनी सहकार्य केले.

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Art, Science & Commerce
College, Chikhaldara

Sipna Shikshan Prasarak Mandal, Amravati's
Arts, Science and Commerce College, Chikhaldara, dist. Amravati

ADD-ON COURSE IN MARTIAL ARTS FOR SELF DEFENSE

Duration: 14th to 23rd March 2024, Time: 7.00am to 10.00am,
Place: Adiwasi Mulinche Shaskiya Vastigruha, Chikhaldara

ATTENDANCE

Sr. No.	Name of Students	14/03/2024	15/03/2024	16/03/2024	17/03/2024	18/03/2024	19/03/2024	20/03/2024	21/03/2024	22/03/2024	23/03/2024	Sign.
01	Ku. Nirmala Sawalkar	P	P	P	P	A	A	P	P	P	P	Nirmala
02	Ku. Pranjali Bethekar	P	P	P	P	P	P	P	A	A	P	Pranjal
03	Ku. Shubhangi Jambekar	P	P	P	P	P	P	P	P	P	P	Shubhangi
04	Ku. Kavita Bhilawekar	P	P	P	P	P	P	P	P	P	P	Kavita
05	Ku. Dipali Dhande	P	P	A	P	P	P	P	P	P	P	Dipali
06	Ku. Arpana Darsimbe	P	P	P	P	P	P	P	P	P	P	Arpana
07	Ku. Nilima Jambe	P	P	P	P	P	P	P	P	P	P	Nilima
08	Ku. Saroj Dhurve	P	P	A	P	P	P	P	P	P	P	Saroj
09	Ku. Trupti Sawalkar	P	P	P	P	P	P	P	P	P	P	Trupti
10	Ku. Shital Kasdekar	P	P	P	P	A	P	A	P	P	P	Shital
11	Ku. Rupa Bhilawekar	P	A	P	P	P	A	P	P	P	P	Rupa
12	Ku. Sumant Dhande	P	P	P	P	P	P	P	P	A	P	Sumant
13	Ku. Roshani Belsare	P	P	P	P	P	P	A	P	P	P	Roshani
14	Ku. Sawitri Dhikar	P	P	P	P	P	A	P	P	P	P	Sawitri
15	Ku. Sunita Sawalkar	P	P	P	P	P	P	P	P	P	P	Sunita
16	Ku. Manjusha Kasdekar	P	A	P	P	P	P	P	A	A	P	Manjusha

17	Ku. Payal Parawe	P	P	A	P	P	P	P			P	Payal
18	Ku. Kalyani Kasdekar	A	A	P	P	A	A	P			A	Kalyani
19	Ku. Varsha Patel	P	P	P	P	P	P	P			P	Varsha
20	Ku. Kalyani Belsare	P	P	P	P	A	P	P			P	Kalyani
21	Ku. Ragini Jamunkar	P	P	P	P	P	P	P			P	Ragini
22	Ku. Samiksha Kale	P	P	P	P	P	P	P			A	Kale
23	Ku. Yashoda Darsimbe	P	P	P	P	P	P	P			P	Yashoda
24	Ku. Anita Zamarkar	P	P	P	P	P	P	P			P	Anita
25	Ku. Anita Baraskar	P	P	A	P	A	A	P			P	Anita
26	Ku. Kalpana Bhusum	P	P	P	P	P	P	P			A	Kalpana
27	Ku. Sonali Kasdekar	P	P	P	P	P	P	P			P	Sonali
28	Ku. Manisha Selukar	P	P	P	P	P	P	P			P	Manisha
29	Rohit Deshmukh	P	P	P	P	P	P	P			A	
30	Nitish Ingle	P	P	P	P	P	P	P			P	
31	Swaraj Jawanjale	P	P	P	P	P	P	P			P	
32	Tanmay Kawathale	P	P	A	P	P	P	P			P	
33	Ajesh Kasdekar	P	A	P	P	P	P	P			P	Ajesh
34	Nitesh Kasdekar	P	P	P	P	P	P	P			P	Nitesh
35	Shashank Yewale	A	P	P	P	A	A	P			P	
36	Neha Ladhe	P	P	P	P	P	P	P			P	
37	Rohit Chavhan	P	P	P	P	P	P	P			P	
38	Kunal Choudhari	A	P	P	P	P	P	P			P	
39	Adesh Jaisinghpure	P	P	P	P	P	P	P			P	
40	Tomendra Semalkar	P	P	A	P	P	P	P			A	

41	Gaurav Kasdekar	P	A	P	P	P	P	P	A	A	P	
42	Ku. Darshana Dhale	P	A	P	P	P	P	P	P	P	P	
43	Ku. Sangita Dhande	P	P	P	P	P	P	P	P	P	P	Sandhi
44	Ku. Chaitali Gedam	P	P	P	P	P	P	P	P	P	P	
45	Ku. Vaishnavi Ghormade	P	P	P	A	P	P	P	P	P	P	
46	Ku. Triveni Girhe	P	P	P	P	P	P	P	P	P	P	
47	Ku. Sakshi Kalaskar	P	P	A	P	P	P	P	A	A	P	
48	Ku. Rajshri Manmode	P	P	A	P	A	P	P	P	P	P	
49	Sumit Chimote	P	P	P	P	P	P	P	P	P	P	
50	Abhishek Darshimbe	P	P	P	P	P	P	P	P	P	P	

Director of physical education & Sports

P. G. GAWANDE

Director of Physical Education
Arts, Sci. & Commerce College, Chikhaldara

Principal

PRINCIPAL
Art, Science & Commerce
College, Chikhaldara

Sipna Shikshan Prasarak Mandal, Amravati's
Arts, Science And Commerce College, Chikhaldara
Tentative Plan of Proposed Action
Add-On Course in Martial Arts for Self Defense
14 to 23 March 2024

❖ **Title: Add-On Course in Martial Arts For Self Defence**

❖ **Objectives of the course**

- (01) Improve the whole person
- (02) Improve mental health, physical health and emotional health.
- (03) Empowerment and Self-Confidence
- (04) Physical Fitness and Well being.
- (05) Self Defense and personal Safety.

❖ **Syllabus/ Course Content/Theme**

- Benefits of Martial Arts and Demonstration
- Father of Martial Arts, information in brief.
- Types of Martial Arts.
- Stances.
- Kicks, Blocks, Hand Techniques.
- Types Katas, Advance Katas.
- Traditional Karate.
- Self Defense, Real Life Defense.
- Unarmed Combat.
- Recreational Drills to develop physical fitness for fighting.

❖ **Resource persons:**

- Shri. Mangesh Gaykawad
- Shri. Vedant Dahe
- Shri. Yadhynesh Lokhande

❖ **Proposed Schedule:**

- From 14 to 23 March 2024
- Daily 3 hours schedule, sessions in 10 Days (Duration 30 Hours)
- Expected no of beneficiaries: 50 Students

❖ **Expected Outcome;**

Upon successful completion of this course students would able to defend themselves, able to escape in difficult situation and able to develop their physical fitness.

❖ **Expected expenditure:**

Rs. 9000/- (Certificates printing, remuneration and miscellaneous expenses)

❖ **Name Of In-charge teacher: Dr. P. G. Gawande**



P. G. GAWANDE

Director of Physical Education
Arts, Sci. & Commerce College, Chikhaldara



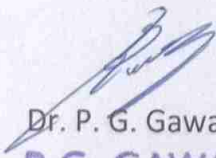
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
Sipna Shikshan Prasarak Mandal, Amravati's
Arts, Science and Commerce College, Chikhaldara
Add-on Course in Martial Arts for Self Defense
Syllabus & Scheduled

Date:- 14th To 23rd March 2024, Time:- 7.00am to 10.00am

Sr. No.	Date	Time	Topics Practical/Theory	Name of Resource Person & Sign
01	14/03/2024	7.00 to 7.30am	Opening ceremony	Dr.H.U. Petkar, Dr. V. D. Kapse, Shri. Mangesh Gaykawad
		7.30 am to 9.00am	Benefits of Martial Arts and Demonstration	Shri. Mangesh Gaykawad
		9.00 to 10.00am	Father of Martial Arts, information in brief.	Shri. Mangesh Gaykawad
02	15/03/2024	7.00 to 7.30am	Physical Fitness and General Exercise	Dr.P.G.Gawande
		7.30 am to 9.00am	Types of Martial Arts.	Shri. Mangesh Gaykawad
		9.00 to 10.00am	Stances.	Shri. Mangesh Gaykawad
03	16/03/2024	7.00 to 7.30am	Physical Fitness and General Exercise	Dr.P.G.Gawande
		7.30 am to 9.00am	Type of Kicks	Shri. Mangesh Gaykawad
		9.00 to 10.00am	Types Katas, Advance Katas.	Shri. Mangesh Gaykawad
04	17/03/2024	7.00 to 7.30am	Physical Fitness and General Exercise	Dr.P.G.Gawande
		7.30 am to 9.00am	Traditional Karate.	Shri. Mangesh Gaykawad
		9.00 to 10.00am	Self Defense, Real Life Defense.	Shri. Mangesh Gaykawad
05	18/03/2024	7.00 to 7.30am	Physical Fitness and General Exercise	Dr.P.G.Gawande
		7.30 am to 9.00am	Unarmed Combat.	Shri. Mangesh Gaykawad
		9.00 to 10.00am	Recreational Drills to develop physical fitness for fighting.	Shri. Mangesh Gaykawad
06	19/03/2024	7.00 to 7.30am	Physical Fitness and General Exercise	Dr.P.G.Gawande
		7.30 am to	Various Blocks.	Shri. Mangesh

		9.00am		Gaykawad
		9.00 to 10.00am	Hand Techniques to fight	Shri. Mangesh Gaykawad
07	20/03/2024	7.00 to 7.30am	Physical Fitness and General Exercise	Dr.P.G.Gawande
		7.30 am to 9.00am	Blocks, demonstration & practical	Shri. Mangesh Gaykawad
		9.00 to 10.00am	Importance of Self Defense Techniques, Theory	Shri. Mangesh Gaykawad
08	21/03/2024	7.00 to 7.30am	Physical Fitness and General Exercise	Dr.P.G.Gawande
		7.30 am to 9.00am	Specific Fitness for Martial Arts	Shri. Mangesh Gaykawad
		9.00 to 10.00am	Practice of All Drills of Self Defense	Shri. Mangesh Gaykawad
09	22/03/2024	7.00 to 7.30am	Physical Fitness and General Exercise	Dr.P.G.Gawande
		7.30 am to 9.00am	Traditional Karate.	Shri. Vedant Dahe
		9.00 to 10.00am	Meditation for relaxation, mental balance concerning Martial Arts - Theory	Shri. Yadhynesh Lokhande
10	23/03/2024	7.00 to 7.30am	Physical Fitness and General Exercise	Dr.P.G.Gawande
		7.30 am to 9.00am	Unarmed Combat, Practice Drills	Shri. Vedant Dahe
		9.00 to 10.00am	All Self Defense Techniques Demonstration	Shri. Mangesh Gaykawad
		10.00am to 10.30am	Concluding Ceremony	Dr.U.S.Wasnik, Dr. P.G.Gawande, Shri. Mangesh Gaykawad


 Dr. P. G. Gawande
P. G. GAWANDE
 Director of Physical Education
 Arts, Sci. & Commerce College, Chikhaldara


 Dr. R. S. Jaipurkar
PRINCIPAL
 Art, Science & Commerce
 College, Chikhaldara



SIPNA SHIKSHAN PRASARAK MANDAL AMRAVATI'S

ARTS, SCIENCE & COMMERCE COLLEGE,
CHIKHALDARA, DIST. AMRAVATI

(NAAC Accredited 'A' Grade with CGPA 3.22)

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS

"Add On Course in Martial Arts for Self Defense"

CERTIFICATE

This is to certify that,

Class _____

has successfully completed **"Add On Course in Martial Arts for Self Defense"**

organized during 14-23 March 2024.

Dr. P. G. Gawande
Director, Department of Physical
Education & Sports

Principal, Dr. R. S. Jaipurkar
(Former Pro-VC, Sant Gadge Baba
Amravati University, Amravati)

@PRINTWAY



Sipna Shikshan Prasarak Mandal, Amravatis
ARTS, SCIENCE & COMMERCE COLLEGE CHIKHALDARA
Academic Year: 2023-24

Add On Course
on
Bamboo Craft

(Duration: 14/12/2023 to 18/12/2023)

Organized by
Entrepreneurship Development & Industry Institute linkage Cell
In collaboration with
Sampurna Bamboo Kendra, Lawada, Distt. Amravati

Co-ordinator

Mr. S. L. Kottewar

To,
The principal,
Arts, Science and commerce College, Chikhaldara

Subject: Request for Permission to Organize Program Event

Dear Sir,

Dr. Rajesh S. Jaipurkar,

I hope this letter finds you well. I am writing to seek your permission to organize **Add on Course on Bamboo craft' (Duration of the program : 14-12-2024 to 18-12-2024)** at our esteemed college premises. The purpose of this event is The training workshop is organized under the theme "Earn while learn". 'Earn while learn' is the motive behind the sale. many students Due to financial problems, are unable to concentrate on studies. This type of cell will help the students to continue their higher education with full strength. The students are taught to use various tools fluently and try making different bamboo articles. We believe it will contribute significantly to the overall development and engagement of our college community.

We assure you that all necessary arrangements and precautions will be taken to ensure the smooth conduct of the event without causing any disturbance to regular college activities.

We kindly request your approval for this initiative and would be grateful for any guidance or conditions you may have.

Thank you for considering our request. We look forward to your positive response.

Sincerely,

ML
PRINCIPAL
Art, Science & Commerce
College, Chikhaldara



Dr. Shivcharan L. Kottewar
(Coordinator, EDIIL CELL)

Arts, Science and commerce College, Chikhaldara
Mob. No. 8275851513

Coordinator EDIIL Cell
Arts, Science & Commerce College,
Chikhaldara

Sipna Shikshan Prasarak Mandal, Amravati's,
Arts, Science and Commerce College, Chikhaldara
Entrepreneurship Development & Industry Institute linkage Cell
Add On Course on Bamboo Craft
In collaboration with
Sampurna Bamboo Kendra, Lawada, Distt. Amravati
(2023-2024)

Report

Name of Committee : Entrepreneurship Development & Industry Institute linkage Cell

Title of programme conducted : Add On Course on Bamboo Craft

Date of programme : 13/12/2023 to 18/12/2023

Objectives of programme :

1. To conduct skill development training programmes leading to self/ wage employment.
2. Students came to know the opportunities and prospects of learning the bamboo craft making
3. Students came to know about the demand of such crafts in the market
4. Students learn to use various instruments required for the craft making, and manufactured various beautiful crafts
5. Students use knowledge and will make use for the self employment.

Number of beneficiaries : 20

Entrepreneurship Development Cell in collaboration with **Sampurna Bamboo Kendra**, Lawada, Distt. Amravati (A NGO working in this field for Tribal) and Department of Commerce, ASCC had arranged training workshop on "Bamboo Craft Manufacturing" from 14-12-2023 to 18-12-2023. This training workshop was organized under the theme of "Earn While Learn". Mr. Shivcharan L Kottewar, Co-ordinator of EDII Cell, Mr. Ganesh Kanase, Sampurna Bamboo Kendra, all the members of Cell, faculty members of commerce department and the persons from Kendra and especially Mr. Shivcharan Kottewar, Dept. of Comm. worked hard for the success of this training workshop.

INAUGURAL FUNCTION

The inaugural function started at 11.00 am sharp on 14-12-2023. Honorable Principal of college, **Dr. Rajesh. S. Jaipurkar**, presided over the ceremony. Mr. Ganesh Kanase, convener of Kedra, on the dais. Mr. Shivcharan L. Kottewar compeered the program. The function started with lighting the lamp and '**Poojan**' of Bharat Mata & Gadge Baba images by giving floral tributes. All the dignitaries on the dais were felicitated by offering bamboo crafts and bouquets. In the beginning **S. L. Kottewar**, Co-Ordinator of EDII Cell gave introductory speech in which he told about the cell, the motive behind the establishment of the Cell and provided information about the major programs conducted by the Cell since its establishment. He also justified the need of establishment of such cells in college. He elaborate the term 'Earn while Learn' and put the motive behind this program. Many students are unable to focus on study due to economic problems. These types of programs will help the students to continue their higher education with full force. Mr. Ganesh Kanase told the story of Sampurna Bamboo Kendra. He summarized their work and the objectives of his organization. He also requests the students to take part in this training with full enthusiasm and explain the scope of such training.

To sum up, the chairperson of the inaugural function **Dr. R. S. Jaipurkar** delivered his presidential speech. He again gave assurance about any kind of help from the institution, and prayed for the success. **Mr. Ashish Kanhu**, faculty of commerce from ASCC presented the vote of thanks.

WORKSHOP

After tea break, the trainers from Sampurna Bamboo Kendra Mr. Atmaram, started the workshop. The bamboo pieces, all the require instruments were brought with the help of Kendra. Every day the participants were trained by the instructors from 11.00 am to 5.00 pm. Each day of training was used to start and end with the prayer of motivation. The students were learned to use the various instruments fluently and create many crafts from bamboo. During the training students manufactured the bamboo craft making.

VALEDICTORY FUNCTION

The Valedictory function started at 4.00 pm sharp on 18-12-2023. **Dr. R. S. Jaipurkar**, Principal, **Mr. Ganesh Kanase**, convener of Kendra, **Mr. Shivcharan Kottewar** were on the dias. **DR. P. M. Kute** compeered the program. The function started with lighting the lamp and 'Poojan' of Bharat Mata & Gadge Baba images by giving floral tributes. All the dignitaries on the dias and the trainers were felicitated by offering bouquets. In the beginning **Mr. Kottewar**, gave introductory speech in which he told about the 'Earn and Learn' scheme. He also justified the need of establishment of such scheme in the college. He elaborate the term 'Earn while Learn' and put the motive behind this program. He enlightens the fact that many students are unable to focus on study due to economic problems. He assured that the program will help the students in earning some money while learning which will help him to continue their higher education with full force. **Mr. P.M. Kute**, member of ED Cell presented the vote of thanks. **Dr. Shivcharan Kottewar**, **Dr. D.S. Hedao**, **Dr. K.N. Shaha**, **Dr. P.M. Kute**, **Dr. G.B. Dhavale** contributed for the success of the workshop. About 20 students registered for this workshop and completed the training successfully.

OUTPUT OF THE WORKSHOP:


- It was a good interactive workshop
- Students came to know the opportunities and prospects of learning the bamboo craft making
- They came to know about the demand of such crafts in the market
- They learn to use various instruments required for the craft making, and manufactured various beautiful crafts
- Students got the satisfaction and happiness of making something new
- Many students said that they will use this knowledge and will make use for the self employment

NEED OF SUCH TYPES OF WORKSHOPS

As we run the college in hilly and tribal area, pursuing a degree is not enough. Maximum students are from very poor economical background. Many students leave their education in middle due to economic problems. **Entrepreneurship Development Cell** is working in the field of self employment. Such types of workshop can provide an opportunity to the student for their better future. ED cell is planning for the commercial production of these types of lamps. We will provide all the facilities and kits to the students and they will manufacture the lamps. These lamps will be purchased by the cell and will be sold through its outlets. This will provide some financial help to the students and they can earn while learn.


Coordinator, EDIIL Cell
Arts, Science & Commerce College,
Chikhaldara




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College, Chikhaldara

Arts, Science and Commerce College, Chikhaldara.

Entrepreneurship Development Cell

Three Weeks Training Workshop on

“Bamboo Craft Manufacturing”

SYLLABUS

S N.	Name of the topic	Tentative Duration	Type
1	Introduction to Entrepreneurship Development	1 hr	Theory
2	Introduction to Bamboo, The varieties of Bamboo in Maharashtra and Melghat region, Types of Bamboo	4 hrs	Theory and Practicals
3	Commercial Cultivation of Bamboo	4 hrs	Theory
4	Introduction to the Structure of Bamboo	1 hr	Theory
5	Introduction to the history of Bamboo Craft Making Art and its Used	2 hrs	Theory
6	Colouring of Bamboo and Bamboo Strips	6 hrs	Theory and Practical
7	<ul style="list-style-type: none"> • Introduction to the various traditional and modern instruments used in bamboo crafts making and its use • Practice to use these instruments 	2 hrs 4 hrs	Theory Practical
8	Simple techniques for the maintainance of instruments	2 hrs	Theory and Practical
9	Information about the common spoilage of Bamboo and the methods of prevention and protection <ul style="list-style-type: none"> • Natural and Traditional Techniques • Modern and chemical using 	1 hrs 2 hrs 2 hrs	Theory Theory and Practical Theory and Practical
10	Other Simple Processing Techniques like polishing etc.	2 hrs	Theory
11	Manufacturing the various crafts <ol style="list-style-type: none"> 1. Paper weight 2. Hair pin 3. Tray 4. Utensil stand on dining table 5. Mobile stand 6. Momento 7. Fan 8. Greeting Cards 9. Rakhi 10. Bullock Cart 11. Other ornamental crafts like wall pieces, table lamp etc 	Rest of all the time	Practical

Students making various handicrafts from bamboo during the training period



Sipna Shikshan Prasarak Mandal, Amravati's
ARTS, SCIENCE AND COMMERCE COLLEGE

Entrepreneurship Development & Industry Institute linkage Cell
 Training Workshop On "Bamboo Craft Manufacturing"

In collaboration with
 Sampurna Bamboo Kendra, Lawada, Distt. Amravati

Date : 14/12/2023

Attendant sheet

Sr.No	Name of Students	Class	Signature
1	pawan D. kale	B.A II	
2	Akshay B. Kasdekar	B.Sc III	
3	pawan G. mungkar	B.Sc II	
4	Ajesh K. Kasdekar	B.Sc II	
5	Vihit D. Shiwkar	BA II	Vihit
6	Reetika R. Tambekar.	B.com III	
7	kalyani P. kasdekar	B.com II	
8	Shripad D. Chikhalkar	B.Sc II	
9	Umair A. Khan	B.Sc II	
10	Yash. Itankar	B.Sc II	
11	Kaustubh R. Parvatekar	B.Sc II	
12	Dipesh N. Lakade	B.Sc II	
13	Gayatri G. Dhumale	B.com II	
14	Rutuja V. Ingle	B.com II	
15	Sanhvi G. Raut	B.com II	
16	Omkarash N. harsule.	B.com II	
17	Karina N. harsule.	B.com II	
18	Sevak S. Kasdekar.	B.com II	
19	Ku. Amita Barsakar	M.Sc II	
20	Ku. Manisha Shelkar	M.Sc II	

Coordinator, EDIIL Cell
 Arts, Science & Commerce College,
 Chikhaldara



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 College, Chikhaldara



SIPNA SHIKSHAN PRASARAK MANDAL'S , AMRAVATI

Arts, Science & Commerce College

Chikhaldara, Distt. Amravati.(Maharashtra)



(3rd Cycle CGPA -2.77)

“ Add on Course on Bamboo Craft”

Organized by

**Entrepreneurship Development & Industry Institute Linkage Cell in
Collaboration with Sampurna Bamboo Kendra, Lawada**

CERTIFICATE

This is to certify that Mr./Miss Renuka R. Jambhekar Student of B. Com. II participated & Successfully completed **“Add On Course on Bamboo Craft”** organized by Entrepreneurship Development & Industry Institute Linkage Cell in Collaboration with Sampurna Bamboo Kendra Lawada Tq. Dharni & IQAC of the College in duration 14/12/2023 to 18/12/2023.

Mr. S.L. Kottewar
Course Co-ordinator

Dr. R.S. Jaipurkar
Principal